

February 1958 • Ten cents

# Family Circle

The magazine  
you need for  
the life you lead

## MARDI GRAS MEAL MAKERS

**Casseroles**

**Salads**

**Vegetables**

**Desserts**



**GALA PARTIES FOR YOUNGSTERS**

For the heart—"The Day I Cried"

Medicine's new horizon—**Natural immunity**

**WHAT MAKES A WOMAN CHARMING?**



"perfect protection"



A girl's search for perfection just naturally takes her to Kotex—for here's the most absorbent napkin ever designed. The Kotex napkin with new Wondersoft covering protects instantly, completely. And, there's no rubbing or chafing.

Now's the time, too, to discover the new Kotex belt in its smart new package. All Kotex belts now have the new kind of self-locking clasp. This special clasp is far more comfortable than metal because it molds itself gently to your body. And, it holds the napkin securely, never lets it slip or slide.

No wonder more women  
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**MEMO TO MOTHERS:** Every year over 100,000 girls begin to menstruate before they are eleven. So it's not too soon to tell your daughter at ten. Our free booklet "You're A Young Lady Now" helps give the facts she needs to know. Write Miss Jones, Kimberly-Clark Corp., Neenah, Wis.







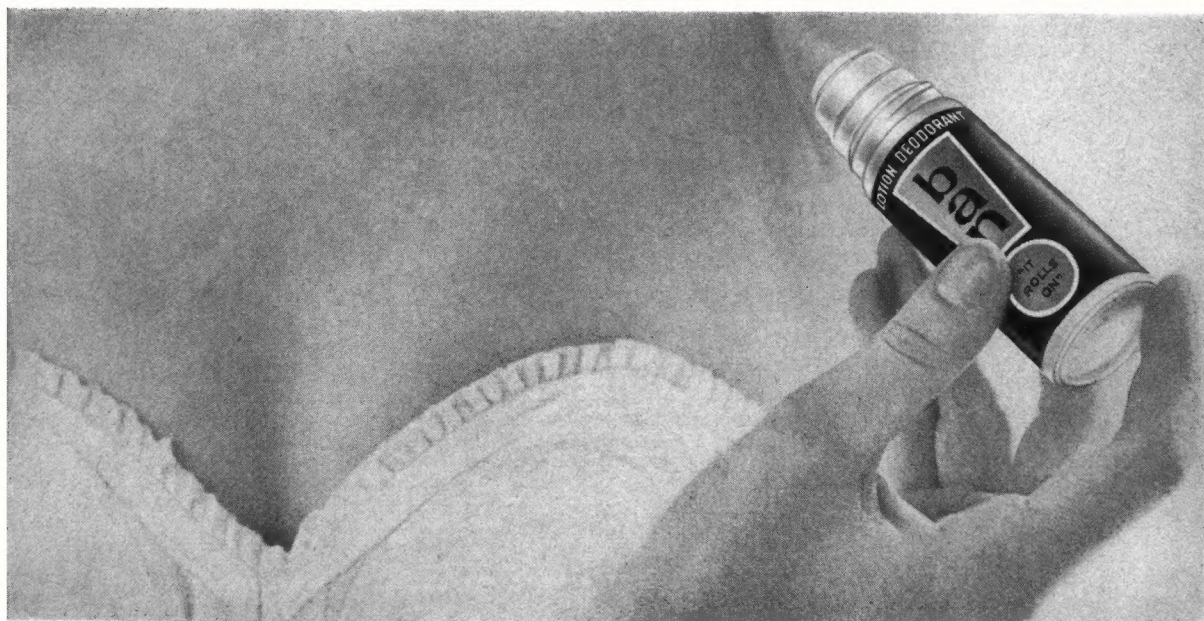
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FEBRUARY 1958

## Inside our Family Circle

**Our cover**—The food figurines on our cover—Queen, King, and Prince—introduce our gala “Mardi Gras Meal Makers” (pages 44-49). These colorful characters are the work of German-born sculptor-artist Henry Rox, now an instructor at Mount Holyoke College. Mr. Rox has used sections of pineapple, red cabbage, and lettuce to simulate robes, with a peach, an onion, and part of a carrot for heads. Vegetable, berry, and fruit accessories complete the royal outfits. Bases for the figures combine a salt shaker with a glass lid. Hands are modeled from clay. The parts are secured with toothpicks, pins of varying lengths, and wire.



Mr. Rox has long been making “perishable” sculpture, which he preserves through photography. He has published three children’s books, among them “Tommy Apple in Bananaland,” all illustrated with food figures. Of his long-time interest in this kind of art, Mr. Rox says, “Looking at fruits and vegetables, I had always felt that the Creator had designed them in His most sculptural mood.”

**Charm-feature pictures**—The picture of Helena Rubinstein on page 43 was taken by English-photographer Cecil Beaton during his recent visit to the United States. Mr. Beaton is internationally known for his photographs of the British royal family and other renowned persons in the world of royalty, the arts, and statesmanship.

The mural of New York’s Central Park (also on page 43), against which Harry Conover and his lovely wife Candy Jones are pictured, is more than a decoration at Mr. Conover’s school and agency for models; the colorful balloons are inscribed with the names of Conover girls who make good. Candy’s own balloon floats just over her head.

“Family Circle’s low price,” writes Mrs. Luther C. Stafford of New Lebanon, New York, “makes it available, and the contents make it a necessity. For years it has been a part of our family circle.”

We are grateful for the many appreciative letters we receive from readers. Our aim is to keep FAMILY CIRCLE every family’s best magazine buy.

ROBERT M. JONES Editor Managing Editor HAROLD O. WARREN Jr.

JAN C. MAYER Art Director

Family Circle is sold in all SAFEWAY STORES

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MW



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Published monthly at Mount Morris, Ill., by The Family Circle, Inc. P. K. Leberman, publisher. C. J. Schaefer, president. T. J. Patterson, executive vice-president and advertising director. Harry Evans, vice-president. Willis E. Allen, circulation director. C. C. Sibbe, treasurer. Executive and advertising offices: 25 W. 45th St., New York 36, N. Y. Advertising representatives: 360 N. Michigan Ave., Chicago 1, Ill.; Russ Bldg., San Francisco 4, Cal.; 6399 Wilshire Blvd., Los Angeles 48, Cal. Contents © 1958 by The Family Circle, Inc. Title registered U.S. Patent Office. Second-class mail privileges authorized at Mount Morris, Ill. Printed in U.S.A.

10c a copy—no subscriptions. Copies of back issues, 20c.



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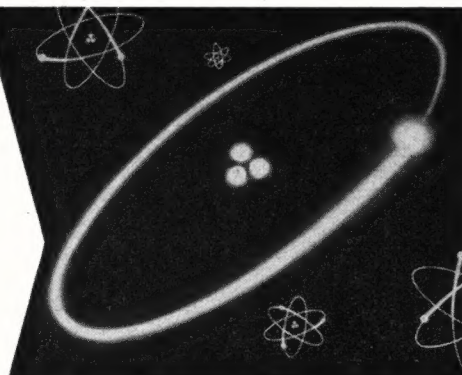
Editorial Office: Family Circle,  
25 W. 45th St., New York 36, N.Y.

MEMBER: MAGAZINE  
PUBLISHERS ASSN.

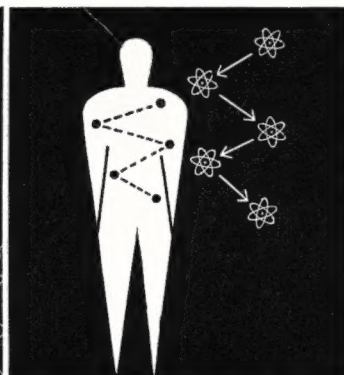




from the laboratories  
of atomic medicine  
comes new proof of  
a more effective way  
to relieve distress  
of colds...



This is a peaceful atom working for human health. Its job is to trace how medicines act in the body—where they go, how fast, what they do.



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**ATOM TRACER TESTS**

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**or any cold tablet**  
... WITHOUT INTERNAL DOSING



When your child has a cold, rub VapoRub over the area of lungs and heart—throat—back and neck where cold tension is. Acts instantly.



VapoRub penetrates while medicated vapors relieve head, throat, cough, bronchial congestion. Works as long as 10 hours! Your child feels good again fast.

While aspirin and cold tablets are still in your stomach... Vicks VapoRub is already treating nose, throat, bronchial area—keeps bringing relief hours after those tablets have stopped working.

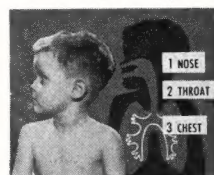
Now — from the laboratories of atomic medicine comes *new proof* of a more effective way you and your family can get relief from miseries of colds.

For scientists have used atom tracer tests to check the action of cold medications—and found that Vicks VapoRub acts faster and longer than aspirin or any cold tablets.

No other type of cold medication treats all 3 cold areas—nose, throat, chest—all at once

—for hours—with every breath—without internal dosing.

So it's no wonder that more mothers depend on Vicks VapoRub than any other cold medication. Why don't you turn to VapoRub, too? Enjoy the fast relief—the peace of mind—VapoRub can bring.



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**Vicks VapoRub and  
ASIAN FLU**

Whether caused by a cold or Asian Flu...VapoRub relieves nose stuffiness, coughs, local bronchial congestion—symptoms aspirin does not help. If fever, call your doctor.



**Soupbones and oral surgery** — In a pioneering new development bony defects have been filled and deformed chins changed with ordinary beef bones in more than 20 oral-surgery patients at the University of Michigan. The bones are cooked in a special solution to remove all protein, fat, and other organic substances, leaving the basic structure — the bone matrix — intact. The matrix—used as a graft following removal of cysts, impacted teeth, giant-cell tumors, root canals, and after other types of oral surgery—has the unusual property of speeding healing in bone-repair work and then of being resorbed and replaced by normal bone. Because it is inorganic, it does not irritate body tissues or cause allergic reactions. It can be stored indefinitely for use when needed, and its use may reduce the need for transplants of bone from one part of the body to another.

Dr. James R. Hayward, University of Michigan School of Dentistry, Ann Arbor.

**Anemia** — To combat iron-deficiency anemia, a common problem, many iron preparations are available. Unfortunately in some cases they produce gastrointestinal upsets that cause patients to stop using them. A newer tablet preparation called *Ferronord*, studied at New York Medical College, may now help. It overcame anemia in 91 patients. In all but one who had been unable to tolerate previous medications, no unpleasant gastrointestinal complications developed.

*New England Journal of Medicine*: Vol. 257, page 73.

**Salivation in pregnancy** — In 2.4% of pregnancies excessive saliva is a distressing problem—often to the point where expectoration is necessary before speaking. Usually excessive salivation begins during the first three months. Untreated, it often endures throughout pregnancy, even increasing in severity. The cause is unknown.

Now *Antrenyl* appears to be a happy solution. In almost every case in which it has been tried, the drug has brought salivation under control.

*Obstetrics & Gynecology*: Vol. 10, page 184.

**Shale oil for skin disorders** — In some common skin diseases excellent results have been obtained with Colorado shale oil. Previous preparations, however, had the drawback of messiness. Now a new solubilized form of the oil, available as a cream and a lotion, has been tested for two years in 365 cases. In eczema of infants and children, good to excellent results are reported for 93% of cases. In adults, neurodermatitis and chronic occupational dermatitis often responded after other treatment had failed. Both cream and lotion have, in addition to anti-eczematous properties, a soothing and anti-itching antibacterial action and are not objectionable to the patient.

*A.M.A. Archives of Dermatology*: Vol. 76, page 241.

**New help for angina** — In many cases of angina pectoris resistant to other treatments, a new medication called *Elixophyllin* promises to be useful. The liquid was studied in a group of patients whose frequent severe attacks of the chest pain had not responded to long-lasting coronary-artery-dilating drugs such as papaverine, theobromine, and aminophylline and had required frequent doses of the short-acting drug nitroglycerin. In 50% of the patients two tablespoons of *Elixophyllin* three times a day significantly reduced the frequency and severity of anginal attacks and decreased the need for nitroglycerin. There were no unpleasant side effects. Because of its effectiveness in half of these severe cases, the drug is expected to be helpful in a greater proportion of patients with less severe angina.

*New York State Journal of Medicine*: Vol. 57, page 2975.

**Helping troubled children** — Children and adolescents with severe behavior problems may often be helped by treatment with *reserpine*. Over a six-month period the drug was studied in 100 patients ranging in age from two-and-one-half years to 19 years, with one or more of such problems as anxiety, tension, insecurity, hyperactivity, negativism, willfulness and aggression, withdrawal, shyness, irritability, excitability, and temper tantrums. Of these children, 75% showed noteworthy improvement. Side effects such as drowsiness, diarrhea, and nasal stuffiness appeared in only seven children and were eliminated in five of these by reducing the dosage temporarily.

*New York State Journal of Medicine*: Vol. 57, page 3132.

**Low-sodium diets and drinking water** — When low-sodium diets are used to combat some health problems, the amount of sodium in tap water should be checked. If the water contains five or more milligrams of sodium per cup, distilled water may be needed to keep sodium intake within permissible levels. Tests in 57 cities show sodium content per cup of water ranging from 4.8 mg. in Memphis, Tennessee, Birmingham, Alabama, and Flint, Michigan, through 21.6 mg. in Independence, Missouri, 24 mg. in Kansas City, Missouri, 38.4 mg. in Houston, Texas, and 81.6 mg. in Galveston, Texas. In Los Angeles sodium content varies from 12 mg. to 40.8 mg. because the water comes from three different sources. Even if the public water supply itself is low in sodium, water in a home where water-softening equipment is used may be too high in sodium for use in cooking or drinking.

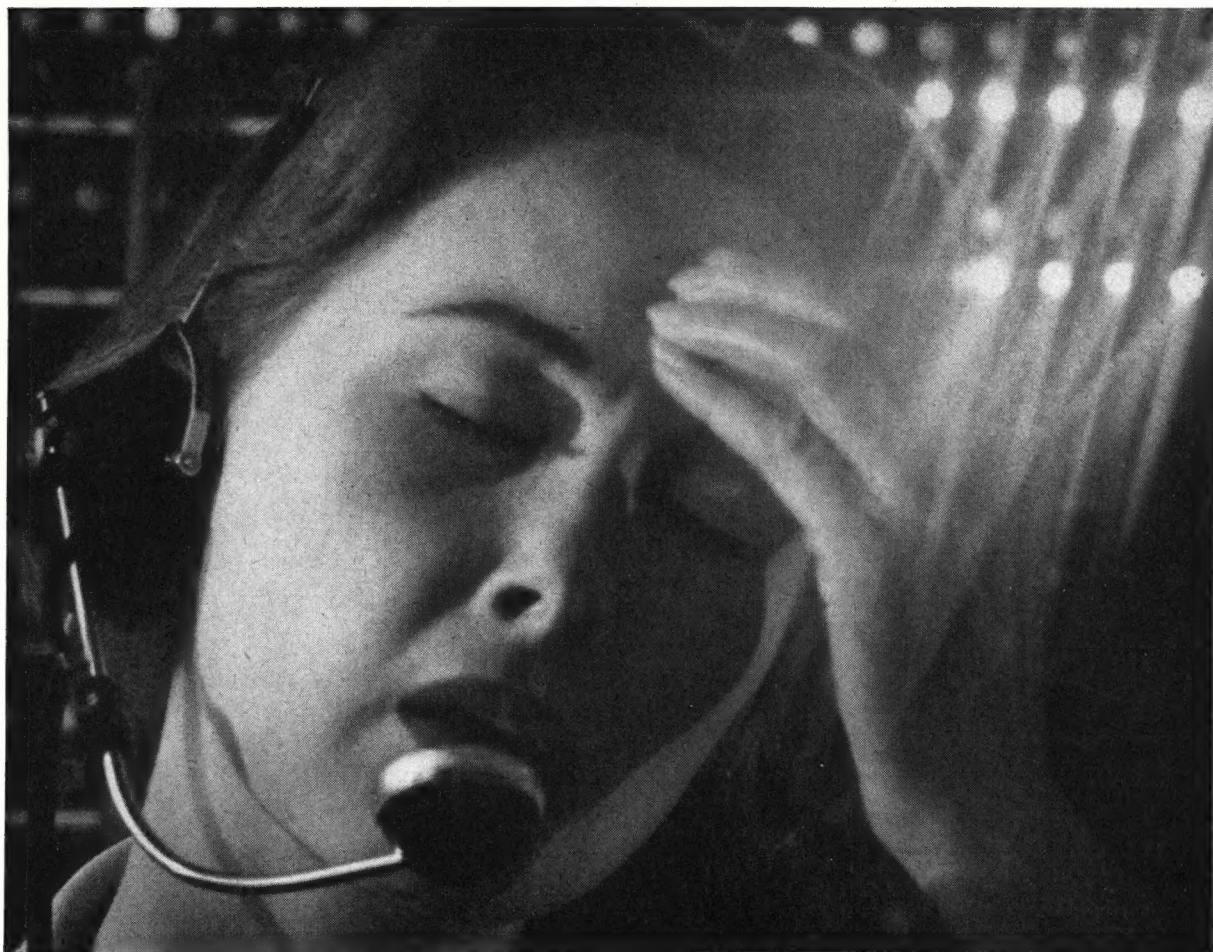
*"The Low Sodium Cook Book," Little, Brown & Co., Boston.*

**Shoulder pain** — For acute inflammation and tenderness of a shoulder (acute calcific tendinitis), injection of a mixture of novocaine, hyaluronidase, and hydrocortisone acetate directly into the calcified deposit is highly effective—the best treatment available, according to a four-year study at Boston's Peter Bent Brigham Hospital. No complications have followed the injection, and in the great majority of cases relief has been immediate and long-lasting. Before use of the hormone, X-ray treatment was believed to be of the most effective type. Hydrocortisone injections have proved to be superior and avoid the disadvantage of adding even small doses to a patient's total lifetime X-ray dosage.

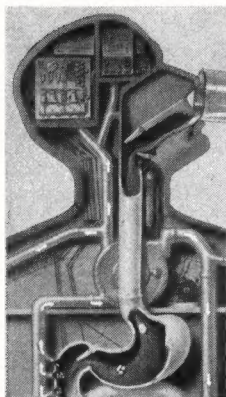
*Report to Massachusetts Chapter, American Academy of General Practice, by Dr. Thomas B. Quigley, Peter Bent Brigham Hospital, Boston. ##*

References to reports given at the end of each item are for the guidance of your family doctor. These reports are usually technical, beyond understanding by laymen, but they will help your doctor to determine whether a new development might be of value in your particular problem. Most of these publications are available to doctors through county-medical-society or hospital libraries and through the mail lending service of the library of the American Medical Association, 535 N. Dearborn St., Chicago 10, Illinois.





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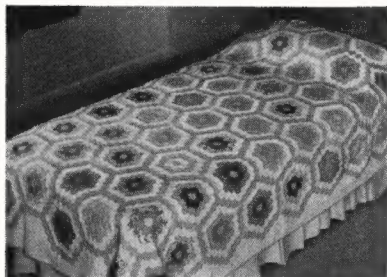
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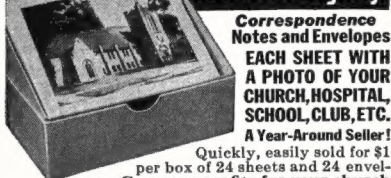
For faster, even stitchery and well puffed quilting designs, be sure to use the filling with the "Glazene" surfaces—MOUNTAIN MIST. It saves time . . . spreads smoothly and quickly without troublesome "hills & hollows" . . . a real joy to the quilter's needle. For best results insist on genuine MOUNTAIN MIST in its colorful quilt-block wrapper.

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By BYRON FISH

## Just like a man



nearly every evening, no matter where I hid him under the book pile. He always came out on top. No doubt Timmy is still on top in other homes, so we won't give away the plot, except to say that Timmy undresses himself, cheerfully takes a bath, ties on his own bib, eats like a little gentleman, washes his teeth, and generally behaves like no small boy we've ever seen.

His example was a great influence in our house. The boys undressed themselves and cheerfully took a bath at the most unexpected and difficult times. They ate like little gentlemen—every place but at the table—and got a notion to wash their teeth while playing in a mud puddle.

**P**EOPLE who complain they haven't time to read books or listen to music just don't have small children in the house. Seldom has there been a bedtime during which our family hasn't plunged itself into literary and musical pursuits—or retreats.

I usually draw the reading duty because Mamma has one sly excuse or another. She's going to wash the dinner dishes or scrub the floor or something else that gets her out of the work at hand.

With two of the boys in school it's an awkward literary age for me. The audience is now growing apart in its tastes, whereas a simple story once did for all—even the same book every evening. I could recite some by heart, but, what was worse, so could the children. Any time I tried to skip a page, I got caught at it.

**O**NE book that turned up over and over was "What Am I?" The title reflected the confusion of our hero, who was seeking to find himself. Forced to admit he couldn't fly like a bird, climb like a squirrel, swim like a fish, and so on, he might have built up an inferiority complex of psychopathic proportions, except that finally he saw his reflection in a pool of water.

He danced happily and cried, "I know—I'm a rabbit!"

I think that was supposed to be a happy ending. At least we treated it as such. Every time we reached the big surprise conclusion, the members of the Book of the Evening Club looked at each other with a pleased "Well-what-do-you-know-about-that!" expression.

As for "Busy Timmy," he was busy

**M**AYBE the mixed-up continuity was my fault. No matter how bright-eyed I was when I sat down to read, when I opened the same book every evening, it was like putting a chloroformed sponge under my nose. Midway through "The Wonderful House" my eyebrows had crept up to the top of my forehead in a valiant effort to keep my eyelids pulled open. After all, I had to think of my repetition.

"And who lives here?" I intoned, poking a finger at the picture of a cave. The audience waited as if it didn't know, and I fumbled to the next page. "A big ol' lion anniz family live here—thas who."

A long pause followed. The audience grew impatient. "Who lives *there*, Daddy, in the hole in the tree?"

Daddy's head jerked up. "Tree. . . A bird lives in the tree."

"No, no!" cried the audience. "A nutty little squirrel lives in the tree." They turned the page and confounded Daddy with the evidence.

"You're right!" I'd say, chuckling as if I'd merely been testing the listeners' knowledge. I struggled on to the picture of a doghouse, muttered "Who lives here?," and flipped the page. The hippopotamus—he lives there."

"No, Daddy, that's not the right picture. Turn back." And Daddy would peer blearily for the dog.

If I didn't fall off on the floor first, I'd be brought awake by the phonograph. The audience had deserted my dormant literature course for music.

**"R**UB-A-DUB-DUB, three men in a tub, they all went out to sea-e-e. The butcher, the baker, the candlestick-maker . . ."

[To page 16]



Enter the 1958

# SINGER \$125,000 Sewing Contest

**You don't have to be an expert!  
Every woman has a chance!**

Here's a wonderful chance to "sew up" a fortune . . . by entering the third annual SINGER Sewing Contest!

Simply enroll in the Home Dressmaking Course at your local SINGER SEWING CENTER. You'll make your contest entry dress while you are learning to sew.

There'll be a winner at every SEWING CENTER, and winning dresses then will be judged on a Regional level. Regional winners get a free trip to New York for the Grand-Prize "Sew-Off"!

At the "Sew-Off" each contestant will make a dress for a model. And grand prizes will be awarded at an exciting fashion show!

Don't miss the fun this big contest offers. Enroll at your SINGER SEWING CENTER starting January 2. Complete course of 8 lessons (20 full hours) costs only \$20. Enroll *soon* before classes are filled . . . it may be your first step to the big Grand-Prize of \$25,000.

**NOTE:** Contest is open to every woman 18 or over in U.S. and Canada *except* professionals in dressmaking or fashion, sewing teachers, previous "Regional" winners, persons (or members of their families) who are engaged in the manufacture, sale, advertising, or service of sewing machines.



Here are the 3 top '57 winners. Models in the front row are wearing the outfits that won (left to right) 1st, 2nd, and 3rd grand prizes. Standing behind each winning garment is the contestant who made it, wearing the dress she made while taking instruction in a SINGER SEWING CENTER. Winners are (left to right) Mrs. C. Bishop, Calif.; Mrs. M. Rasmussen, Ore.; Mrs. H. Chooljian, N.Y.

**1st GRAND PRIZE . . \$25,000**

**2nd Grand Prize . . . \$10,000**

**3rd Grand Prize . . . \$5,000**

**4th Grand Prize . . . \$2,500**

**5th Grand Prize . . . \$1,500**

**30 Honorable Mentions—\$250 each**

**Plus . . .** Free 5-day trip to New York City for the 35 regional 1st-prize winners . . . to compete in the "Sew-Off."

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**Over 1,700 Local Prizes**—4-piece set of SINGER\* Pinking Shears and Scissors worth \$30.

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**Young homemakers and homemakers-to-be!**

Besides a chance to win the "Sew-Off," you also automatically compete in your own special division. You can win a Grand Prize and a Young Homemaker National Prize as well as a Regional and a Local Prize.

**1st NATIONAL PRIZE . . . . . \$5,000**

**2nd National Prize . . . . . \$2,500**

**3rd National Prize . . . . . \$1,500**

**4th National Prize . . . . . \$1,000**



**Regional Prizes.** SINGER Slant-Needle Portable Sewing Machines. **Local Prizes.** Practical, luxurious, two level, fitted sewing cases.

**NOTE:** Contestants 18 thru 25 are eligible to win both a Grand Prize and a Young Homemaker National Prize but are eligible only for one Regional, one Local Prize.

**Don't delay. Get your entry blank with complete rules at your**

**\$ SINGER SEWING CENTER**

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Bee-lieve me...

Only the **Top of the Crop** is good enough for **Tea Garden!**



In Tea Garden Strawberry Preserves you smack your lips over the full, luscious flavor of selected red-ripe strawberries



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If it's Tea Garden...

You taste Quality in all **TEA GARDEN** Fine Foods

It's got that Top of the Crop flavor!

available at **SAFEWAY**

# The Personal Touch

## A cursory glance at old age

By MARION WOODRUFF



**M**RS. MARION WOODRUFF knows where of she speaks when she writes of old age. She is 83 and tells us, "For the past 20 years—after being caught in the financial upheaval of the 1930s—I have lived in an 'old ladies' home in New York, and a very fine one it is, too."

By contrast the setting for her earlier life was the colorful social whirl of the Gay '90s—an era that she recalls with nostalgia. Married at 20, she spent a year's honeymoon in Europe. Although she and her husband made their home in New York, many years of their life together were spent in Washington, D. C., and in Europe.

Mrs. Woodruff was born in Boston and says, "If I were a piece of furniture, I would call myself Early American because four of my ancestors came over on the Mayflower. On my father's side I am directly related to John and Priscilla Alden, the Standishes, Howlands, and Lovells."

After retirement Mrs. Woodruff turned to writing as a hobby. She also enjoys reading—especially historical novels—and meeting new people. And she is very fond of dogs. As this issue goes to press, she tells us (with a zest that belies her doubt), "I hope I live till February to see my article in FAMILY CIRCLE."

**W**HAT is geriatrics?

According to Webster, geriatrics is "the subdivision of medicine which is concerned with old age and its diseases."

It is a tremendous subject to study,

and its possibilities are great. It demands the respectful attention of all thinking people. Geriatrics, though only in its infancy, is being put more and more into practice by the medical profession. But is there not an effort involved to *prolong* old age? Is this desirable?

When old age is a *fait accompli*—camped on your doorstep, as it were—it may have a strangle hold on your body and on your faculties, dragging you down with cruel persistence. I find myself entirely out of sympathy with the concentrated drive now sweeping the country to keep old people alive after they have become helpless, hopeless, and senile. Puppets, almost mindless, are stuffed with vitamins, serums, and drugs to supply body deficiencies and prolong the life that has disintegrated. Such a life *should* pass on. That life has doubtless been a good life, a brave life, but now it is ready for a new one, under different surroundings; and it is usually quite willing to go.

The number of old people who have become public charges in homes and institutions has greatly increased, and the problem of caring for them is becoming a staggering one. What are we going to do about it? The first sensible step would be to stop trying to resurrect those who are utterly disabled. They must be tenderly cared for, of course; their needs must be met and all pain alleviated when possible. But we must face the fact that we cannot pump youth into the human system with a hypodermic syringe.

Why not moderate this popular movement that, I believe, obstructs progress? Why not let Nature take the helm? When the body is worn out, and, as often happens, the mind with it, let the imprisoned soul be free to go on to another life of activity and usefulness. Why force it to stay here overtime? For when old age moves in, it takes possession. Oliver Wendell Holmes called it an insult; and so it is when it deprives us of our hair, our teeth, our eyesight, and our hearing—with more indignities to follow.

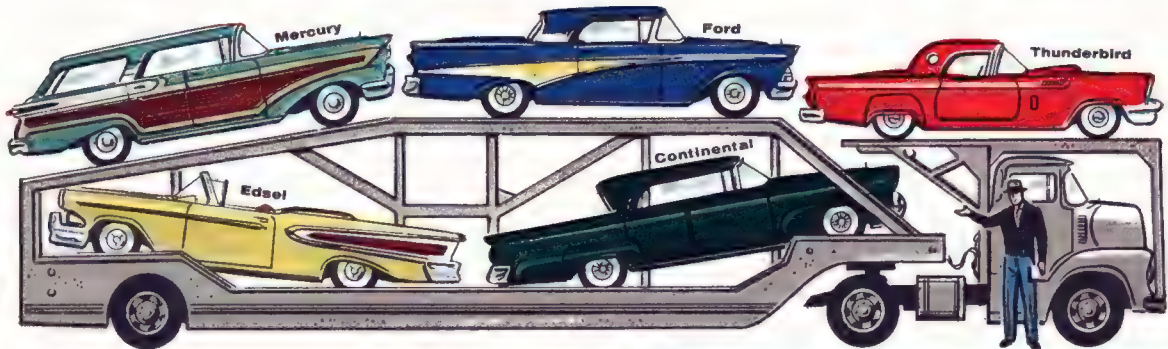
**F**AMILIES no longer want their elderly relatives at home. Several reasons are given for this attitude.

[To page 17]



# WIN a WHOLE FORD FAMILY of FINE CARS for your family

Enter the **Dole** Pineapple Jingle Contest



254 chances to win!

## GRAND PRIZE: WHOLE FORD FAMILY OF FINE CARS! WINNER GETS ALL 5!

Or \$15,000 in Cash! Or your choice of any 2 cars and \$7,500 in cash!

1. Continental Mark III Sedan
2. Edsel Citation Convertible
3. Mercury Colony Park Station Wagon
4. Ford 500 Hardtop Convertible
5. Thunderbird

**3 Second Prizes:** \$1,000 Down Payment on Ford Company car of your choice or \$1,000 in cash.

**250 Third Prizes:** \$100 Down Payment on Ford Company car of your choice or \$100 in cash.

Imagine the thrill of owning these five, beautiful new 1958 models—or, if you'd rather—\$15,000 in cash—or any 2 cars of your choice and \$7,500 in cash. And—there are 253 other prizes just for writing winning jingles on Dole Hawaiian Pineapple Chunks—the perfect light dessert!

## ENTER OFTEN! JUST FOLLOW THESE EASY RULES!

1. Write a 2-line "jingle" starting with the 3 words, "Dole Pineapple Chunks . . .", following the same style and form shown in the "sample" jingle which appears in the Contest advertising. The last word of both lines must rhyme. Get free entry blank from your grocer or use ordinary writing paper.

Sample Jingle: Dole Pineapple Chunks are a dessert that's light  
Just chill and serve—you'll love every bite.

2. Your name and address must appear legibly on your entry. Send as many entries as you wish, but each entry must be accompanied by a label from a can of Dole Pineapple Chunks or any other Dole product. Mail your entries to:

**DOLE PINEAPPLE JINGLE CONTEST • LOS ANGELES 51, CALIFORNIA**  
Eligible entries must be postmarked before midnight, April 15, 1958, and received by April 22, 1958:

3. Prizes as advertised will be awarded to contestants submitting the best "jingles" judged by The Reuben H. Donnelley Corporation on the basis of suitability, originality, and aptness of thought. Decision of the judges is final. Duplicate prizes awarded in case of ties. All entries and ideas therein become the property of Hawaiian Pineapple Company, Ltd., and none will be returned or acknowledged. Winners will be notified by mail, and a list of winners will be available to those sending self-addressed, stamped envelopes.

4. All entries must be original work of contestants submitted in their own names. All members of a family may compete, but only one prize will be awarded to a family.

5. Any resident of the United States, its territories and possessions, may enter the contest, excepting employees of Hawaiian Pineapple Company, Ltd., its Advertising Agencies, and their immediate families. This offer not valid in any jurisdiction where it would be prohibited by law. Contest subject to Federal, State and local regulations.

**CONTEST LIMITED TO U. S. A.**

Just write a 2-line jingle starting with:  
"Dole Pineapple Chunks

For example:

"Dole Pineapple Chunks are a dessert that's light  
Just chill and serve—you'll love every bite."

With each entry, enclose label from any of these Dole Pineapple products: Chunks, Slices, Tidbits, Spears, Crushed, Juice or Fruit Cocktail



**MAIL THIS ENTRY BLANK TODAY! GET MORE AT YOUR STORE**

Dole Pineapple Jingle Contest, Los Angeles 51, California

Here's my 2-line jingle. I enclose a label from a Dole product.

"Dole Pineapple Chunks

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zone \_\_\_\_\_ State \_\_\_\_\_

I bought this Dole product at:

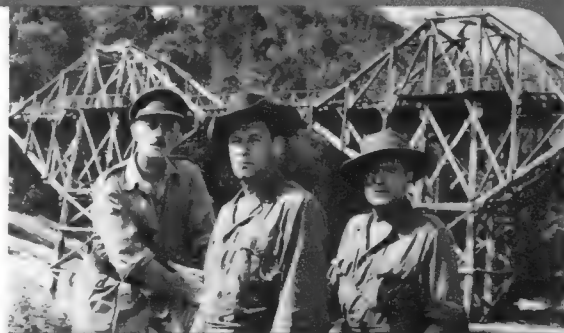
(NAME AND ADDRESS OF STORE)



# The reel dope

By PHILIP K. SCHEUER

**"The Bridge on the River Kwai,"** like "Beau Geste" before it, may well become the stiff-upper-lip classic of its time. Hollywood's Sam Spiegel produced it in Ceylon, London's David Lean directing, and it is swooningly beautiful in Technicolor and CinemaScope. The strongest of several wartime conflicts is between Alec Guinness as a letter-of-the-law British officer, who is imprisoned somewhere near the Burma-Thailand border, and Sessue Hayakawa as his Japanese captor; others involve Jack Hawkins and William Holden. All are symbolized by a bridge—its building and its destruction. The film is flawed only in its efforts to throw undue importance to Holden and by an exasperatingly cryptic finish. But don't miss it! (*Horizon*; Columbia)



Alec Guinness, William Holden, and Jack Hawkins



Marlene Dietrich and Charles Laughton

**"Witness for the Prosecution"** develops the fine art of murder into the fine art of movie-storytelling. Co-writer-director Billy Wilder has taken the novel and play by Agatha Christie, an expert herself, and turned them into an even better film. On the stage all the surprises and most of the drama were crammed into the last few minutes. Wilder has kept the surprises and sustained the earlier scenes with a wicked humor that is as visual as it is verbal. It's all wonderful make-believe, wonderfully realized by Charles Laughton, Elsa Lanchester, Tyrone Power, John Williams, and Marlene Dietrich. The latter's performance may not be of Bernhardt caliber—but it's probably the actingest Dietrich you'll ever see. (*Theme*; United Artists)

**"Peyton Place"**—"Everybody in this town hides behind plain wrappers," says Allison MacKenzie (Diane Varsi), narrator of Grace Metalious's best seller. Adapter and director have done a remarkable job of stripping away the wrappers and still avoiding the excesses of the novel. In fact, except for a graphic but brief criminal attack, their movie has a quite conventional moral tone and is homey enough to bring out the handkerchiefs in the audience. Emphasis is on three young romances, with some talented newcomers (Miss Varsi, Lee Philips, Hope Lange, and Barry Coe)—plus Lloyd Nolan, Terry Moore, and Lana Turner—holding the Maine line nicely. In De Luxe Color and CinemaScope. (*Jerry Wald*; 20th Century-Fox)



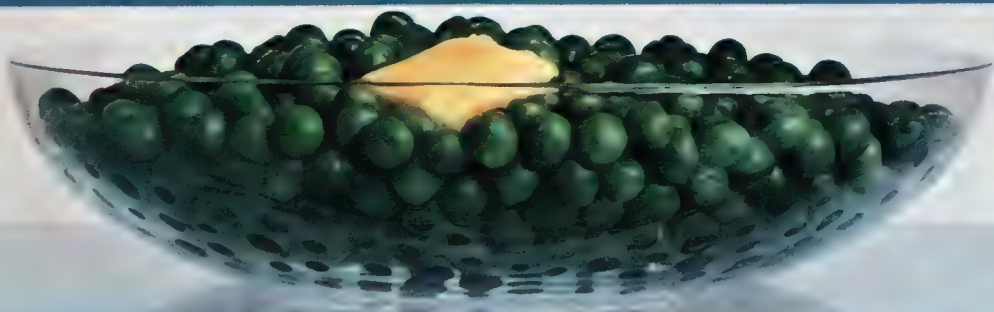
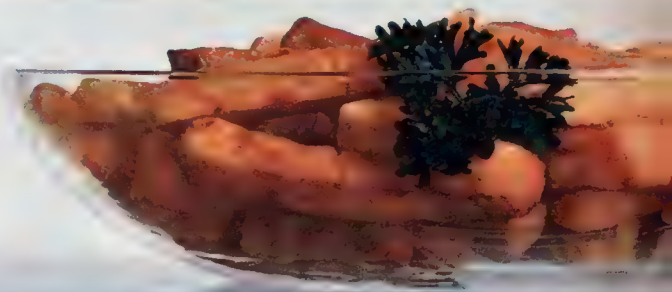
Lee Philips, Lana Turner, and Diane Varsi



Tommy Kirk, Spike, and Kevin Corcoran

**"Old Yeller"** is mostly for the older youngsters. In it Walt Disney's latest "live" hero is an "ugly lop-eared mongrel," played by a dog named Spike, and right at the start he moves in on Texas-settler Fess Parker; his wife, Dorothy McGuire; and their two young sons, Tommy Kirk and Kevin Corcoran. When Old Yeller, chasing a jack rabbit, wrecks a row of fences, Tommy chases the pooch away. But Old Yeller returns to (1) save Kevin from an angry mother bear, (2) rout raccoons from the corn, (3) round up stray cows and stop a charging one, (4) save Tommy from wild hogs, and (5) fight off a wolf. Hydrophobia finally lays Old Yeller low, but by now there is a Young Yeller. In Technicolor. (*Walt Disney*; Buena Vista) ##





Some freeze food...

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That's why more people buy Birds Eye than any other frozen food



See your grocer's ads today for

*Birds Eye Premium Flavor Festival*

## BIRDS EYE FESTIVAL OFFER!

Birds Eye Premium Flavor foods are so tasty, so nutritious that we know you'll want to serve them often. Send this coupon to Birds Eye Festival, P.O. Box 1275, Kankakee, Ill. Birds Eye will send you 3 coupons each worth 5¢ off on your next purchase of any Birds Eye Premium Flavor product.

Name \_\_\_\_\_

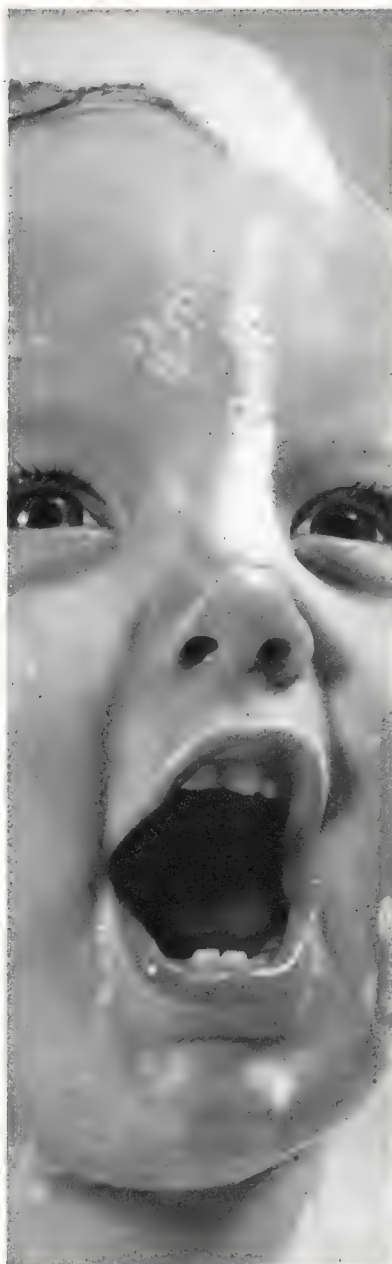
Address \_\_\_\_\_

Grocer's Name \_\_\_\_\_

Grocer's Address \_\_\_\_\_

Limited one offer per family. Favorites from General Foods... pioneer of frozen foods.  
In Canada: P. O. Box 2165, Toronto. Offer good in U. S., Canada, Hawaii and Puerto Rico.





## No more tears from soap in the eyes

Use the shampoo  
that can't burn  
or irritate eyes.

Leaves hair silky-  
soft, easy to comb.

**Johnson's  
BABY  
SHAMPOO**



By PHILIP MINOFF

**In the fluctuating career of "Tonight's" star, success is Paar for the course. But will his new video victory score a lasting hole in one?**



Wife Miriam, daughter Randy, and the Paar pet join Jack, a homebody at heart, in song at their Bronxville, New York, retreat. "If Jack didn't have to come into town for his TV show," says a friend, "he might never see anyone but his wife and daughter"

**J**ACK PAAR, currently riding high as the star of NBC's "Tonight," is a performer who's been up and down oftener than a Yo-yo. It's ironic that his current late-at-night slot has brought him his greatest recognition to date, yet his manner, delivery, and type of material are about the same as they were a dozen years ago, and when he was signed for the NBC trouble spot last summer, most observers felt he was being sacrificed on the altar of a lost cause.

At the time, Paar himself doubted the ability of *any* entertainer to keep audiences interested for an hour and three quarters, five nights a week. But he took the job anyway. "It was a case," he explained, "of overexposure or undernourishment." As a self-deprecating type of comedian, the 39-year-old quipster from Canton, Ohio, has long made capital of his lack of capital, but things haven't really been *that* tough for him. Before he accepted the NBC offer, he'd been doing (for a handsome wage) a daily 15-minute radio show for ABC from his Bronxville home. But the switch to NBC and a nationwide TV audience was the chance to crack the big time (again). Jack gambled and won.

He'd won a couple of times before, but the results never seemed to be lasting. During World War II (he was a comic with an Army Special Services outfit) his brass-baiting monologues made him the toast of every enlisted man in the Pacific the-

atre. On the strength of this far-flung fame, Hollywood called. Paar acted in a few pictures, all of which made a highly delible impression on moviegoers. When he protested the studio's using him more as an after-dinner speaker at company banquets than as an actor, he was dismissed.

Paar was to issue a similar protest years later while heading CBS-TV's "Morning Show." The network tried to pressure him into attending premieres, luncheons, and ad-agency clam-bakes that come under the head of "promotional activities," but Jack refused. This time he won out. "Right was on my side," he says. "And my rating at the time didn't hurt either."

**T**HE first high point in Paar's post-war progress came when he summer-replaced Jack Benny on radio. He scored a solid triumph, but when he was given his own show as a result of that experiment, it flopped. Some said his material was too "special;" others charged him with refusing to take criticism, for being hard to handle. Whatever the reasons, in a procession of radio and TV shows that followed over the next few years, Jack never quite hit the jackpot that had been predicted for him.

A self-doubter from 'way back, Paar would have given up the whole business if he could have thought of something else to do for a livelihood. "Let's face it—" he told this reporter as recently as a year ago, after a spell of



nervousness had caused him to lay a great big egg on "The Ed Sullivan Show," "I'm too self-conscious to be a performer. When they don't laugh at what I'm sure is a funny line, I just die out there. I don't know how to cover up or hide my disappointment."

Much of Paar's humor is on the acid side ("The international situation must be getting better—G.I.s are beginning to lose on the quiz shows again").



Paar's acidly accurate wit pairs well with the ambiguous banter of Dody Goodman that has contributed much to "Tonight's" success

When he has tried to be personable rather than incisive, the results have sometimes been calamitous. As emcee of a CBS-TV quiz floperoo called "Bank on the Stars" (four seasons ago) he was so kind to the contestants that he wound up being downright condescending. What's more, the change robbed him of his humor, so the whole development was something akin to throwing out the baby with the bath water.

On "Tonight," Paar manages, for the most part, to be both witty and likable, a result that seems to have sprung more from increased self-confidence than any other factor. He no longer fears that an honest show of annoyance on his part will cost him his popularity.

When, for example, during a jurisdictional dispute between NBC directors and cameramen last fall, the lensmen fouled up a "Tonight" performance, Jack let his audience know how peeved he was. "This program," he told his viewers, "is coming to you half-live from New York."

**A**NOTHER way in which Paar has demonstrated his admirable courage-on-camera has been the complete freedom he gives his regulars and guests in conversational exchanges. Neither Dody Goodman nor Elsa Maxwell, for example, is averse to saying the first thing that pops into mind, yet Jack has never applied a restraining hand to either gal. [To page 62]

Who made  
**TOMATO FLAVOR**  
come alive in  
catsup?



**DEL MONTE chefs did...with Pineapple Distilled Vinegar**

Such good things go into DEL MONTE Brand Catsup! Deep-red, vine-ripened tomatoes with a flavor pedigree long as your arm. Fine spices so piquant they'd nudge even the laziest appetite.

Most important, these flavors are heightened and brightened by the superb vinegar used to blend them—pineapple distilled vinegar. Try DEL MONTE for the liveliest tomato flavor in catsup!



# Yours to sew in new summery fabrics

Begin your summer sewing now  
with the aid of easy-to-follow  
printed patterns. These three  
dresses, made in new lightweight  
fabrics, will be ideal to wear  
during the warm months to come

see **g** uyett's  
uide



4760



4792

**4792**—This princessè dress has a fitted Empire-line bodice and gently flared skirt. The brief bolero makes a smart cover-up when a jacket is needed. Printed pattern in misses' sizes 10-20. Size 16 dress and bolero take 4 yards of 39-inch fabric.



**4760**—A favorite among juniors is this sheath-slim dress, styled as a step-in. Large buttons on a tab band and two handy pockets are nice details. Printed pattern in junior-miss sizes 9-17. Size 13 requires 2¾ yards of 39-inch fabric.



**9339**—Make this soft summer dress in voile or other sheer fabric. The printed pattern comes in misses' sizes 12-20. Size 16 uses 3¾ yards of 45-inch material.



9339

## HOW TO ORDER PRINTED DRESS PATTERNS

Send 35c (in coins) for each pattern to:  
Family Circle, Pattern Dept.,  
P.O. Box 178, Old Chelsea Station,  
New York 11, N.Y.

(In the United States add 5c for each pattern if you want first-class mailing.)

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*It's fun  
to phone!*

Fun bubbles both ways in a friendly "telephone break." You're glad you called, and it's so appreciated. Routine gets a poke in the ribs, the day gets an unexpected sparkle. So dust off your morning, pick up the phone, and just for fun—call someone.

**Bell Telephone System**  
Working together to bring people together

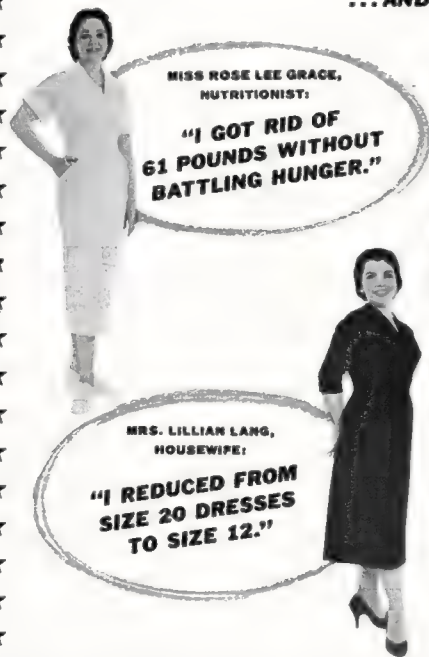




These actual statements are typical of  
the experience of hundreds of thousands with

# America's Most Popular Reducing Book

...AND IT COSTS YOU NOTHING



MISS ROSE LEE GRACE,  
NUTRITIONIST:

"I GOT RID OF  
61 POUNDS WITHOUT  
BATTLING HUNGER."

MRS.  
FLORENCE DELFINO  
HOUSEWIFE:

"I GOT DOWN  
TO NORMAL  
WEIGHT, AND  
STAYED  
THERE."

MRS. LILLIAN LANG,  
HOUSEWIFE:

"I REDUCED FROM  
SIZE 20 DRESSES  
TO SIZE 12."



If your doctor says you are overweight, ask him about the Knox Eat-and-Reduce Plan, with its unique Choice-of-Foods Charts.

This extremely successful Plan is unlike any other method you ever heard of.

It can be lots easier than you think. Without dangerous drugs, pills or capsules. Without giving up your favorite foods.

There is nothing "fabulous" or faddish about this new-day *natural* way by which millions have won and kept a lovely slim figure. The easy Knox Eat-and-Reduce Plan is actually a modern way of life. A way to have more pleasure at mealtimes. To acquire, for the rest of your life, the habit of enjoyable, balanced eating, whether at home, at restaurants, or as a dinner guest.

Whether you'd like to lose 10 pounds or 70 pounds, you set your goal with the famous Knox Plan. Hundreds of thousands have achieved their goal, and for keeps.



One of the keys to the Knox Eat-and-Reduce Plan is Knox Unflavored Gelatin, which millions drink in fruit or vegetable juice, bouillon or water. Doctors recommend Knox. Your grocer has it in the 4-envelope package and the 32-envelope economy size.

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Knox Gelatine

Johnstown, N. Y., Box H-33

You may send me my free copy of the Knox Eat-and-Reduce Plan Book with the Choice-of-Foods Charts.

NAME.....

ADDRESS.....

.....

## Just like a man

From page 6

The words were almost indistinguishable, owing to 400 previous playings, but they were grooved more deeply into parental minds than into the record.

Sometimes the children were so eager to play the song over again that they couldn't wait for the end and kept popping the needle back to "Rub-a-dub-dub, three men in a tub . . ."

The needle on a child's phonograph quickly takes on the quality of a ten-penny nail, but that doesn't seem to dull the appreciation of the smaller listeners. All evening "Rub-a-dub-dub" would be at the top of their "Hit Parade," and although they had 29 other records to choose from, they'd just play that one 29 times.

The music has changed. Nowadays we hear Old Paint and his ilk being ridden all the way from Laredo to Montana.

...

THE audience still likes to be read to and will agree on an animal story, but the youngest wants Peter Rabbit, the oldest prefers dinosaurs, and another boy demands spaceships.

In an effort to satisfy all interests in one sitting, I've sometimes thrown away the book. An all-purpose yarn made up for this family is about Goldilocks, who was fired off in a rocket to the planet Venus, where she wandered into a house owned by three dinosaurs.

B. J. (HER MARK)



"Of course, dear, it  
will look much prettier  
without dungarees"



## The personal touch

From page 8

Crowded living conditions and interference with the children are those most often heard. The old people finally realize they are not wanted, become reconciled, and make their application to enter a home for the aged. I am told that the waiting lists are long.

Doctors say interest in geriatrics is increasing. Representatives of various organizations are forming boards, giving lectures, and showing other signs of activity in bringing the subject before the public. But these groups might well consult older people, for the younger generation is likely to advance theories that show a lack of real knowledge of the subject. Their effort is like trying to navigate on an uncharted sea. Only when you experience old age are you qualified to speak with authority about its needs.

A person does not grow old all at once. It is a gradual ripening, and the process is strictly individual. It is true that older people might be described as "groups" in so far as those who come from the same walks of life have shared similar interests, occupations, environments, tastes, and so on. But that is as close as one can come to judging old age collectively.

The woman who has had a business or professional career will grow old in a way different from that of a woman who has known only the security of her home, where she has been the hub of her own little universe, surrounded by loved ones. But all elderly have a few things more or less in common: A white-hot, flaming nostalgia for the past; a good healthy hatred of changes, especially upheavals; impatience; and garrulity.

**T**HE great changes taking place in the world today, especially in the field of medicine, are very disturbing to old people, for they cannot understand why certain medicines that in the past have given them relief are no longer in use. Paregoric, for example, the national panacea for intestinal upsets; and good old rhubarb and soda, consumed by the barrelful for attacks of indigestion. These and many another nostrum that was a family stand-by in former years have been replaced by something new, just as effective, but not so comforting as the old familiar remedies.

Another evidence of the stride made in medicine is the importance given to certain diets. The one objected to most by the old people is the salt-free diet. Shades of Torquemada and Judge Jeffreys! This is real punishment. Who wants to spend the rest of his life eating tasteless messes day after day?

[To page 18]

FEBRUARY 1958



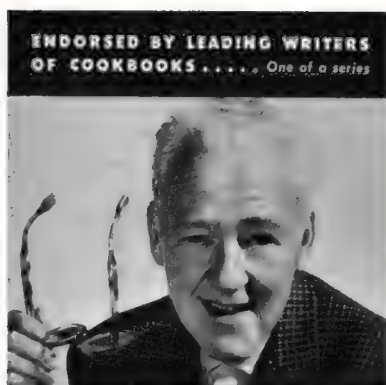
VOGUE PATTERN 9352, LEBANON WASH-A-FLAN NYLON-WOOL

## COATS & CLARK'S ZIPPERS in the plastic See-Thru Pak AND **O.N.T.** BOILFAST® THREAD

Only Coats & Clark's Zippers and O.N.T. Boilfast Thread are *dyed to match* each other and fashion fabrics to give your sewing a custom-made look . . . and give you trouble-free shopping. See-Thru Paks in a Self-selector display let you see *all* the colors—match fabric and zipper *at a glance*. Easy matching of zippers and thread, too—just pick the same color-number on the labels (color above, #157A). Ask your store for the *easy-to-match zipper!*

**MAKE YOUR TIME COUNT, MAKE IT WITH COATS & CLARK'S**





## MORRISON WOOD

Internationally-known food and wine consultant, conductor of newspaper columns, writer of magazine features, and author of the popular "More Recipes with a JUG OF WINE", and other outstanding cookbooks.

*"When I think of Spaghetti Sauce, I think of Lawry's. It's very, very delicious!"*



Acclaimed by food experts for superb flavor. Reduces hours of preparation to minutes. Produces a sauce people enthuse over—say it's the *finest they ever tasted*. Economical, easy to prepare.

Write for

**MORRISON WOOD'S**  
recipe for Spanish Rice Casserole

Adapted from his famous book. Write, too, for other recipes for Lawry's Spaghetti Sauce Mix, Seasoned Salt, Garlic Spread, Dressings for Salads. Lawry's, Dept. FC-39, Los Angeles 63, Calif.

To old people life is rather uneventful, and if you take away the little pleasures, such as a reasonable amount of smoking, or the occasional meal that is not keeping step with the regimen, you deprive them of some of the bright spots so essential for the mitigation of utter boredom. These indulgences are outlets for pent-up emotion. Memories are hard to control and difficult to live with at times. Of course, radio and television are life-savers, but many cannot enjoy them due to deafness and loss of vision. The few to whom old age is not a hardship are those who have developed some latent talent that brings them satisfaction, or whose health permits them to carry on in some congenial occupation.

To those who cannot avail themselves of their constitutional rights—life, liberty, and the pursuit of happiness—there is little incentive to keep going. Existing is not really life. Liberty of thought is still permitted to the old, but liberty of action is curtailed by aches and pains (with doctors and relatives as contributing handicaps). As for pursuit of happiness, it is almost nonexistent for the same reasons; and, in addition, the zest for the chase has died a natural death.

Adding to the bewilderment of people in their 70s and 80s is their confrontation with not only a new little world of their own brought into being by the accumulation of years, but with the new world that's being born around them. And as time passes there will be greater changes.

**O**LD people need affection almost as much as they need food, but they do not get very much (not even from one another). Everybody is too rushed, too busy. In fact "too busy" is the popular watchword and greets the ear at every turn.

Greatly missed by the aged is the warm relationship that existed for years between patient and attending physician. The day of the sit-on-the-bed-and-hold-the-hand doctor has almost vanished. No matter how tired he was or how heavy his day's schedule, he always had time to listen to a detailed description of the sickness he had been called to diagnose, and, if possible, cure.

The sympathetic general practitioner has been replaced by many specialists who have no time—even if they have the wish—to establish any real personal interest.

Men seem to take old age with more grace than women. In any event they waste no time grieving over bald spots or dentures. If they do, they do their groaning silently. But women, when "those endearing young charms" begin to vanish, mourn the loss and begin to

visit beauty parlors. As a result most elderly women are better groomed than the men.

It is rare indeed for either a man or woman to grow old "happily."

Old people experience a constant turmoil of resentment at the restrictions forced upon them by the years that go on piling up relentlessly. They gradually develop idiosyncrasies that annoy those around them: The swinging foot that goes back and forth with the maddening regularity of a pendulum; the rocking chair kept in motion with such persistence that an entire family may be near hysteria.

It would be wise for elderly people to take an inventory of their actions. *How* are they growing old? What is the real reason their children do not want them about? Do they talk too much, especially on that always delightful, all-absorbing subject—*self*? Have their table manners grown bad? Do they hum or whistle through their dentures? Are they clean and well groomed?

These things are important in everyday contact with others, and old people should consider these questions with care. The honest answers may bring harmony to many troublesome situations.

**W**ITH few exceptions every old person meets the same experience of waking to the realization that he or she is no longer vital to anyone's happiness, and no longer "needed." It is a shock and to some a heart-breaking one. That is why old people feel so strangely lonely. There is no one left for them to love, or to love them. It is a loneliness of the soul that young people cannot be expected to understand. While it is wonderful to be loved, it is more wonderful to love; indeed, to love is a necessity, for without loving one ceases to live.

**EDITOR'S NOTE:** Marion Woodruff's views on old age and its problems are unorthodox, to say the least. Certainly they should give pause to those of us who hold contrary views about what the future holds for us.

Today there are more than 14,000,000 men and women over 65 in the United States—about one in 12 of our population. So great is the net increase each year that by 1975 the total is expected to reach 21,000,000. The most striking rate of increase is among those 75 years and older, who now account for nearly 5,000,000.

Thus, Mrs. Woodruff's "cursory glance" is also a timely challenge. What do you think? Could it be possible that we are straining too hard to prolong life and are achieving more success than we should? We'd like to hear your views. ##



Do have a piece of

# Black Walnut!

Betty Crocker's newest mix to make you famous!




Only Betty Crocker has this fascinating new flavor! Make it your "specialty"!

**New Black Walnut!** It's a country-kitchen kind of cake—mellow with the flavor of black walnuts! And, m-m-m, that aroma in your kitchen!—a happy promise all the while your cake is baking! You just add eggs and water—and bake up a moist, tender, homemade cake Grandmother would have been proud to serve! Why not make it your "specialty"?



**\*PERFECT!** Yes, every mix we make for you is guaranteed to come out perfect, or send the box top to Betty Crocker, Box 200, Minneapolis, Minn., and General Mills will send your money back.

**"I guarantee a perfect\* cake—homemade—perfect—  
cake...after cake...after cake!"** *Betty Crocker* 



# Heinz Tomato Soup tastes better!

● Folks tell us that for richness, smoothness, and fresh tomato flavor, Heinz Tomato Soup beats 'em all! Next time reach for this *tastier* Heinz Tomato Soup in the red-white-and-blue can with the famous Heinz 57 keystone. Enjoy the wonderful difference.



## SAVE ON NORRISWARE

● Heinz Soup labels save you about 40% on famous-name, copper-bottom cookware. See reverse side of labels for full details.

**TASTIER**—made the homemade way  
**CONDENSED** to give you twice as much  
**COSTS NO MORE** than other kinds



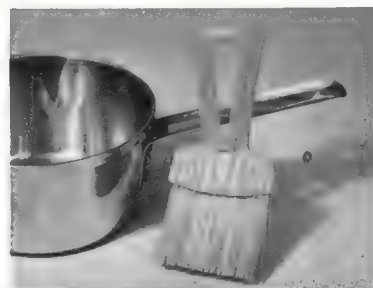
## New products you should know about . . .

You'll save time whenever you must label the children's clothes, rubbers, toys, home canned goods, freezer packages, or storm windows if you use this marker. The felt writing point, depending on which way you turn it,



will make a variety of line widths on wood, metal, leather, cloth, rubber, or plastic. The ink dries instantly and will not wash out. The marker is available in black, white, light and dark green, pink, gray, red, orange, and light and dark blue. At stationery and art-supply stores.

*In your grocery market you will find a new wax and dirt remover that loosens any brand of floor wax, no matter how thick and embedded with dirt. Just add half a cup of the remover to a two-gallon pail of hot water and spread over the floor with mop or sponge. Let the mixture stand on the floor for 10 minutes, then rinse off with cold water. When the floor is dry, it's ready for rewaxing. The remover can be used on linoleum, asphalt tile, rubber tile, or vinyl-plastic floors. Do not use it on paint, varnish, or shellac finishes.*



This plastic pot scrubber will loosen the remains of dried scrambled eggs or cooked cereals without scratching your pans. You'll find it in housewares departments.

—S. P. H.



### Our readers do it this way . . .

I dry the inside of each window with an up-and-down stroke; the outside, with a crosswise motion. If any streaks show, I know which side needs the extra cleaning.—CAROLE LEWIS, *Seattle, Washington.*



To prevent a milk carton from leaking milk onto other foods in the refrigerator or leaving a coating of wax on the shelves, set your milk carton in half of a square plastic sandwich box (the kind made to hold one sandwich) before placing the carton in the refrigerator.—MRS. JAMES O'DONNELL, *Columbus, Ohio.* (Or use one of the handy carton holders, shown above. These are made for milk containers up to the half-gallon size.—EDITOR.)

You can remove the lint from the lint catcher in your automatic drier by using the dusting brush of your vacuum cleaner.—MRS. FRANK E. WARREN JR., *Cadillac, Michigan.*

Mark your cleaning bucket as your measuring cup is marked—with lines (use paint or red nail polish) to indicate quarts. This makes it easy to mix cleaning solutions of the proper strength.—MRS. RUSSELL LEWIS, *Dubuque, Iowa.*

Attach a spring-type clothespin in a convenient spot over the sink (to make the clothespin less conspicuous, paint it the color of your wall) to hold plastic bags and bowl covers after they are washed. They will drip-dry quickly and can then be stored.—MRS. BOB HAYES, *Elmhurst, Illinois.*

With a small amount of melted paraffin, anchor your flower holders (frogs) to the bottom of flower bowls and let the paraffin harden. Bouquets will not topple over.—MRS. G. M. LYNES, *Longview, Wisconsin.* (If bowls are glass or pottery, be certain the paraffin is not so hot that it will crack the container.—EDITOR.) ##

see **b**uyer's  
guide

We'd like to hear about your short cuts. FAMILY CIRCLE will pay \$2 for each suggestion printed. There's no limit to the number you may send in, but no entries can be returned to you. Mail your idea to Housekeeping Editor, FAMILY CIRCLE, 25 W. 45th St., New York 36, New York.



*However you "cream" your coffee—*

## You'll love the fresh taste and the convenience of PREAM!



© 1957, H. C. MOORE CO.,  
COLUMBUS 16, OHIO

**Extra creaminess.** Delicious Pream is made entirely from fresh sweet cream and other milk products. The exclusive Pream process captures their fresh taste for your table.

**Extra convenience.** New Economy Size Pream® "creams" up to 70 cups of coffee. Never spills or spoils. Stays fresh tasting in daily use!

If you like it "with", you'll love it with Pream! Buy Pream in the Regular or Economy Size at your favorite store next time you shop!

**new recipe! EASY CHEESE SAUCE**  
made the never-lump Pream way.

¼ cup Pream    ½ tsp. salt  
2 tbsp. flour    1 cup water  
1 cup grated cheese

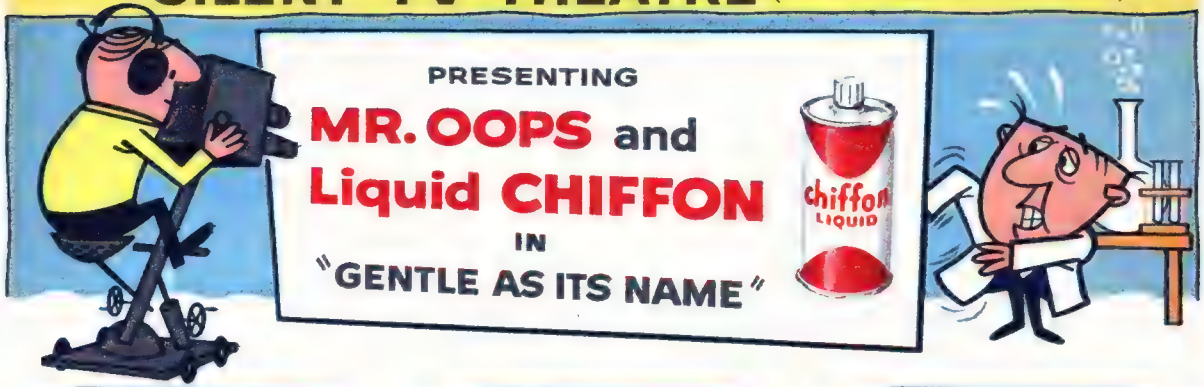
Mix together Pream, flour and salt. Add water; cook and stir until mixture boils and is thickened. Add cheese; stir until melted.



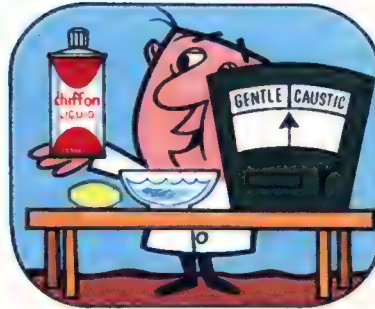
**FREE RECIPE FOLDER!** Write Sally Ross, Pream Test Kitchen, Box 447, Columbus 16, Ohio.



# SILENT TV THEATRE (FOR TIRED EARDRUMS)



Ladies, scientists tell me this simple (?) instrument...



...proves the gentleness of Liquid Chiffon Dishwashing Detergent.\*



Even suds made with many beauty soaps...



...can be caustic to skin. Oh my! See that?



Observe the arrow as I test Chiffon dishwashing suds.



Look, Chiffon is really gentle!



So kind to hands. Oh, it's scientifically true, madam.



Isn't it time you caught on to New Liquid CHIFFON?



\*Laboratory pH tests for skin alkalinity prove Liquid Chiffon less caustic to skin than many expensive beauty soaps.



# Natural immunity—

**a new weapon to wipe out disease?**

**By BERNARD SEEMAN**

**W**E all know some people who seem never to get sick, even in the midst of an epidemic. We ourselves carry disease germs all the time, yet we succumb to them only occasionally. The cold virus, for example, is always with us, yet we certainly don't have perpetual chills and sniffles. What makes the difference?

The answer seems to be "natural immunity." Where our physical condition is good and our immunity high, we manage to keep microbes under control. But should anything happen to reduce the state of our natural immunity, the microbes take over, and we get sick. But what is this natural immunity? Can a way be discovered to wipe out a vast area of disease by raising our natural immunity to infection?

Working with a minimum of public fanfare, a number of dedicated scientists have, since 1954, concentrated their efforts on just such a discovery—the finding of a substance that seems to stop disease before it begins. It has done so with experimental animals—and it seems able to do the same for man.

The discovery is a protein substance that exists in the blood of humans and all other mammals. This substance has been named *properdin*—derived from the Latin word *perdere*, to destroy. Properdin, because of its ability to destroy microbes, gives natural protection against infection.

Properdin's discoverer is the late Dr. Louis Pillemer of Cleveland's Western Reserve University, who, with a group of associates, isolated the substance in 1954 and found that it was involved in our ability to resist disease. By increasing the amount of this substance, properdin, in our blood, these scientists believe they may be able to boost our natural resistance to disease to the point where we will simply no longer get sick. In the laboratories of Western Reserve University School of Medicine the immunity of test animals has already been raised to such an extent that massive doses of deadly bacteria are as harmless as rain water. Whether the same can be done for man is the problem currently under study.

## HOW THE BODY DEALS WITH HOSTILE INVADERS

NATURAL immunity, it appears, can be *weakened* by a number of factors. Dr. Rene J. Dubos—discoverer of the first antibiotic made from soil bacteria—declares that diabetes, life in a concentration camp, overwork, overindulgence, or even an unhappy love affair can produce the shock or stress that will give microbes an edge over our natural resistance. The problem that has puzzled scientists is just what in our system keeps microbes [To page 82]

*The end of virus and germ-  
caused diseases . . . a built-in  
defense against cancer . . .  
safe heart and kidney  
transplants . . . a bulwark  
against radiation hazards—  
the momentous discovery  
of the body's own "wonder  
drug" and research into  
how it works may bring  
about these medical miracles*



# Spring fashions

By Kathryn Day



Choose this full-length wool coat for its good looks and its four convenient pockets. The fabric is in petit-point weave. Included in the color selection are coral, beige, blue, navy, and black. In sizes 8-16. Priced at about \$55. By Aintree. Photographed at the Reflecting Pool, with the marble shaft of the Washington Monument in the background

For stores, see **b**uyer's  
guide

Our model poses at the entrance of George Washington's Mount Vernon home, in Virginia, 16 miles from the capital. The smart two-piece suit is a Sacony design with a brief double-breasted jacket accented with four large buttons. The slim skirt has a kick pleat in the back. In slate gray or natural. The suit fabric is of rayon and acetate in herringbone weave. Sizes are 10-18. Priced at about \$35



Capitol Hill, the seat of Government and the focal point of the city, is the logical place for a visitor to start his tour of Washington





# visit Washington

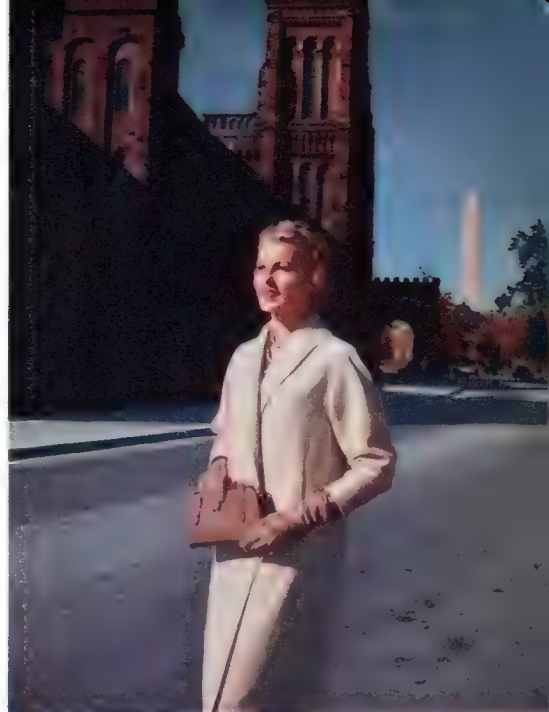
**I**N our nation's capital the celebrated memorials to Washington and Lincoln, the museums and other public buildings are rewarding sights for the visitor. Against such familiar landmarks we present these fashions. They make good choices not only for spring in Washington; they're right for women all over the country.



This wrap-up design can be worn as a coat or as a dress. It simply wraps around the figure and is held by a crushed leather belt. Choice of color in wool-and-linen tweed. Sizes S, M, L. About \$50. By Duchess Royal. Washington's Mount Vernon home, with its familiar portico, is in the background

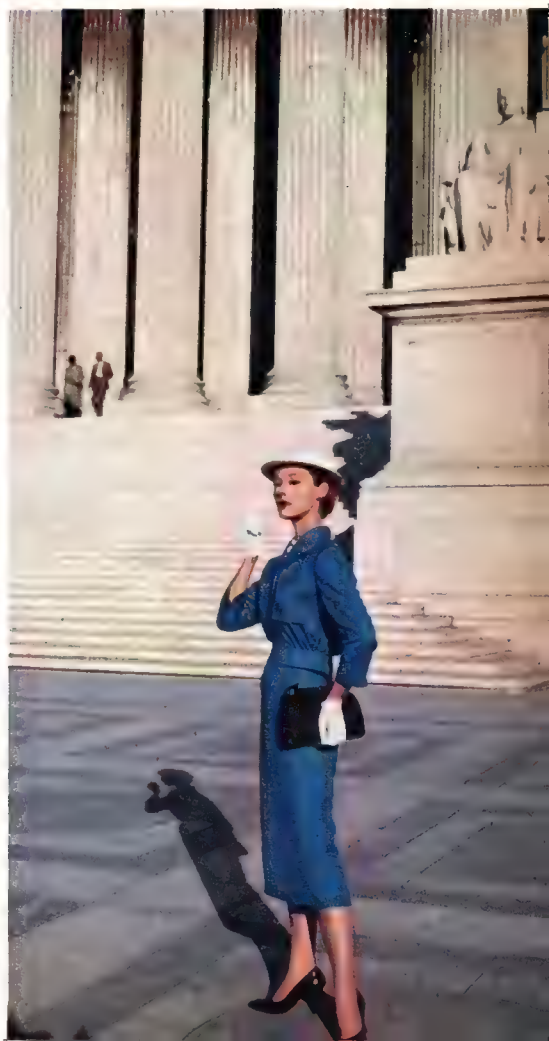
Dupioni silk is the fabric of this soft two-piece suit. Pocket tabs trim the *blouson* top. In Capri blue or other colors. Sizes 8-20. About \$55. By Duchess Royal. Photograph shows detail of marble columns and sculpture of the Supreme Court Building

FEBRUARY 1958



A shawl-collar coat of wool. Sunburst tucking forms a yoke in back. In beige, blue, or red. Petite sizes 6-16. About \$45. By Cuddlecoat. In the background: The Smithsonian Institution

More spring fashions on following pages





# Spring fashions visit Washington

From page 25



You'll win in a walkaway with this Aintree coat of wool tweed, bloused in the back. The front is made on straight lines, with slash pockets, and push-up sleeves add to the soft look. The color is lilac, gold, pink, gray, or tan. The sizes are 8-16. Priced at about \$55. Posed at the entrance to the Pan-American Union Building

Trim and fitted, this silhouette is suited to most figures.

The jacket, topping a slim skirt, is trimmed with small bows; it buttons up to wing-shape revers. Made of an Aberfoyle cotton-and-silk fabric. Color is royal blue, claret, tan, or silver. In sizes 10-20. About \$25. By Handmacher. The steps lead to the National Gallery of Art



Wear this cotton-and-silk tweed suit at any time of the year. The jacket, made on relaxed lines, has a wide shoulder yoke and bloused sleeves. The predominant color is brown, navy, or black. Sizes are 10-16. Under \$40. A Handmacher design. In the background is the south portico of the White House







The famous Lincoln Memorial provides the setting for one of spring's best coat fashions. The fabric is wool jersey cut on straight lines. Note the push-up sleeves and the vents at the hem line. The linen overcollar is detachable. In red, navy, or gray. Sizes are 8-18. Under \$70. Designed by Towncliffe

For stores, see **b**uyer's guide

The hats shown on these pages and on the preceding two pages are by Miss Mary

If you plan to buy one good suit for spring, this could be it. Made of wool in monotone-check design. The skirt has a kick pleat in back. Straight and narrow, the well tailored jacket has deep pockets with narrow flaps. Comes in blue only. Sizes are 8-16. Under \$70. Made by Towncliffe. Pictured in front of the Folger Shakespeare Memorial Library





## 52 miles to the sun

Ever-present along Going-to-the-Sun Road is Glacier National Park's glorious scenery. Only a few feet off the high-

way a motorist can stand in the shade of towering evergreens and gaze upon the peaks across St. Mary Lake



Anglers in Glacier's lakes and streams need no fishing license. Here, in Bowman Lake, a park ranger rows the boat while three visitors drop their lines

**If your vacation motoring takes you toward the Rockies this summer, don't miss the spectacular drive on Going-to-the-Sun Road through Montana's Glacier National Park**

**H**IGHWAYS and trails have a magic quality. They arouse the inspiration of travel, of going places and seeing things. They fire the spirit of discovery. Such is the quality of Going-to-the-Sun Road, a 52-mile route high among the Rockies in Montana's northwestern corner. It is a highway that takes the vacationer through what the famous Scottish naturalist John Muir described as "the greatest care-killing scenery on the North American continent—Glacier National Park."

Going-to-the-Sun, climbing its way through the very heart of the 1,534 square miles of this scenic Federal wonderland, which stretches from the Great Plains to the north fork of the Flathead River, is the major route of travel over what have been called the Alps of America. It is a tribute to the ambition and [To page 66]





Many Glacier Hotel, built in the style of a Swiss chalet, has 250 rooms, each with a splendid view of the mountains

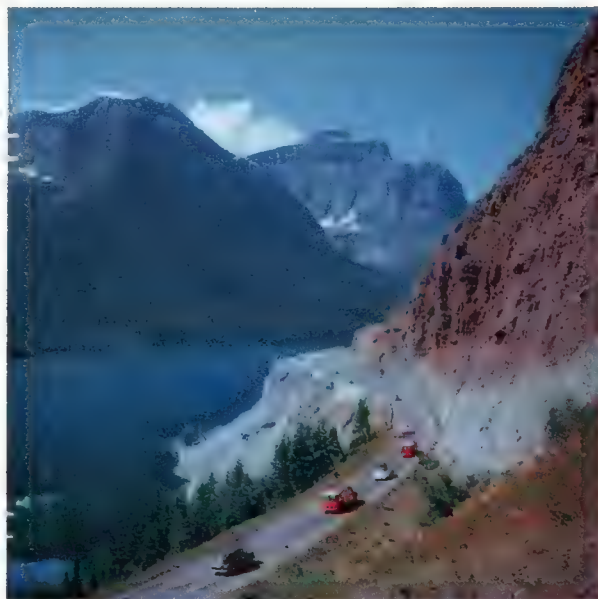


Lunching in the snow fields of Glacier during mid-July, trail-trip riders find that the bracing air whets the appetite



On information plaques at vistas along Going-to-the-Sun Road, motorists can identify surrounding points of interest

Horseback riders deep in the heart of Glacier's back country cross the Belly River as it leaves Elizabeth Lake. On the more than 1,000 miles of well kept trails in the park, visitors who want a taste of pack-trip life or of hiking can get a guided tour of a few days or even weeks in this pleasant wilderness



Past the emerald waters of St. Mary Lake and the wild-flower beds that line the route, Going-to-the-Sun Road climbs around mountain walls on its way to the top of the Continental Divide

**By LEWIS P. KEIM and  
BILL BROWNING**











# the beautiful destroyer

By FRANK BENNETT

**Alluring, talked-about — Margot was  
an exciting new experience to Jule.**

**But what would this mean to Vera Mae?**

**W**HEN Jule awoke from his afternoon nap, he had no premonition that the present happily accepted pattern of his life would be altered before he slept again—and finally destroyed. His first thought was, "I feel stronger than I've felt for a long time!" Then, lying there, not quite ready to put forth any effort to move, he thought of Vera Mae, the girl who was to become his wife as soon as he grew strong and well. In fact, had it not been for his sudden and almost fatal illness, they would now be married. A wholesome even-tempered girl, Vera Mae had grown up on the neighboring farm, and she loved the land and the sun and rain as he loved them. Now she worked in old Dr. McKay's office in the village and was saving her money to buy the things she wanted for their marriage.

Smiling, Jule got up and went down to the kitchen. He stood in the doorway and watched his mother breaking eggs into a bowl, and he thought how [To page 78]

"There's something in my sandal," Margot said. Her fingers seemed to burn Jule's flesh; he felt a rush of blood through his body

ILLUSTRATED BY RICHARD HOOK









# NOT THE INTERFERING KIND

By DORIS HUME

**Marian had steadfastly kept out of  
her married daughter's life.**

**Could this, too, create problems?**

**T**HE plane was slanting into the Fort Worth airport, and such excitement filled Marian that her heart beat against the base of her throat. She was about to see her own, *her very own!* Actually she was on her way to Hawaii, and that sounded glamorous and gay. Still, the living kernel of her trip was this stopover at Fort Worth with Jean and Brad.

Marian adjusted her periwinkle-blue scrap of a hat on her short, beautifully coifed gray hair, drawing comfort from the knowledge that her suit was right and her accessories perfect, that she was still slender and young-looking at 54. She wanted Jean to be proud of her.

When Jean had married Brad Teller, when Jerry had not returned from Korea, when the doctor had told Marian, "Mrs. Devaux, you have to find a place without these cold winters," some friend had said each time, "Well, I expect it will be Fort Worth for you, Marian, so you can be near Jean." More than anything, that was what Marian wanted. But long ago she had told herself, "I'll never live with my children or interfere in their lives." For Marian's own mother had almost ruined Marian's marriage that way—meaning well, but in and out at any hour of the day, suggesting here, faultfinding there, till [To page 74]

ILLUSTRATED BY TOM DUNN

Marian heard Jean's words.  
"No, Brad, I won't ask her.  
Not in a hundred years. You're  
not to say a word . . ."



# *Where the heart is*

Martha's heart was torn by the expression in the child's eyes—it was a look of such wonder and pain and love. "She wants me," Patty said ecstatically. "My mother wants me!"







**Martha felt that Patty was her own child, but mightn't the girl choose the glamorous Louise, her real mother?**

**By VIVIAN FIELDS**

**M**ARTHA, who usually felt things in her bones, was caught completely unawares by the letter.

After George had left for work, she and Patty had quickly got the dishes out of the way, made the beds, and tidied the living room. Then Patty was off for school and Martha absent-mindedly returned the girl's kiss while planning her shopping.

Her market basket on her arm, she had paused by the fence to wait for the mailman who was just rounding the corner.

"Letter from New York," he had said, handing her a small pile of mail.

"Morning, Sam. Thanks," Martha had turned the letter over, though she knew the handwriting—knew whom it was from. She had dropped the mail to the bottom of her basket and gone on to the market.

As she walked, she thought of Louise and her duty letters. There would be a forced cheerfulness about this one, an account of what radio program she was now with, or what stage show. Then Louise would ask how they were, how her little girl was getting along, say she would like to visit, but . . . and there would be a \$10 bill enclosed, or maybe \$20.

Martha always resented the letters, but Patty would be wild with excitement, reading them over and over and talking for days about her mother, who was "a great actress in New York City." The money was always used for some luxury that George and Martha couldn't otherwise afford for Patty.

Later, when Martha was home again, she'd sat down near the kitchen window and impatiently ripped open the envelope. After she had read the letter, she sat staring at the floor till the ticking of the clock made her glance up quickly, shake her head, and reread it:

*Dear Martha—It's been a long time since my last letter and lots of important things have happened to me. I got married in February to a wonderful man. His name is Henry Parkinson and he owns a factory that makes luggage. We have a large apartment on Central Park South and we're renting a house in the country for summers.*

*Martha, I hope this won't disturb you and George too much, but now that I'm living a normal kind of life and can take care of her, I'd like Patty (To page 87)*

ILLUSTRATED BY MAXINE MCCAFFREY





Who would think of having a merry-go-round party without providing a balloon toss? Here Kathryn Murray does the tossing in the spacious living room of her daughter and

son-in-law (Phyllis and Edward McDowell Jr.) while her grandchildren and their friends have the fun of catching. Children also have turns tossing, and take balloons home

## GALA PARTIES FOR YOUNGSTERS

To tune of "Here We Go Round the Mulberry Bush," party guests play "Here We Go Round the Merry-go-round," imitating different animals in follow-the-leader fashion.

Animal antics are no trick at all for agile Kathryn Murray. Joining every game, much to the youngsters' delight, she sees that each child has turns, gets fair share of favors







Who wants a feather to decorate a plastic-clay animal? Kathryn Murray with grandson Philip Heimlich and grand-

daughter Megadair McDowell, directly opposite; granddaughters Kathryn and Martha McDowell in pert plaid dresses

## KATHRYN MURRAY gives a merry-go-round party

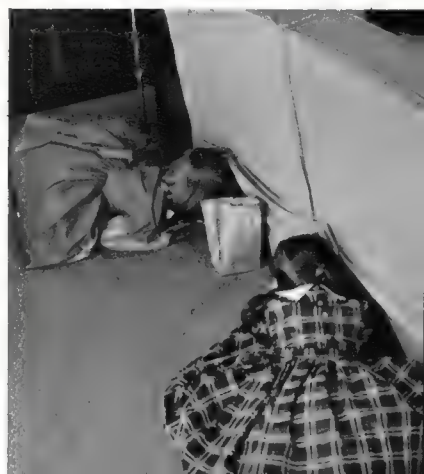
**W**HEN vivacious, energetic Kathryn Murray gave a merry-go-round party for four of her grandchildren and an equal number of their friends, she put as much zest into it as she does into hostessing a tv party program. Kathryn, who leads a busy life helping her husband run the Arthur Murray Dance Studios, says a successful party can be simple to arrange. Her daughter Phyllis (Mrs. Edward McDowell Jr.)—delighted that her three little girls, her small nephew, and their young friends were having a party at which she would have nothing to do—gave

Grandmother Murray full charge of her Connecticut home and relaxed for the afternoon. The party ran from 3:30 to six and included an early supper.

Remembering her teacher-training courses at Newark State Normal School, Kathryn planned activities that appealed to her three- to seven-year-old guests. Party opener (*see picture directly above*) was a surefire hit. Children made merry-go-round animals with colored plastic clay and decorated them with bright feathers. Other party activities are pictured on these and the next two pages.

Under sofas and chairs, behind pillows, on tables, and beside furniture legs, hidden treasure (\$2 worth of bright

new pennies) waits to be discovered. Children are keen on this racy activity, and like the brown paper bags for loot





# **KATHRYN MURRAY gives a merry-go- round party**

*(Continued)*



After the treasure hunt, children count pennies, with Kathryn helping the smallest ones and supplying merry-go-round-the-world banks for youngsters to drop pennies into. Banks are taken home



Before refreshments Kathryn reads a story, then adds one of her own invented on the spot. Children's faces show plainly how Kathryn's tale captures her young audience

Paper hats, gold circus cages on wheels with an animal cracker riding atop tiny candies, a gay carousel cake, and vanilla ice cream in small paper cups provide traditional party ending





## GALA PARTIES FOR YOUNGSTERS

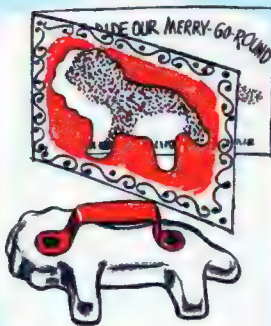


A true man, grandson Philip goes for a fried chicken leg served with potato chips, carrot sticks, and apple slices. His big blue eyes show real appreciation of thoughtful planning



Party ends on a laughing note as each child receives a funny-face door prize. Kathryn Murray helps try a big nose on granddaughter Martha

## Family Circle's party pointers



### Merry-go-round Party Invitations

—Cut light-color construction paper and fold in half to fit envelope. On the front side of folder trace pattern using an animal cookie cutter; decorate space around animal shape with bright crayons; cut out animal shape. Using the front side of folder as a stencil, trace the animal shape onto the inside with pencil; spread inside shape thickly with household waterproof glue and sprinkle with assorted nonpareils. On same page print invitation with host's name and address and date and hours of the party.

**K**ATHRYN MURRAY's party for three- to seven-year-olds was an enormous success because it was planned on the following tried-and-true principles: (1) There were only eight guests—a group small enough to be manageable. (2) The party program met the interests of the age group. (3) Plans were made to the last detail so there would be plenty to do, with quiet activities alternating with noisy ones. (4) Only one grownup was in charge, and the children responded to her leadership. (5) The party included a simple supper with no munching beforehand so that there was no chance of a meal's being skipped. (6) There were ample prizes for everyone, without competition, and plenty of that delight of childhood—take-home favors. (7) For comfortable free play, party rooms had been cleared of breakable objects. (8) Games were traditional ones that children never tire of repeating.

**Party favors** — Make a batch of fudge and pour into a rectangular pan; press animal crackers on surface before fudge sets, spacing evenly. Cool and cut fudge with an animal cracker on each piece. Use a small rectangular box; place lid on back; punch four holes near edge of front; decorate outside of box with crayons; stand a piece of fudge in box; insert pipe cleaners in holes to make barred cage for place card and take-home favor.



**I**F your children are old enough to do so, let them have a hand in planning party events and preparing food and favors. This may take longer than if you do everything, but children get so much out of this it is worth a mother's time. To get the party off to a successful start, plan a group activity that you are sure all the guests will enjoy. Set the opening and ending time of the party clearly, so that the little guests' parents will be sure to call for them on time. Youngsters are usually excited and tired at the party's end and tend to "go wild" if they have to wait to be picked up.

**T**O spark your children's party with imaginative games and dramatic play, order FAMILY CIRCLE's Animal Masks for Party Fun and FAMILY CIRCLE's Clown Make-up Kit. The set of six three-dimensional paper-sculpture animal masks includes a rabbit, fox, raccoon, bunny, lamb, cat, and dog mask. The Clown Make-up Kit contains enough harmless-ingredient grease paint in red, blue, black, and clown white for six complete make-ups; an instruction folder makes it easy for youngsters to re-create their favorite big-top idol. Send \$1 for each mask set; 50c for one clown kit or \$1 for 3 clown kits to FAMILY CIRCLE, Dept. WJ, Box 1379, New York 17, New York.





Even though they come late in the afternoon, party guests get into pajamas right away. Plus sleeping togs, the girls

bring bedroom slippers, toiletries, towels, washcloths, fresh underclothes, and—for conversation—some pet possessions



Boys in school class threatened to crash girls' party but compromise with numerous phone calls

**Everyone**

## **GALA PARTIES FOR YOUNGSTERS**



Classic pillow fight gets under way on this night of nights when jumping on the bed is permitted. First one off the bed is loser



Sleep at last on fold-up cots and makeshift sofa-pillow beds with sheets, blankets, and cushions plus brought-along animals to snuggle





Girls load plates with tuna salad or roast beef, potato and carrot sticks. Also on the menu: Lemonade and ice cream



After supper guests compare black crust on marshmallows achieved by mastering the fine art of burning and blowing

## loves a slumber party

**W**HEN Kathy Kamen, nine, cut out invitations in the shape of pajamas, her mother knew the long-time promise of a slumber party would have to be kept. The nine girls in Kathy's class received bids and immediately started packing overnight bags. Two other friends heard of the party and wanted in. Kathy's two preschool brothers refused to relinquish their large room unless each could invite a friend for the night. Total number of sleep-over children in this Long Island, New York, home: 16.

Kathy made the menu, shopped for the food and pre-

pared it, and had the foresight to cajole an older girl who lives next door to join the throng, help serve supper, and render other invaluable aid.

Beauty-shop play, musical sessions with recorders, and talk fests made time fly. Kathy's mother took the photographs shown here. Kathy's father's contribution came next day; he returned to the owners: 1 pair pajamas, 1 pair slippers, 5 pairs socks, 2 undershirts, 1 set Elvis Presley photographs, 2 pairs gloves, 1 towel. (Not one stuffed animal [brought by some guests] had been forgotten.)

The morning after! Oh, well—there are always 364 days in the year to go to bed early and get up with the sun





If I could tell a woman one thing about

# Charm

Six beauty specialists speak their minds—

from a blunt "don't" through subtle and daring "do's"

**SAMUEL GOLDWYN**—Be yourself. A woman's greatest charm comes from her sincerity—her lack of pretense. That is why I say, "Search out your own best points—of character, of knowledge, of personal appearance—and cultivate them to the hilt. Use every bit of help that modern living provides, but do not try to be an imitation—even a close one—of the latest movie queen or cover girl. Your own charm comes from the qualities within yourself—not from someone else's face, figure, hairdo, or neckline. And remember that in simplicity there is greatness—and great charm."

**LILLY DACHÉ**—Always emphasize and cherish your femininity. God made woman to be the opposite and complement of man, not a faint facsimile. Womanliness is your greatest gift; in it lies your power of attraction for everybody—your framework of individuality. Basic to true femininity is a lack of aggressiveness, a capacity for romance, gentleness, and kindness. These are the qualities you can best give to your home, your community, and even to the business world. Though genuine femininity—and glamour—come from within, these qualities are expressed on the surface by an attractive make-up . . . lovely hair . . . neat, clean, pretty, and fragrant garments . . . a soft voice.

**FRED ASTAIRE**—I would try tactfully to caution the lady against talking too much and with a too intellectual

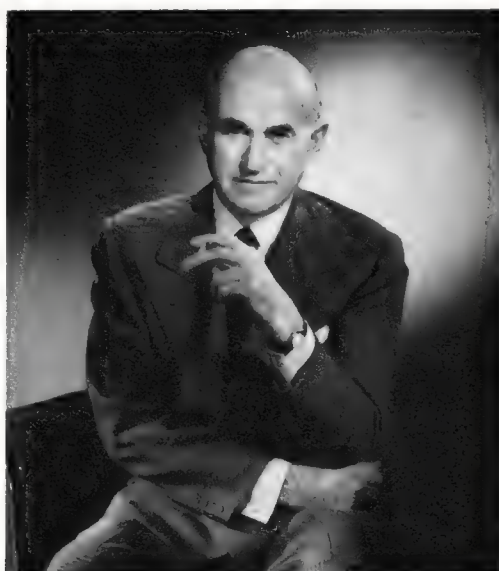
approach. It may be amusing or even fascinating at first, and a man is likely to say to himself, "I'll just let her shoot her mouth off for a while. Whether she knows what she's talking about or not—she's amusing." But soon the charm begins to diminish as she is obviously being snowed under by her own efforts to, shall we say, "pour it on."

**HELENA RUBINSTEIN**—Be natural. Natural in your manner, in your speech, and above all in every detail of your personal grooming and make-up. Charm, after all, is a combination of your looks, mind, and spirit. Your enthusiasm must be natural and spontaneous, not affected, and your interest in other people sincere and warm. Use make-up to make you look *naturally* pretty; don't overplay color but use it to bring out the sparkle of your eyes and the color of your lips and cheeks. Study your features and wear a hair style suited to them. Choose clothes that look natural on you, suit your kind of life. Self-consciousness kills charm; you can forget yourself if you're natural.

**CANDY JONES**—To me a charming woman must be a healthy woman—one who has made the most of her physical and mental possibilities and who projects good will to all who know her. Perfect posture is a good health helpmate. It allows your clothing to do the things it was designed to accomplish. Good posture helps prevent fatigue, double chins, midriff bulges, and an ungroomed look. A clear radiant complexion is indicative of good health. Personal top-to-toe cleanliness and frequent facial "beauty washings" help you acquire a flawless skin. Beauty-building foods—high in protein and vitamins A and C—are essential to your daily diet. A healthy mind in a sound body belongs to a charming woman. Her smile wins smiles; she can listen as well as talk; her voice is pleasing; her vocabulary is not limited to hackneyed phrases . . . you are aware of her confidence and poise but not overpowered by them. Her healthy mental attitude displays her love of life and people—and her personal pride.

**HARRY CONOVER**—I would say, "Make your charm a *habit*." The *habit* of vocal charm doesn't require a genius I.Q. Practice does make perfect the *habit* of a smile in your voice and your facial expression. Although some men may dispute me, my ideally charming woman practices the *habit* of economy because she knows that economy is a great source of wealth, and who can deny that this habit is charming to men? Fashion-and-beauty practice for making herself a Believable Beauty becomes a daily *habit*. Although face and figure may not represent her fortune, the charming woman senses that it does offer a form of career and social security. The *habit* of relaxation provides serenity; the *habit* of time budgeting allows leisure. Any woman who can enchant her husband, inspire her children, and charm other women already possesses the *habit* of charm.

##



*Samuel Goldwyn*  
Motion-picture producer



*Lilly Dache'*

Fashion-and-beauty authority



*Candy Jones Conover*

TV actress and model

*Henry Conover*

Model-agency and model-school head



*Fred Astaire*

Dancing star of films



*Helena Rubinstein*

Beauty-and-charm authority



## Mardi Gras meal makers:

### Casseroles fit for a king

**A**ND, we'll add, fit for meat-and-potato men, too, for these dinners in one dish pack plenty of stick-to-the-ribs goodness. CASSEROLE REX, in the brass server, has pork chops slow-roasted fork-tender atop tasty rice-and-corn mix. JUBILEE BAKE, in the oval server, is amazingly simple hearty fare—potato patties from the freezer, canned meat and pineapple from the shelf. And so is SEA-FOOD SUPREME, in the tiny bowls, plus two more sure-to-please choices below.

By GRACE WHITE



**Bean Bake Royale** (above)—Old-fashioned beans and franks bubbling in tangy molasses sauce—what a combination! Here we show this favorite twosome surrounded with buttery biscuit-sticks, golden with corn meal, as a bonus

see **b**uyer's  
guide



**Confetti Scallop** (left)—Spoon deep into this bubbly-hot macaroni-beef dish to get its full goodness. Bargain tomatoes and tomato sauce give flavor richness; cabbage adds crispness; raisins and two cheeses are surprise extras





### CASSEROLE REX

*Bake at 350° for 1 hour . . . Makes 6 servings*

6 rib pork chops  
1 cup diced celery  
1 onion, chopped  
1 clove of garlic, minced  
1 can tomato soup  
1 cup water  
1 teaspoon salt  
1 teaspoon oregano  
1 bay leaf, crumbled

$\frac{1}{2}$  teaspoon dry mustard  
1 can (about 1 pound)  
okra  
1 can (about 1 pound)  
red kidney beans  
1 can (12 or 16 ounces)  
whole-kernel corn  
 $\frac{3}{4}$  cup sliced ripe olives  
1 cup raw rice

1. Brown pork chops in large frying pan; set aside.
2. Saute celery, onion, and garlic lightly in same pan; stir in soup, water, and seasonings; heat to boiling.
3. Combine with okra, beans, corn (with liquids from cans), olives, and rice in 8-cup baking dish; mix well; arrange pork chops in pinwheel on top; cover.
4. Bake in moderate oven (350°) about 1 hour, or until chops are done. (To make pork-chop "crown" as pictured, raise chops at bone end; garnish with parsley.)

For more casserole recipes,  
turn to page 58



## Mardi Gras meal makers:

### Salads and vegetables with



#### CARNIVAL SALAD

*Makes 6 servings*

- |                       |                               |
|-----------------------|-------------------------------|
| 1 cup raw rice        | 1 small onion, minced         |
| 4 slices bacon, diced | $\frac{1}{2}$ teaspoon salt   |
| 3 tablespoons vinegar | $\frac{1}{4}$ teaspoon pepper |
| 3 tablespoons water   | 3 hard-cooked eggs            |
| 2 teaspoons sugar     | 1 cup diced celery            |

1. Cook rice according to directions on label; drain.
2. Fry bacon until crisp; remove and save for topping; heat vinegar, water, and sugar with drippings in pan; pour over hot rice; stir in onion, salt, and pepper; keep hot over simmering water about 30 minutes.
3. Quarter hard-cooked eggs; save 6 wedges for topping; chop remaining and stir with diced celery into salad; spoon into heated serving dish; garnish with egg wedges, crisp bacon, and parsley, as pictured above.

#### SOUFFLEED SPINACH TIMBALES

*Bake at 300° about 45 minutes.*

*Makes 6 servings*

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| 1 package frozen<br>chopped spinach | $\frac{1}{2}$ cup chopped celery |
| 2 whole eggs                        | 2 pimientos, chopped             |
| 1 egg white (use yolk<br>for sauce) | 1 teaspoon salt                  |
| $1\frac{1}{2}$ cups milk            | Dash of cayenne                  |
|                                     | CREAMY MUSTARD<br>SAUCE          |

1. Cook spinach, following label directions; *drain well*.
2. Beat eggs and egg white slightly with fork; stir in milk, celery, pimientos, spinach, and seasonings.
3. Spoon into 6 six-ounce baking dishes; set in baking pan; pour in hot water almost to tops of dishes.
4. Bake in slow oven (300°) about 45 minutes, or until firm in center; serve hot with CREAMY MUSTARD SAUCE.



## a royal touch

**E**VEN in wintry February you can bring garden-fresh appeal to your table with bountiful canned and frozen foods. Look opposite at the double server of sweet green peas (ever try them with crisp water chestnuts?) and hot rice CARNIVAL SALAD for a spring-preview supper. We vote ONIONS CELESTE, in the bright-striped baker, the easiest, tastiest dish to make, with SOUFFLEED SPINACH TIMBALES a close second. Recipes for these, and the salad and vegetable choices below, begin here and continue on page 60.



Golden cheese-seasoned cereal patties, mashed beets with a surprise flavor, sprouts in a spicy butter sauce, and carrot slices sweetly glazed make this rainbow-bright main-dish platter. Or, if you wish, choose just one favorite to go with tonight's dinner



Bright hued and perky—see how inviting wintertime salads can be in our taste-teasing combinations of canned and frozen as well as fresh fruits and vegetables. In the merry-go-round display (starting at top, clockwise) are Avocado Surprise, Artichokes Piquant, Jewel Pears, Glitter Salad, Creole Lima Salad, Shredded Turnip Slaw. (Center) Cauliflower Parisienne

For more salad and vegetable recipes, turn to page 60



## Mardi Gras meal makers:

### Desserts to a



**H**ERE are pages to linger over if you are planning a party for the girls, a birthday celebration, or just want to let yourself go on a dessert binge—for each of these sweets is lusciously rich. For that special birthday, serve the queenly pink beauty at the right, below, with bright candles in place of the tiny rosebuds. Or, for an announcement party, hide the “news”—on a paper scroll—in one of the cakes. If you love chocolate, don’t miss the **PIERRETTE PIE** (*below, left*). It’s scrumptious, as are both the **PRALINE CREME** (*below*) and the dainty **PRINCESS SUNDAES** (*right, above*).

Recipes for these desserts begin on page 64



**Pierrette Pie**—A triple-layer wonder in a crisp walnut shell. First comes the richest chocolate imaginable; next is smooth creamy vanilla custard (it’s a mix); then sky-high over all swirl billows of whipped cream and semisweet-chocolate curls. Calorie-packed? Yes—and well worth it

**Praline Creme**—Make this dreamy dessert for Sunday dinner or double the recipe and spoon into a big mold for partytime serving. Flavor is a subtle blend of rich caramel and pecan. It’s so good plain or with whipped cream



see **b**uyer's  
guide



## queen's taste

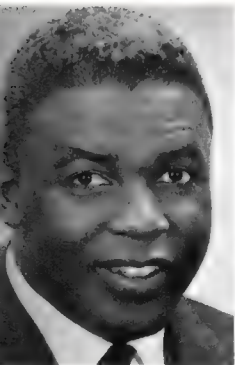
**Princess Sundaes**—Budget elegance sure to impress—that's this dessert. Make the fragile lacelike cooky shells ahead; fill with little ice-cream balls; then serve the heated cherry-peach sauce at the table



### Mardi-Gras-Queen's Cake







JACKIE ROBINSON



JOAN CRAWFORD



BILLY GRAHAM



MARGARET CHASE SMITH



ERLE STANLEY GARDNER

# THE DAY I CRIED

As told to MORT WEISINGER

**T**HERE are, according to psychiatrists, more than 270 different emotions that can move us to tears. Not all weeping is triggered by unhappiness. We weep for joy as well as for grief, for pride and for shame, in triumph and in defeat.

For example, radium-discoverer Marie Curie sobbed tears of gratitude when she visited the United States and received \$1,000,000 from the American public. The gift enabled her to buy enough of the rare element to investigate its therapeutic uses. Actress Irene Dunne shed real non-Hollywood tears when President Eisenhower appointed her to an office with the United Nations. And Althea Gibson, the tennis champion, wept with pride when Queen Elizabeth shook hands with her in the royal box at Wimbledon.

Some of us are moved to tears by the purely beautiful. When Charles Laughton visited the University of North Carolina to give a reading, he went walking through the Chapel Hill flower gardens. Coming suddenly upon a bank of massed daffodils and narcissuses, he burst into tears. Other people have wept on first seeing the Grand Canyon, or a masterpiece of art in a museum, or hearing the perfection of a Mozart sonata.

It is not unusual for strong men to cry. Warlike Alexander the Great wept so often from battle stress that he would be called a crybaby by modern standards. Scipio spoke highly of the "gracious gift of tears." Abraham Lincoln was outspokenly proud of his ability to weep for relief or in sympathy. And our own General William F. Dean washed away, with unashamed weeping, his years of humiliation and despair in a North Korean prison.

A thick portfolio in the files of a leading picture-service agency, indexed *WEeping VIPS*, actually contains more pictures of misty-eyed males than sob sisters. Among the shots in this gallery of grief are bulldog-jawed John L. Lewis, crying on the occasion of taking his mineworkers out of the CIO; Arthur Godfrey blubbering while saying an emo-

tional farewell to his star singer Julius LaRosa, after having impulsively fired him on the air; hard-boiled General George S. Patton, weeping at a testimonial dinner in Boston, after a European victory. Recent acquisitions are photographs of Boris Morros, weeping in relief at a press conference because the FBI had finally allowed him to confess his role as an undercover agent for the United States; and Mickey Mantle, shown sobbing in the Yankee Stadium locker room, heartbroken because injuries had benched him during the last World Series.

Students of the anatomy of tears maintain that crying jags are good for you—that to dam your feelings can cause you physical trouble. Says Dr. Walter C. Alvarez of the Mayo Clinic: "Deep emotion that has no vent in tears makes the other organs weep instead, thus upsetting glandular balances. Repressed grief, rage, or irritation causes profound chemical changes, wreaks havoc with your nerves, and makes your body ill. Crippling migraines, high blood pressure, disorders of the digestive tract, and a host of vague but neurosthenic reactions result from not opening nature's safety valve when you need to."

There is a saying, "Laugh, and the world laughs with you; cry, and you cry alone." To refute this old saw, *FAMILY CIRCLE* brings you this symposium of poignant moments in the lives of 10 prominent Americans:

## **Margaret Chase Smith, United States senator from Maine:**

There have been many times when I have cried—not in public, but behind the scenes. For a United States senator there's lots of glory and prestige and limelight that the public sees. But there's just as much grief and harassment and discouragement that the public doesn't see.

I have cried from grief. I have cried from joy. I have cried from a deep feeling of gratitude. Back on June 21, 1954, I cried for such a reason. I had been through an extremely nasty primary campaign for renomination, in which my opponent had made shocking charges against





MIMI BENZELL



DAVE GARROWAY



JINX FALKENBURG MCCRARY



MEL ALLEN



KATE SMITH

**These 10 well known men and women describe  
a significant day in their lives when—for reasons,  
and in circumstances, of great range—they cried**

me. That night the election returns came in, and the people of Maine—by a five-to-one margin—expressed their faith in me. I cried from deep gratitude that the people I represent and serve had made such a tremendous expression for me.

**Jackie Robinson, famous baseball star:**

It was the last day of the Little World Series in Montreal in 1946. We had just won the series, and I was in the clubhouse whooping it up with the other fellows when I heard hollering and screaming outside. I went out to investigate, and the next thing I knew the fans picked me up and carried me all over the field. They did the same thing to Clay Hopper and Curt Davis.

Everybody knew that my wife and I were to leave Montreal that night for home, but they wouldn't let us go. They blocked all the exits, and the only way I could get out was to have someone escort my wife to a cab—and I would try to catch the cab farther down the street. Finally I broke loose from the crowd and caught the cab on the run. Then I broke down and cried, because I realized—for the first time I could remember—a Negro was being chased by a mob because of love rather than hate.

**Joan Crawford, motion-picture star:**

The day I cried did not come, as one might imagine, in the early days of my career when I was fighting to achieve some sort of security in films. It occurred—and I say it without shame—in my full maturity, less than two years ago. Although the tears were late to arrive, I suppose the springs from which they rose had their source deep in the past.

In my early professional days I made many pictures for the old Metro studios. All these pictures were a variation on the theme of love. In order to be any kind of actress, I had to have conviction in my roles. It may seem strange for me to say I was naive in matters of the heart, but what I knew of the thing recognized as "love" were the glamorized stories in which a girl and a man go through a series

of incidents designed to keep them apart until the final reel, when they dissolve into a roseate glow.

I believed these stories. So I made romantic mistakes—many mistakes. I had not yet discovered that life isn't a motion-picture story.

The day I cried—May 10, 1956—was the first anniversary of my marriage to Alfred Steele. That morning, as I contemplated the year that had passed, the truth came to me that at long last I was married to a real man, not a fictional creation. I was living a real love story. At last I was receiving love as well as giving it. I broke down and wept tears of sheer joy and gratitude.

And I'll never cry again—unless one morning I waken to find that I have failed to appreciate or recognize the joys, the blessings, and the love that I now possess.

**Billy Graham, famous evangelist:**

It was July 20, 1957, and I was scheduled to lead a crusade meeting at New York's Yankee Stadium. Naturally I was hoping for a record attendance. But this was the hottest day of the year. I arrived at the Stadium about 4:30 and went into Casey Stengel's office to await the arrival of Vice President Richard Nixon. Jim Thomson, the manager of the Stadium, came in and said he doubted if we would have 50,000 people. Many were predicting under 40,000. I was prepared to preach to a half-empty Stadium. So when we walked out on the field and saw 100,000 people, I could hardly believe my eyes. Tears welled up and obliterated the scene for a moment. As we walked to the platform, I bowed my head and said, "Thank Thee, Lord. This is Thy doing."

**Dave Garroway, host of NBC-TV's "Today" show, star of NBC-TV's "Wide, Wide World," and of NBC-Radio's "Monitor:"**

The day I cried was a cool clear day in October, 1957. I turned on the radio in my little Long Island [To page 71]





(Above) View of living room from dining area of Modern-Flex home shows how short-of-ceiling-partitioning wall with its built-in shelves divides upper level of the open-plan house. On other side of shelved wall is entry-dinette-kitchen-lavatory

area. (Below) Opposite end of the living room. Mrs. James Rhodes and daughter Debra love the open-air look of the room, achieved largely with sparsely-adorned white walls. Stairs, beyond dining table, lead to lower-level family room





# Look what's happening to prefabs!

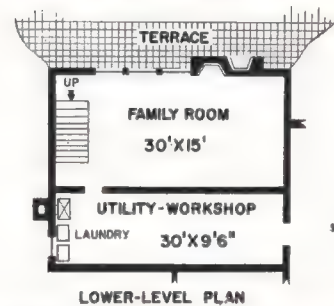
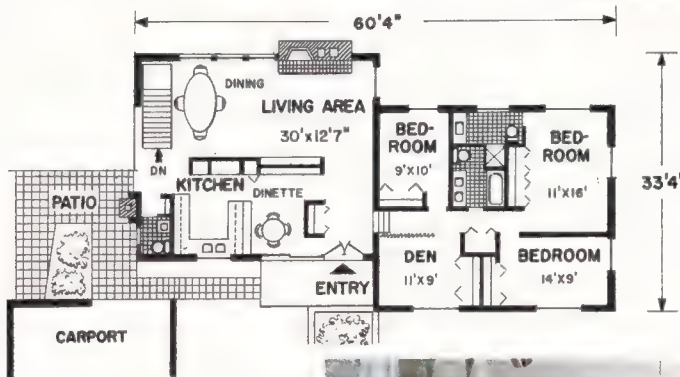
By EVAN FRANCES and JOSEPH B. MASON

**W**ILL you ever forget Baby's first faltering steps and how excited you became? Well, that's how it was with house-hungry folks at their first sight of a postwar prefabricated home. No matter that its various parts had been mass-produced by assembly-line methods, the assembled house meant home—immediately available and low-priced—to thousands of just-married and together-at-last couples who yearned for warm family living after the lonely war years. And so the postwar prefab, humble and unimaginative as it was, was gobbled up eagerly.

But like Baby who grew steadily into his first manful strides, the prefab grew up . . . and out . . . and bigger . . . and handsomer, until today it can look as individual and as important as the best custom-designed home. Take for example the impressive prefab shown on these pages. Based on an original design scheme of the famous architect Minoru Yamasaki, manufactured by the Modern Homes Corpora-



Double entry-door and large planter add luxury note to a prefab



see **b**uyer's  
**g**uide

Floor plan (above) shows upper level with 1,634 square feet of living space. Lower level (right) adds 600 more

Modern-Flex home furnished by Englander Furniture Shops, Detroit, in co-operation with Family Circle

Half of home's upper "living" unit includes, entry, dinette, kitchen, and lavatory. Wall facing these areas (which is other side of living-room wall) contains built-in shelves, a desk niche, and a wall oven





## Look what's happening to prefabs!

From page 53



Sleep-sofa, TV, built-in wardrobe (not shown), and wood folding door (right) make this bedroom-den ideal for teenagers or overnight guests



Brass-accented walnut pieces, elegant and suggestive of the Oriental, plus a dramatic color combination of fabrics, set off this master bedroom



see **b**uyer's  
guide

Danish-modern furniture, rich in graining and finish and small in scale, lends size and stature to a second bedroom, sparked with colorful accessories



Co-ordinated wall-paper and bed-spread fabric in gay print are fine foils for uncompromisingly clean-lined dark walnut bedroom pieces

tion of Dearborn, Michigan, and built in Livonia, Michigan, in 60 days by Slavik Builders of Detroit, it is as far a cry from the die-cut rigid prefab of yesteryear as Baby's toddling is from his sure-footed sprints for the school bus these days.

Here is a prefab with built-in flexibility in its concept, the purpose of which is to let you help plan your own home to suit your family's needs and way of living. Yamasaki's system recognizes two centers of family life—one for living, the other for sleeping. These units are separate, but positioned for easy interconnection to form a complete core for daytime and nighttime use.

In the Yamasaki-designed prefab shown here and on the two preceding pages, there is the "living" unit consisting of upper-level living room, dining area, kitchen, dinette (or under-Mom's-eyes play area), lower-level family room and laundry and utility-workshop. And then there is the "sleeping" unit consisting of bedrooms and baths.

The prefabricator of this home offers three basic living units and three basic sleeping units in different sizes to choose from and combine to give you any one of nine basic floor plans. These can be flipped left or right or back to front for an infinite variety of plans.

**A**RE there teen-agers in your family who want good-size bedrooms for sleep, study, hobbies, and overnight guests? And does your family like to gather for gabfests in the kitchen? Then you can choose a prefab home with four ample bedrooms in the sleeping unit combined with a minimum living room and maximum kitchen in the living unit.

Does your family do a heap of entertaining? Then you may decide on an arrangement with a maximum living unit coupled with a sleeping unit of minimum bedrooms.

What's more, you can have the units combined with full or half basement, lower living area, carport or garage, and patios . . . and arranged horizontally or vertically to take best advantage of your site, whether flat, sloping, narrow, or wide. Add these components—flexibility of floor plan . . . site plan . . . size . . . orientation—and it is easy to see why this kind of planning may be the answer to your prayer for a home-as-you-like-it at a reasonable price!

##





Family room makes this prefab truly a home for private lives. With its acoustical-tile ceiling and its placement in lower level (below "living" and away from "sleeping" unit of house), teen-agers like Jackie and Loretta Rhodes (above) could stage

a pajama party for the senior class without disturbing their napping little sister or their book-reading parents upstairs. (Below) Rear view of house. Upper and lower "living" areas are at the right of brick fireplace wall; sleeping unit is at left





## Pattern pretties to sew

**7046**—This easy-to-make dress is pretty enough for a party. The dress, bow sash, and panel for front can be made from remnants. In sizes 2-10. Included is a transfer for embroidering the rounded collar.

7046

7035

637

7092

7126

**7126**—Cool pinafore for the summer has bib-apron front with ruffles, and a full perky skirt. Sew a second version in huck, with huck-weaving trim. Pattern in sizes 2-8 contains directions for pinafore and chart to explain weaving.

**7035**—As an Easter surprise, why not make this bunny-and-flower-trimmed sun dress. Dress and panties have ruffles. Pattern in sizes 2-6 includes transfer, cutting charts, directions.

**637**—Petal stitch and chain loop in crochet make this charming small dress. Little shaping is required for the bodice; skirt is one straight piece. Sizes 2-6. Size 4 takes 6 balls of cotton.

**7092**—Sure to please a youngster is this gay sun dress. The neckline and whirly skirt are dotted with bright embroidery motifs. Sizes 2-10. The dress pattern includes transfers and directions.

### HOW TO ORDER

Send 25c (in coin) for each pattern to:  
Family Circle, Needlecraft Dept.,  
P.O. Box 162, Old Chelsea Station,  
New York 11, N. Y.  
(In the United States add 5c for each pattern if you want first-class mailing.)

In Canada:  
60 Front St. W., Toronto 2, Ont.

Send 25c more for the  
Needlecraft Catalogue.



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BULBS from  
GOLD  
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In the same sack with your free “Wonder Flower” coupon you’ll find the new, quick ‘n easy recipe for Betty Crocker’s delicious Streamlined Bread! Real old-fashioned, homemade-good bread — now streamlined for moderns! Mix in minutes, no kneading or shaping...foolproof with dependable Gold Medal “Kitchen-tested” Flour. It’s the “flower” of the wheat, better for everything you bake!

*Bake it Better  
with  
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specially marked  
Gold Medal sacks.

General  
Mills





## Casseroles fit for a king

From page 45

### SEA-FOOD SUPREME

*Bake at 300° about 30 minutes.  
Makes 4 servings*

- 1 can (about 6 ounces) king crab meat, drained, boned, and coarsely flaked
  - 1 can (about 5 ounces) shrimps, drained
  - 2 tablespoons bottled Italian-style salad dressing
  - 1 can frozen cream of shrimp soup
  - 1 cup whipping cream
  - 1 cup coarsely chopped water cress
  - ½ cup buttered soft bread crumbs
  - 2 tablespoons grated Parmesan cheese
  - ½ teaspoon paprika
1. Marinate crab meat and shrimps in salad dressing about 1 hour.
  2. Heat soup and cream in medium-size saucepan over low heat, stirring often, until soup melts; stir in crab-shrimp mixture.
  3. Layer with chopped water cress into 4 one-cup baking dishes; top with mixture of bread crumbs, Parmesan cheese, and paprika.
  4. Bake in slow oven (300°) about 30 minutes, or until bubbly-hot.

### JUBILEE BAKE

*Bake at 350° for 1½ hours.  
Makes 6 servings*

- 2 packages frozen potato patties
  - ¼ cup boiling water
  - 1 cup undiluted evaporated milk
  - ½ teaspoon salt
  - ¼ teaspoon liquid pepper seasoning
  - 1 cup (4 ounces) grated sharp Cheddar cheese
  - 1 can (12 ounces) pork luncheon meat, sliced
  - 1 can (9 ounces) pineapple tidbits
  - 1 tablespoon brown sugar
  - ½ teaspoon dry mustard
1. Place frozen patties in shallow 8-cup baking dish; pour boiling water over; cover.
  2. Bake in moderate oven (350°) 30 minutes; uncover; stir in evaporated milk, salt, and pepper seasoning; bake, uncovered, 30 minutes longer.
  3. Break up patties with fork to make a creamy base; sprinkle with grated cheese; top with meat slices.
  4. Drain juice from pineapple tidbits into small saucepan; stir in brown sugar and mustard; boil 5 minutes.
  5. Sprinkle fruit over meat slices; spoon hot sauce on top; bake 30 minutes longer, or until cheese melts and meat is glazed.

### CONFETTI SCALLOP

*Bake at 350° about 1 hour.  
Makes 8 servings*

- ½ pound macaroni spirals
  - 1 pound ground beef
  - 1 teaspoon salt
  - 1 teaspoon curry powder
  - ¼ teaspoon marjoram
  - 1 large onion, chopped (1 cup)
  - 4 cups chopped raw cabbage
  - 1 can (about 1 pound) tomatoes
  - 1 can (8 ounces) tomato sauce
  - 1 can (3 or 4 ounces) chopped mushrooms
  - 1 cup (¼ pound) grated sharp Cheddar cheese
  - ¼ cup seedless raisins
  - 4 thin slices Mozzarella cheese, cut in triangles
1. Cook macaroni, following label directions; drain; rinse with cold water; set aside for Step 3.
  2. Brown ground beef with salt, curry powder, and marjoram in medium-size frying pan, breaking up meat with fork as it cooks; add onion; cook 5 minutes longer.
  3. Combine meat mixture, macaroni, cabbage, tomatoes, tomato sauce, mushrooms, Cheddar cheese, and raisins in 12-cup baking dish; cover.
  4. Bake in moderate oven (350°) 1 hour; arrange Mozzarella cheese on top; bake 10 minutes longer.

### BEAN BAKE ROYALE

*Bake at 400° about 40 minutes.  
Makes 6 servings*

- 6 tablespoons molasses
  - 3 tablespoons prepared mustard
  - 2 tablespoons vinegar
  - 1 teaspoon instant minced onion
  - 3 cans (about 1 pound each) oven-baked beans
  - 1 pound frankfurters, cut in half
  - 1½ cups biscuit mix
  - ½ cup milk
  - 2 tablespoons melted butter or margarine
  - ⅓ cup corn meal
1. Combine molasses and mustard in measuring cup; spoon out 2 tablespoons for brushing franks; stir vinegar and onion into remainder.
  2. Empty beans into an 8-cup shallow baking dish; stir in molasses-onion mixture; arrange cut frankfurters in chevron design down middle; brush with part of molasses mixture.
  3. Bake in hot oven (400°) about 20 minutes, or until bubbly-hot.
  4. Blend biscuit mix with milk and follow label directions for rolled biscuits; shape into 16 two-inch-long rolls; dip in melted butter or margarine; roll in corn meal; place around edge of hot baking dish.
  5. Brush franks with remaining molasses mixture; bake 20 minutes longer, or until biscuits are done. ##

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# Something Different For Dinner?

## Try New Kind of Chop Suey

By  Alice Ling

A new canning discovery brings real Chop Suey and Chow Mein to your table as crisp and fresh as that served in the finest Chinese Restaurant. This new "quick-crisp" La Choy process asks only that you thicken the liquid from the can. In less than 5 minutes you can enjoy the best Chop Suey (or Chow Mein) you've ever eaten, using La Choy's Chop Suey Vegetables with Beef, or Chicken, or Mushrooms. A liberal serving costs 18¢.



### RECIPE:

Open new 34-ounce can and drain liquid into saucepan. Thicken with 4 tablespoons cornstarch. Allow to boil for one minute. Add contents of can. If dark Chop Suey is desired add one teaspoon La Choy Brown Gravy Sauce. Serve with La Choy Chow Mein Noodles as Chow Mein, with rice as Chop Suey. Flavor individual servings with La Choy Soy Sauce. Serves 4 to 6.

● **Do-It-Yourself** Chinese Dishes are fun to prepare and welcome menu changes. La Choy offers all the unusual ingredients, Water Chestnuts, Bean Sprouts, Bamboo Shoots, Soy Sauce, etc. Only the very finest quality in Chinese Foods comes from the spotless kitchens of La Choy.

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**La Choy** 

### FINEST CHINESE FOODS

- Chew Mein Noodles
- Brown Gravy Sauce
- Fancy Bean Sprouts
- Chop Suey Vegetables
- Chop Suey (Beef, Chicken, and Meatless)
- Soy Sauce

## Salads and vegetables

From page 47

### CREAMY MUSTARD SAUCE (For SOUFFLEED SPINACH TIMBALES)

Makes about  $\frac{3}{4}$  cup

Combine 3 tablespoons powdered cream, 2 teaspoons dry mustard,  $\frac{1}{4}$  teaspoon salt, and a dash of cayenne in small saucepan; stir in 1 egg yolk and  $\frac{1}{2}$  cup water; heat, stirring constantly, until sauce thickens slightly (do not boil). Stir into  $\frac{1}{2}$  cup mayonnaise or salad dressing.

### GREEN PEAS GARNI

Empty liquid from 2 cans (about 1 pound each) peas\* into medium-size saucepan; boil down until half the quantity remains. Add peas; season with 2 tablespoons butter or margarine, 1 tablespoon mint jelly, and  $\frac{1}{4}$  teaspoon salt; stir in 1 can (5 ounces) water chestnuts, thinly sliced. Heat to boiling; spoon into heated dish. Makes 6 servings.

\*Or cook 2 packages frozen peas, following label directions.

### ONIONS CELESTE

Bake at 350° about 30 minutes.

Makes 4 servings

2 tablespoons butter or margarine

2 large Bermuda onions, sliced and separated into rings

$\frac{1}{2}$  pound Swiss cheese, grated (2 cups)

$\frac{1}{4}$  teaspoon pepper

1 can cream of chicken soup

1 cup milk

8 slices buttered slightly dry French bread

1. Melt butter or margarine in large frying pan; add onions; cover; cook slowly over low heat, stirring often, 20 to 30 minutes, or until soft.
2. Spoon into 6-cup baking dish; spread grated cheese evenly over top; sprinkle with pepper.
3. Heat soup and milk in same frying pan, stirring constantly, until smooth; pour over onion-cheese layer; stir lightly with tip of knife to let sauce flow to bottom of baking dish; overlap bread slices in ring on top.
4. Bake in moderate oven (350°) about 30 minutes, or until bread is toasted and sauce is bubbly-hot.

### ARTICHOKES PIQUANT

Cook 2 packages frozen artichoke hearts just until tender, following label directions; drain. Place in shallow dish; marinate in a dressing of  $\frac{1}{4}$  cup salad oil or olive oil, 2 tablespoons vinegar, 1 finely chopped hard-cooked egg, 1 tablespoon parsley, 2 teaspoons

red pepper relish,  $\frac{1}{4}$  teaspoon sugar,  $\frac{1}{4}$  teaspoon salt, and a dash of pepper; chill. To serve, arrange artichokes on romaine leaves; spoon dressing over. Makes 6 servings.

### AVOCADO SURPRISE

Halve ripe avocados lengthwise; remove pits but do not peel. Fill centers with crumbled blue cheese; top with orange sections and green grapes; serve with your own or bottled thin French dressing.

### JEWEL PEARS

Drain syrup from 1 can (about 1 pound) pear halves (use some of syrup for dressing); arrange fruit on salad greens; top pears with cubes of canned jellied cranberry sauce; garnish with SESAME CHEESE BALLS; serve with TANGY FRUIT DRESSING.

**SESAME CHEESE BALLS**—Cream 1 package (3 or 4 ounces) cream cheese with 2 tablespoons blue cheese, 2 tablespoons minced dried beef, and a dash of cayenne. Form into marble-size balls; roll in sesame seeds; sprinkle lightly with paprika. Makes 12 to 15 balls.

**TANGY FRUIT DRESSING**—Thin  $\frac{1}{2}$  cup mayonnaise or salad dressing with 2 tablespoons canned pear juice; stir in 2 teaspoons lemon juice, and a few drops maraschino-cherry juice to tint dressing pale pink. Makes  $\frac{1}{2}$  cup.

### GLITTER SALAD

Makes 6 servings

- 1 envelope unflavored gelatin
- $\frac{1}{2}$  cup cold water
- 1 envelope chicken-noodle soup mix
- 1 cup boiling water
- 1 can (12 ounces) Mexican-style whole-kernel corn
- $\frac{1}{4}$  cup thinly sliced raw carrot
- 1 tablespoon grated onion
- 2 tablespoons vinegar
- 1 teaspoon prepared horseradish
- $\frac{1}{4}$  teaspoon Worcestershire sauce

1. Soften gelatin in cold water in measuring cup.
2. Stir soup mix into boiling water in medium-size saucepan; heat to boiling; stir in and dissolve softened gelatin.
3. Add remaining ingredients; chill until syrupy.
4. Spoon into 6 lightly oiled individual molds; chill several hours, or until firm; unmold on salad greens. (Our picture shows salads with radish-slice and parsley garnish.)

### CREOLE LIMA SALAD

Cook 1 package frozen Fordhook lima beans, following label directions; drain. While hot, marinate in mixture of 1 tablespoon salad oil, 1 tablespoon





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vinegar,  $\frac{1}{2}$  teaspoon sugar,  $\frac{1}{4}$  teaspoon dry mustard, and  $\frac{1}{8}$  teaspoon liquid pepper seasoning; chill. Stir in 6 thinly sliced radishes; 1 small mild onion, sliced and separated into rings; and  $\frac{1}{2}$  cup sliced celery; serve with a dressing made of equal parts mayonnaise or salad dressing and chili sauce. Makes 4 to 6 servings.

#### SHREDDED TURNIP SLAW

Shred enough pared raw yellow turnip to make 2 cups (about half a large turnip); mix in medium-size bowl with 3 tablespoons mayonnaise or salad dressing, 3 tablespoons sweet pickle relish, and 1 finely diced small red-skinned apple. Spoon into a crisp cabbage leaf; garnish with apple wedges and more dressing. Makes 4 servings.

#### CAULIFLOWER PARISIENNE

*Makes 6 servings*

- 1 small head fresh cauliflower
- 6 tablespoons bottled Italian-style salad dressing
- 1 package lemon-flavored gelatin
- 2 tablespoons vinegar
- 1 teaspoon prepared horseradish
- $\frac{1}{2}$  teaspoon onion salt

1. Cut all green leaves and stem from cauliflower; cook in small amount boiling salted water 15 minutes, or just until tender.

2. Drain carefully so as not to bruise flowerettes; set in pie plate; spoon salad dressing over; cool, basting often with dressing, then chill at least 2 hours.

3. Dissolve gelatin, following label directions; season with vinegar, horseradish, and onion salt; spoon a thin layer in bottom of lightly oiled 4- or 6-cup bowl (it should be big enough just to hold cauliflower head); chill gelatin layer until sticky-firm.

4. Drain marinated cauliflower well on paper towels; place, top down, on gelatin layer in bowl; spoon remaining gelatin over; chill until firm.

5. To serve, unmold; serve plain or with additional dressing. (Our picture on page 47 shows a sliced-carrot-and-ripe-olive garnish.)

#### MOLASSES-GLAZED CARROTS

Scrape 6 carrots and cut into  $\frac{1}{2}$ -inch diagonal slices; cook in small amount boiling salted water until tender; drain. Season with  $\frac{1}{4}$  cup molasses, 2 tablespoons butter or margarine, and a dash of mace; heat, turning often, until evenly glazed. Makes 6 servings.

#### HERB-BUTTERED SPROUTS

Cook 2 packages frozen Brussels sprouts, following label directions;

drain. Heat 2 tablespoons butter or margarine with 1 teaspoon vinegar, 2 whole cloves, and 1 small bay leaf just until bubbly-hot; remove herb and spice; spoon sauce over hot sprouts or serve separately. Makes 6 servings.

#### HOMINY-CHEESE PATTIES

Cook  $\frac{1}{2}$  cup hominy grits, following label directions. Stir in and melt  $\frac{1}{4}$  cup grated sharp Cheddar cheese; pour into buttered loaf pan, 9x5x3; chill until firm. Unmold; cut into  $\frac{1}{2}$ -inch-thick slices; dip in 1 slightly beaten egg, then in  $\frac{1}{4}$  cup flour; pan-fry in butter or margarine until golden. Makes 6 servings.

#### APPLE-BEETS

Drain liquid from 2 cans (about 1 pound each) sliced, diced, or shredded beets; heat to boiling in saucepan with  $\frac{1}{2}$  cup canned applesauce. Mash with potato masher; season with 2 tablespoons butter or margarine,  $\frac{1}{4}$  teaspoon salt, and a dash of pepper. Makes 6 servings. #

### TV personality

From page 13

Dody, an ingenuous pixy whose remarks generally come out funnier (and with more ambiguity) than she ever intends, has become the insomniac's Gracie Allen. Jolly Elsa's specialty, on the other hand, has been the pelting of sacred cows. With Paar sitting alongside (and often raising his eyes upward in supplication), she's lashed out against such customarily untouchable targets as a certain hat-happy Hollywood columnist and a leading television critic (whose own tv performance Elsa described as "disgracefully bad").

Paar's willingness to let other comedians (Jonathan Winters, Hans Conried, Louis Nye, *et al.*) share "Tonight's" spotlight is another point in his favor. Yet, despite the man's acknowledged honesty and fairness, he has virtually no close friends in show business.

A few minutes after each "Tonight" show a rented black limousine whisks him from the Manhattan studio to the Bronxville home he shares with his wife Miriam and their eight-year-old daughter Randy. He's not a man who likes to hang around the studio after hours to exchange a few wisecracks with the staff. "Sometimes," a Paar acquaintance told us the other day, "I get the feeling that if Jack didn't have to come into town for the show, he'd never see anyone but his wife and daughter. It's all a little bit frightening." #

FAMILY CIRCLE



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## Desserts to a queen's taste

From page 48

### PIERRETTE PIE

*Makes 1 nine-inch pie*

- 1 baked 9-inch WALNUT SHELL
- $\frac{1}{2}$  cup butter or margarine
- $\frac{3}{4}$  cup sugar
- 2 squares unsweetened chocolate, melted and cooled
- 1 teaspoon vanilla
- 2 eggs
- 1 package vanilla-flavor instant-pudding mix
- Milk
- 1 cup light cream
- $\frac{1}{4}$  teaspoon rum flavoring
- 1 cup whipping cream
- Chocolate curls

1. Make, bake, and cool 1 nine-inch WALNUT SHELL.
2. Cream butter or margarine in medium-size bowl; gradually add sugar, creaming well after each addition; stir in cooled melted chocolate and vanilla.
3. Beat in eggs *very well*, 1 at a time, until mixture is creamy-light (for each egg it will take about 5 minutes with a hand beater or about  $1\frac{1}{2}$  minutes at medium speed with an electric mixer); spoon mixture into baked pie shell; chill while making second layer.
4. Prepare pudding mix, following label directions (if package calls for 2 cups milk, use 1 cup milk and 1 cup light cream; if package calls for  $1\frac{1}{4}$  cups milk, use  $\frac{3}{4}$  cup milk and 1 cup light cream); add rum flavoring; spoon on top of chocolate layer of pie; chill 1 hour, or until firm.
5. To serve, beat whipping cream until stiff; swirl on top of pie; garnish with chocolate curls. (Use a sharp vegetable parer and shave curls in a long even motion from 1 square unsweetened chocolate. Be sure to have the chocolate at room temperature, for hard brittle pieces do not curl well.)

### WALNUT SHELL

*Bake at 450° about 10 minutes.  
Makes 1 nine-inch shell*

Crumble 1 stick ( $\frac{1}{2}$  package) piecrust mix in medium-size bowl; stir in  $\frac{1}{2}$  cup ground walnuts; add water, following label directions to make a stiff dough. Roll out and line a 9-inch pie plate; prick bottom and sides of shell with fork. (Reroll dough snippings; cut in  $\frac{1}{2}$ -inch-wide strips; twist strips and place around moistened rim of shell, if you wish.) Bake in very hot oven (450°) about 10 minutes, or until golden. Cool thoroughly on wire cake rack before filling.

## PRALINE CREME

*Makes 6 servings*

- $\frac{1}{2}$  cup granulated sugar
- $1\frac{1}{2}$  cups milk, scalded
- 2 egg yolks
- Pinch of salt
- 1 envelope unflavored gelatin
- 2 tablespoons cold water
- 2 egg whites, stiffly beaten
- $\frac{1}{2}$  cup coarsely chopped pecans
- 1 cup whipping cream
- 2 tablespoons confectioners' (powdered) sugar

1. Melt granulated sugar in small heavy saucepan *over low heat*, stirring constantly, until golden; *slowly* stir into scalded milk in medium-size pan (mixture will bubble); stir until sugar is dissolved.
2. Beat egg yolks with salt in small bowl; stir in about 1 cup hot sugar-milk mixture, then stir all back into saucepan; heat, stirring constantly, until slightly thick (do not boil).
3. Soften gelatin in cold water; dissolve in hot milk mixture; pour into a large bowl; cool 5 minutes; fold in egg whites, beaten stiff.
4. Place bowl in pan filled with ice cubes; chill, stirring often, until mixture begins to set; stir in pecans.
5. Whip cream with confectioners' (powdered) sugar until stiff in medium-size bowl; fold into gelatin mixture; pour into 6-cup mold; chill until firm. (For best unmolding, let it chill overnight.)
6. To serve, unmold on your prettiest platter. Our picture on page 48 shows it topped with additional whipped cream and halved pecans and wreathed with lemon leaves, canned apricot halves, and packaged sugar wafers. (This recipe doubles well for a big party; chill in a 12-cup mold.)

## PRINCESS SUNDAES

Fill HONEY LACE CRISPS with little balls of assorted ice cream (1 pint each vanilla, strawberry, and pistachio, as pictured on page 49, will fill about 12 shells); spoon heated PRINCESS SAUCE over. Makes about 12 servings.

### HONEY LACE CRISPS

*Bake at 375° for 6 to 8 minutes.  
Makes about 12 shells*

- 1 cup sifted flour
- $\frac{3}{4}$  cup sugar
- $\frac{1}{8}$  teaspoon salt
- $\frac{1}{2}$  cup strained honey
- $\frac{1}{2}$  cup butter or margarine
- $\frac{1}{2}$  teaspoon vanilla

1. Measure flour, sugar, and salt into sifter.
2. Heat honey in medium-size saucepan just to boiling; remove from heat; stir in and melt butter or margarine; add vanilla; sift and blend

FAMILY CIRCLE



in dry ingredients (batter will be thin).

3. Drop by level tablespoonfuls about 4 inches apart on well buttered cookie sheet. (Make only 3 rounds at a time for easier shaping after baking.)
4. Bake in moderate oven (375°) 6 to 8 minutes, or until golden-brown; cool 1 minute; remove with spatula; shape over a small glass or baby-food jar turned upside down to make little shells with flaring brims; let set to harden, then remove and cool on wire cake rack. (If cookies get too brittle to work with easily, return to oven for a minute to soften.)

#### PRINCESS SAUCE

*Makes about 12 servings*

Combine 1 can (about 1 pound each) pitted tart red or sweet dark cherries and sliced peaches with juices in medium-size saucepan; stir in  $\frac{1}{4}$  cup

sugar and 2 tablespoons cornstarch mixed together, 1 tablespoon lemon juice,  $\frac{1}{4}$  teaspoon grated fresh grapefruit peel, and  $\frac{1}{8}$  teaspoon crushed anise seeds. Heat, stirring often, until sauce thickens slightly and boils 3 minutes. Tint rich red with a few drops of food coloring, if you wish.

#### MARDI-GRAS-QUEEN'S CAKE

*Bake at 325° 1 hour for cake,  
20 minutes for cupcakes*

Prepare 1 package lemon-custard-flavor angel-cake mix, following label directions. Fill 6 paper-cup-lined muffin-pan cups  $\frac{2}{3}$  full with batter; spoon remaining into 1 ungreased 10-inch tube pan. Bake large cake in slow oven (325°) about 1 hour; cupcakes about 20 minutes, or until firm on top. Cool and remove large cake from pan, following label directions; cool cupcakes on wire cake rack; remove paper lin-

ers. Cut a small slice from top of each cupcake; scoop out a little cake; fill with ANGEL-ALMOND CREAM; replace top; frost all over with PINK FLUFF ICING. Slice large cake into 4 layers; put together with remaining ANGEL-ALMOND CREAM; frost top and sides with remaining PINK FLUFF ICING. Garnish center of large cake with sweetheart roses, little cakes with a single rosebud.

ANGEL-ALMOND CREAM—Stir  $\frac{1}{2}$  cup sifted confectioners' (powdered) sugar into 2 cups dairy sour cream in medium-size bowl; flavor with  $\frac{1}{2}$  teaspoon vanilla; fold in 1 cup coarsely chopped blanched almonds. Makes about  $2\frac{2}{3}$  cups filling.

PINK FLUFF ICING—Prepare 1 package fluffy white frosting mix, following label directions; flavor with  $\frac{1}{4}$  teaspoon almond extract; tint pale pink with red food coloring. ##

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## 52 miles to the sun

From page 28

architecture of man. It beckons those in search of high adventure and pristine beauty. And it is universally acclaimed one of the great paved highways of the world.

Going-to-the-Sun Road is opened for travel each June. On its east-to-west course it skirts the shores of beautiful lakes, winds through deep cedar forests carpeted with ferns, passes lofty plunging waterfalls and foaming cataracts, tunnels through cliffs and snowbanks, and climbs gently but steadily above the timber line, past meadows of alpine flowers that line the edges of glaciers, until it reaches the 6,664-foot pinnacle at Logan Pass, where, sometimes high above the clouds, it seems literally to be going to the sun.

On its western slope the highway clings precariously to the famed Garden Wall out of which it is carved. Yet the road is wide and safe, with a strong protective guardrail of stone and log-work constructed for miles along it.

**T**WO major motor approaches to Glacier—highways U.S. 2 and 89—connect with several transcontinental routes in both the United States and Canada. The Great Northern Railway serves both eastern and western entrances to the park during the summer-travel season. Arrangements can be made with Great Northern to rent a car for the drive over Going-to-the-Sun. The railway company also offers one- to five-day all-expense bus trips (stopovers are permitted) through the park, with overnight halts at hotels, lodges, motels, or cabin camps.

An early-morning drive out of East Glacier (Glacier Park station) brings the Going-to-the-Sun adventurer to St. Mary, where the official eastern entrance to Glacier National Park begins. Here a friendly park ranger checks you into one of nature's greatest scenic treats. He reminds you: No dogs unless leashed, no firearms, and, of course, "do not pick the flowers, and don't feed the bears." Then he sends you on your climb to the sun.

Within a quarter of a mile crystal-clear, trout-filled St. Mary River passes under the highway. In its mile-long course the river flows between upper and lower St. Mary Lakes. Little roads and trails weave their way down to the upper lake a few feet off the highway, where boating and fishing enthusiasts can interrupt their motor trip for a few carefree hours of sport.

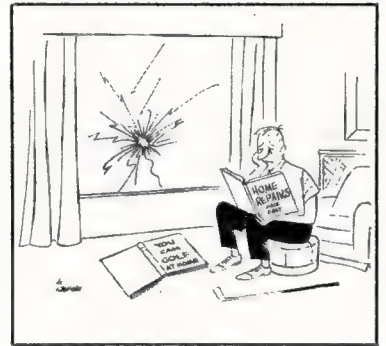
A panoramic curve parallels the 10-mile-long deep-blue lake, and then the ascent begins. At first the highway is nearly level with the water.

Then suddenly Going-to-the-Sun takes you upward on sweeping turns that climb from one vista to another, from each of which the lake appears farther and farther below, until its valley bed ends at the base of mountain walls.

Mountain formations extending far above the timber line are bald except for their crowns of snow. Their glacial beds glisten and melt infinitesimally in the sun's rays. These majestic mountain masses and living glaciers are the park's trade-marks.

A highway scene marker points out Triple Divide Peak, glistening-white in the sun. Water flows off it into any one of three great drainages: Eastward through the Mississippi system to the Gulf of Mexico; westward through the Columbia system to the Pacific; or northward through Canada to Hudson Bay.

Then the road lifts expectantly to the grandeur of 9,604-foot Going-to-the-Sun Mountain. The peak is sur-



rounded by an Indian legend that mothered the name of both the mountain and the highway. Long ago, according to this legend, great adversity visited the Blackfoot tribe. Gone was their glory in war, gone their skill and strength; famine held them. Troubled by the distress of his favorite people, the Great Spirit sent among them a warrior of immense stature, a chief who knew all things, to instruct them in the way they should live. Again they became a great people, regaining their dominance over all tribes. As quickly as he had come, the chief departed up the lofty slopes of a mountain to the west, and as he went, amid lightning and thunder, clouds of snow eddied about him. After the storm the sun blazed forth, and the Blackfeet saw that the snow on the mountain formed the profile of the great chief as he was going to the sun.

**V**IRGIN timber stands are gradually left behind as the highway climbs. Bear grass, the official flower of the park, and alpine shrubs become predominant in the creases of the canyons and dry creek bottoms between the towering peaks. Shining mountains now seem closer as autos wind among



and around them on the spectacular carved path of the road.

The highway makes easy switchbacks, crawls along precarious cliffs, and bores through a tunnel of rock. Looking back, you see the glacier-hewn St. Mary Valley. The white threads weaving through the green carpet below are the tumbling creeks that cascade off the mountain walls.

Stop the car often along Going-to-the-Sun. You will notice photographers wetting their appetites on the magnificent scenery. Other drivers are reaching into snowbanks for summertime snowballs, tempting scampering marmots and squirrels with titbits, or gazing to absorb the beauty and breathe its uncrowded freshness. Such is the bracing air that you can revel in shirt sleeves and not mind the snow-chilled breezes.

Just before reaching Logan Pass, you come upon Piegan Cirque, a steep-walled amphitheatre of nature's creation. It is the result of continued scooping and plucking by a glacier. Wild flowers grow in profusion everywhere you look—Indian paintbrush, shooting stars, glacier lilies, forget-me-nots, asters, dryads, heliotropes, heather, buttercups, and many others, some of them rare species.

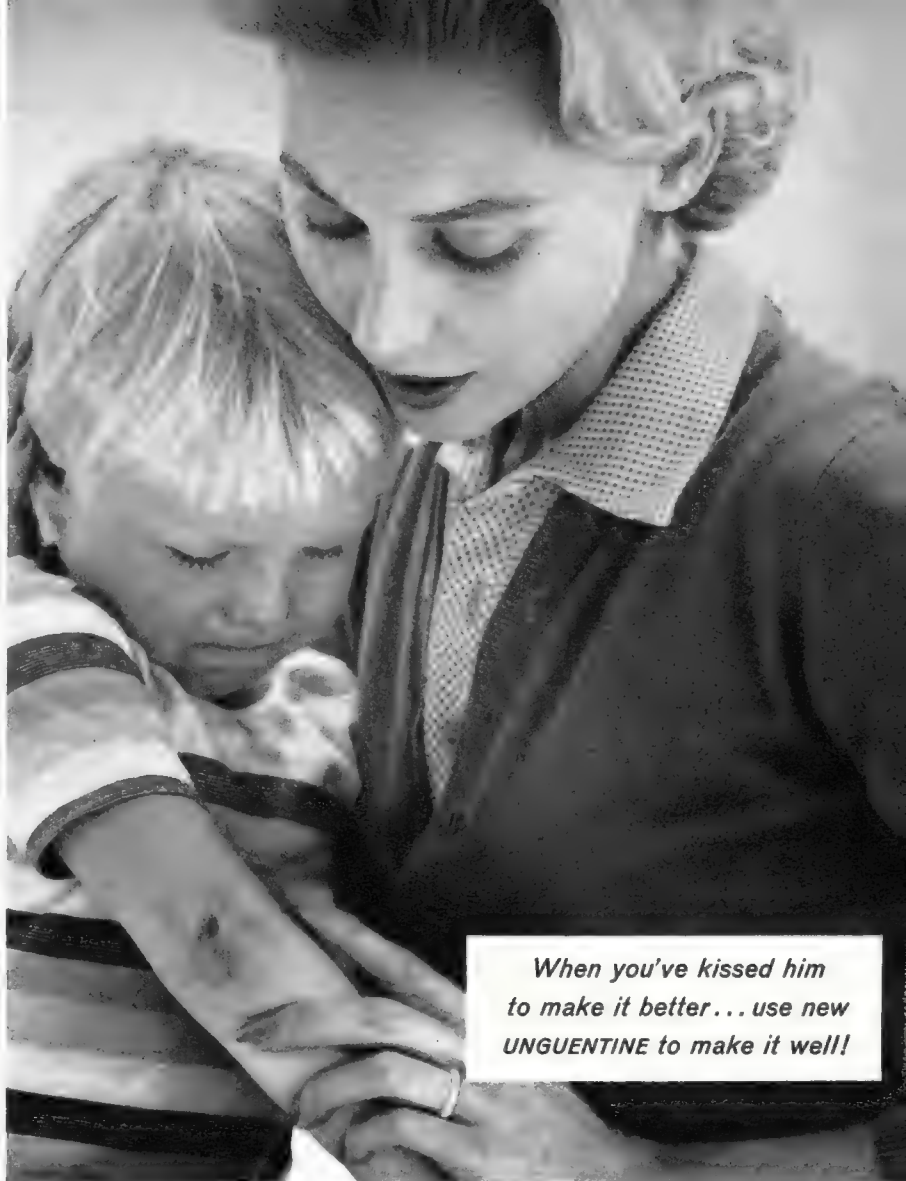
**A** FEW quick turns, and Going-to-the-Sun takes you astride Logan Pass, on the Continental Divide, that geographical line that separates the watersheds of the Atlantic and Pacific Oceans. Here you are atop a cradle in the sky-reaching peaks, and the beauty of the sprawling towering fastnesses of the Rocky Mountain range stretches before you in all directions.

This is one point in Glacier National Park where, thanks to the ample parking lot atop the pass, it is almost impossible to resist climbing from your car to hike along the paths and trails that wind through wild flowers and snowbanks and over trickling streams. The thin pure atmosphere is exhilarating.

Slip on your walking shoes and head for the rock moraine of the once-mighty Clements Glacier, only a mile and a half away. You'll come to the edge of a bluff, several hundred feet above the bluest waters imaginable, glistening and beckoning fishermen in a mountain-trapped basin. Stop at one of the many tiny cascading creeks. Cup your hands in the water, Indian style, and drink deeply. It's water as cold as that which floats icebergs, and it's as pure as water in the deepest artesian well.

Mountain goats can be seen by the naked eye climbing on the precipices. Ranger naturalists are on duty to give information and point out the many scenic features. Conducted trips through the Hanging Gardens and to

FEBRUARY 1958



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1. Relieves pain fast—never stings.
2. Attacks infection—speeds tissue repair.
3. Guards against reinfection far longer than creams or liquids.

New • Stainless

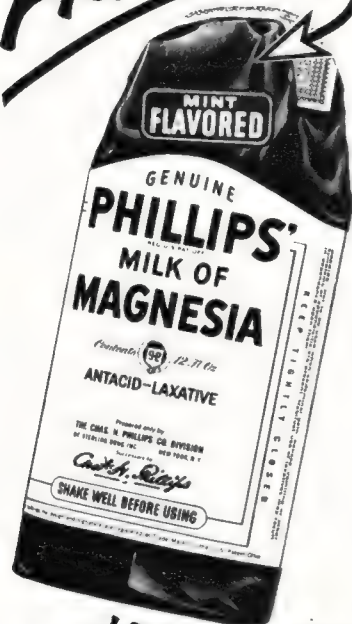


A real first-aid dressing for the whole family

A Norwich Product



**NOW-  
Flavored**



*At the  
same price as regular*

**NEW  
MINT-FLAVORED FORM  
TASTES WONDERFULLY  
CLEAN AND REFRESHING**

As a laxative, Phillips' gives more *complete* relief than preparations which act only on constipation. Phillips' is actually *more* than a laxative: It also relieves the acid indigestion which frequently accompanies constipation. Works leisurely, too—without embarrassing urgency. Taken with water at bedtime when necessary, Phillips' brings relief by morning, so you start your day feeling bright and refreshed.

As an antacid, Phillips' settles your stomach in seconds! Scientific tests show that—in just a matter of seconds—Phillips' neutralizes the excess stomach acids which cause upset stomach, gas, heartburn and other symptoms of acid indigestion. Phillips' works with remarkable speed because it is one of the fastest, most effective stomach acid neutralizers ever discovered.

**✓ Regular PHILLIPS'  
Milk of Magnesia  
continues unchanged!**

Hidden Lake are scheduled several times daily.

Hanging Gardens, between Mount Clements and Mount Oberlin, on top of the pass, is celebrated for its wealth of alpine flowers. Starting in early summer with mass displays of yellow glacier lilies, they give way later to a continuous succession of showy flowering species in a riot of color. Here was the great gathering field of glaciers that descended into both St. Mary and McDonald Valleys during the Ice Age, producing the unusual sculptured rock seen today.

**L**EAVING Logan Pass, Going-to-the-Sun Road starts its western descent toward Lake McDonald and West Glacier (Belton), 32 captivating miles away. The downgrade begins immediately along the flank of the Garden Wall, which is draped with alpine plant life and has been carved by the erosion of scores of streams, rushing in the spring, trickling in the late summer.

Wide vistas allow the motorist to peer over the wall into the beginning of McDonald Valley and down onto the highway below, where cars look like ants crawling a forested anthill.

Rounding the big hairpin bend where a tumbling creek descends in a

series of foaming cataracts, you see the Weeping Wall, over which water runs continuously. Looking back, you catch the grandeur of Logan Pass and Mount Oberlin.

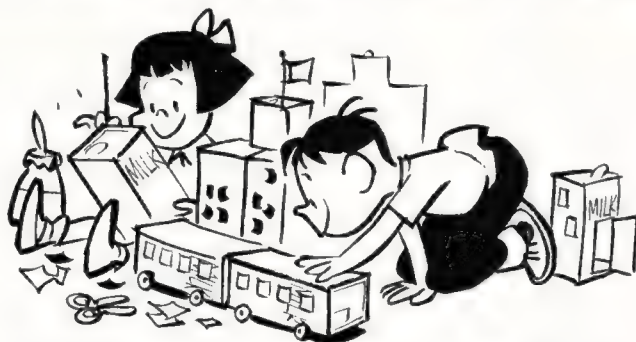
Circular structures on the rock half-way down the Garden Wall are believed to be the fossil remains of a concentration of single-cell plants associated together in colonies during the period when these rocks were being formed in an ancient inland sea, more than half a billion years ago.

Soon you reach the Loop, a section of the highway where the road reverses its direction of descent and in some places cuts under the road above. A tunnel chewed out of the Garden Wall offers the photographer an opening in which to frame Heavens Peak and its glacier beds across McDonald Valley.

Going-to-the-Sun Road drops into the lush moss-covered cedar-and-pine forest of this valley, and the steep grade is now behind you. The highway weaves ahead through beautiful virgin timberland with a fern-carpeted forest floor out of which an occasional brown bear lumbers, either to beg motorists for food he is not to get, or to demonstrate his aloofness toward man and machine.

Looking back at the Garden Wall, you see the road as a nearly horizontal

## How did YOU handle it?



### Dairy-carton contractors

**F**OR those bad-weather, shut-in days when my youngsters ask "What can we do now?," we save milk cartons (flat-top variety) in all sizes. After rinsing them with cold water, we stack and store them in a cool place. When other toys and games have lost their appeal, out come the cartons, and up go the forts, garages, houses, and police stations. The quart sizes are used for the main buildings; the pint and half-pint sizes make excellent chimneys, fences, ramparts, corrals, or guard towers. Turned lengthwise with pasted or cutout doors and windows, the

cartons become trucks, railway cars, and trailers. As they become dirty, we replace them. Most important, these building materials allow free play for vivid imaginations.—MRS. ROBERT M. DANIELSON, North Highlands, California.

• • •

**W**ILL you share your experiences in bringing up children? We will pay \$10 for each solution to a child-rearing problem that we publish. No contributions will be returned. Address "How Did You Handle It?," FAMILY CIRCLE, 25 W. 45th St., New York 36, New York. ##





## SWEET AS NEW PEAS IN THE POD

Because we rush Bel-air peas to our plant in the pod, on the vine—protected by nature's own package. Then, shell quickly into cool, running water . . . package and freeze. Not one sweet moment of flavor is lost.

**YOU CAN DEPEND ON BEL-AIR FOR PREMIUM QUALITY**

Proudly featured at **SAFEWAY**

*Company coming?* SERVE DELICIOUS  
BEL-AIR ASPARAGUS SPEARS  
—all green spears. Just the top tender 5"  
You can cut them with a fork.





line about one third of the way up the face of the cliff. This portion of the highway was the most expensive and difficult to construct. Going-to-the-Sun Road was 12 years in the making. It was opened in 1933, 23 years after the public was admitted to Glacier National Park itself. Although the highway is completely finished and paved, crews still work to improve its path.

**M**ORE cascading waterfalls are visible on both sides of the highway as it levels out between canyon walls. Here the glacier-fed waters of McDonald Creek curl into deep pools where cutthroat trout lurk, often tempted by the lures of anglers, who need no fishing license in the park itself.

Side roads that lead to campgrounds and cabin courts turn off the Going-to-the-Sun highway at intervals along the valley floor. The highway parallels the creek until you reach the head of

McDonald Lake, where a wide turn-off takes you to Lake McDonald Hotel, which offers rooms and individual cottages fittingly decorated in northwestern style. Saddle horses are available with guides for one-day trail trips or longer pack trips.

From the hotel, Going-to-the-Sun Road follows the shore of 10-mile-long Lake McDonald. Then McDonald Creek falls away through forests to its meeting with the middle fork of the Flathead River, which crosses under a high-span bridge that marks the end of Going-to-the-Sun and the western entrance to Glacier National Park.

When you have thus pursued Going-to-the-Sun from east to west, turn around, as many travelers do, and retrace your steps, for in reverse you will see much that you missed.

More than 1,000 miles of well kept trails have been blazed in the park for those who want more than what is

really only the fleeting glimpse a car can provide. For Glacier National Park is essentially a trail park. One can spend weeks, even months, horseback riding or hiking the trails that lead off from Going-to-the-Sun Road into the deep forests and along the mountain walls, sneaking into canyons and gorges, across snow and rock to hidden lakes and secret beauty. The grandeur and magnificence of the scenery bring fuller appreciation of the wisdom of John Muir's advice:

"Give a month at least to this precious preserve. The time will not be taken from the sum of your life. Instead of shortening it, it will indefinitely lengthen it and make you truly immortal."

For additional information on vacation motoring in Montana, write to: Montana Highway Commission, P.O. Box 1727, Helena, Montana. ##

# Pancake Pizzas with a flair for parties



Make the tender pancakes  
jiffy-quick with  
**KITCHEN CRAFT Pancake Mix**

Make 3 pancakes for each Pizza stack, following the recipe for Speedy or Deluxe Pancakes on the Kitchen Craft Pancake Mix package. Stack the cakes on a baking sheet or griddle, spooning hot pizza sauce between and on top. Shred  $\frac{1}{2}$  lb. aged cheddar cheese and sprinkle on pizza stacks. Place in 400°F. oven until cheese softens. Serve with a bowl of grated Parmesan cheese to spoon on ad lib.

**PIZZA SAUCE:** Pan-fry 1 lb. of pork sausage meat till browned. Drain. Cook  $\frac{1}{4}$  c. chopped onions and 1 clove garlic, chopped, in 2 tbsp. of sausage drippings. When transparent, add  $1\frac{1}{2}$  c. tomato sauce, 1 c. tomato paste, 1 tsp. salt,  $\frac{1}{4}$  tsp. pepper and  $\frac{1}{4}$  tsp. oregano. Cover and simmer for  $\frac{1}{2}$  hour. (Makes 4 to 4 $\frac{1}{2}$  cupfuls—enough for 8 to 10 servings.)



## KITCHEN CRAFT Pancake Mix

rich with sweet cream buttermilk for  
extra tenderness—better flavor, too

a **SAFEWAY**  
guaranteed product

(Regular or Buckwheat)



## The day I cried

From page 51

beach house, and as the amplifier warmed up I heard "... is orbiting the earth every hour and 35 minutes on a regular schedule. The Russians also announced ..."

I sat down and looked at the sea—vast, blue, impersonal—and I knew that the world I had grown up in, had been close to, was gone. I knew that from here on in things would never be the same again, and a tear came to my eye.

Why the big tragedy about a little ball flying so high in the sky? It can't hurt you. Why does it change the world? This is why.

America has been, since about 1850, the world leader in technology, in the systematic knowledge of the industrial arts. We maintained this superiority in technology for more than a century. We could outdesign and outproduce any other country. If it came to war, we could win it with our ability to produce, backed by men with faith in that ability. We knew it, and we proved it in two world wars.

Today, however, we are behind—maybe only a few months or a year, but clearly behind. Our complacency and fascination with the luxuries of life have blinded us and left us hardly ready to stand in peril as we do today. In peril because unless we reverse the trend, Russia will soon have a fleet of ICBMs pointed at us, at each of our 30-odd strategic Air Force bases, and that will get there in 20 to 30 minutes. This is not enough warning, from the time they will be seen on our radar screens, to man and fly our retaliatory plane-borne bombs to Russia.

That is when the tear formed in my eye. A tear for us all—our citizens and our leaders who had failed to see or, seeing, failed to believe this clear and present danger.

Is it too late? Not if each of us realizes the truth and is willing to give of himself that we may regain at least the equality that is necessary to pose an opposite threat, and so deter Russia from action. Only this way, I believe, can our way of life continue after the event of that day of October 4, 1957.

**Kate Smith, beloved singing star of radio, movies, and television:**

It was just before Christmas, 1930, and I was appearing in my third Broadway show, "Flying High." I was 21, and I should have been the happiest girl in the world. But I wasn't. Why? Because my stage career had consisted of being the helpless stooge of all the gibes, jokes, and ad-lib remarks of the comedians. I had hoped I would be judged by the quality of my singing; instead I was being judged by the

## Never-fail crust: try it for cherry pie

You make this  
sure-to-be-tender  
crust with  
Kitchen Craft Flour

Sift 2 c. Kitchen Craft Flour with  $\frac{1}{4}$  tsp. salt. Cut in 1 c. shortening till mixture resembles coarse cornmeal. Combine  $\frac{1}{4}$  c. milk with 2 tsp. vinegar and add in small amounts, mixing only enough to moisten flour evenly. Roll out on lightly floured surface. Makes enough for crust and lattice topping for a 9" pie. This pastry is mealy rather than flaky, perfectly delicious for cherry or other fruit pies!

## KITCHEN CRAFT *All-purpose* FLOUR

... the premium quality flour guaranteed to work wonders with all your recipes



THESE ARE SAFEWAY GUARANTEED PRODUCTS 

## Peach Pan-Dandy: double quick and delicious!

The key to this  
easy-but-wonderful dessert is  
Kitchen Craft Baking Mix

Follow the recipe for Shortcake Supreme that's on the Kitchen Craft Baking Mix package. Add an additional  $\frac{1}{4}$  c. of milk to make a very soft dough. Spread in a well-greased pan (6" x 10" x 2"). Sprinkle generously with cinnamon and sugar, then spoon  $1\frac{1}{2}$  c. slightly drained peaches on top. Add another dash of cinnamon and sugar. Bake in a hot oven (425°F.) for 25 minutes. Serve hot, with cream.

## KITCHEN CRAFT Baking Mix

the quick, sure baking mix... wonderful  
for a dozen different delicacies





size of my waistline. I had often been on the verge of quitting show business, but I couldn't admit I'd failed.

That night my grandparents had come to New York to see me for the first time on Broadway. They were kindly, old-fashioned, deeply religious people—the last in the world I wanted to see me as a stooge to a comic who often ad-libbed in bad taste.

I begged the comic to take it easy that night and explained about my grandparents. He did just the opposite. Coarse jokes flew thick and fast. And instead of introducing me as "The Songbird from the South," as I was billed, he twisted it to "The Songbird That Is Stout."

My grandparents came backstage to see me afterward, mumbled a few embarrassed words about the late hour and having to get back to their hotel, then left me. Their faces were perplexed and sad.

I sat down and cried like a baby, determining to quit show business when my contract was up. At that moment the stage doorman came in and handed me a card bearing the name TED COLLINS.

"I don't know him," I sighed. "Send him away." Then I turned the card over and saw a scrawled message, "Important business."

"What have I got to lose?" I asked

the doorman. "Tell him I'll see him for five minutes."

I wiped away my tears and met Ted Collins, who was to become my manager and partner for life—the man who was to take me out of the comedy-stooge class and establish me as a personality in recording, then in radio, and later in television.

#### **Mel Allen, nationally famous sports announcer:**

The day I cried was the day Lou Gehrig—then a sick man—approached me as I left the broadcasting booth after I'd given the play-by-play of a New York Yankees baseball game. Lou told me that he wanted to thank me for my broadcasts of the game. I looked at him blankly and told him I didn't understand why he was thanking me. Lou's eyes got misty, and he said, "Mel, when I was playing ball I sort of took a lot of things for granted. Now, because I have to spend so much time confined to my house, many of the things I used to accept casually have taken on a great deal of meaning to me. You are my link with my old teammates. I can't get around to seeing many of them personally these days, but I feel close to them through hearing you talk about them."

It would have taken a much stronger man than me to hold back the tears as I watched him—formerly so great a

physical specimen—limp away from me after a weak departing handshake.

#### **Erle Stanley Gardner, famous mystery novelist, creator of Perry Mason:**

The day I cried was more than 30 years ago, when I was a practicing lawyer. I guess you could call it "The Case of the Hypocritical Son." An elderly couple with a little real property had fallen under the spell of a glib but selfish son who persuaded them to come and live with him and give him all their property. A younger son, knowing the character of his brother, had tried to have the parents declared incompetent on account of age, to block the transfer. He tried to explain to his parents what he was doing and why, but they became bitter. When the glib son walked into court, he made a suave presentation.

The younger brother came to me, and, as his attorney, I dashed up to court to try to save the situation; but it couldn't be saved. The suave son managed to make a favorable impression on the judge, who not only decided the case against the younger brother but gave him a tongue-lashing.

Four years later the older son, after having gone through the parents' property, kicked the aged parents out—just as the younger son had known he would. This was before the days of old-age pensions, and the younger son and his wife had to take care of both parents.

Perhaps from knocking around, writing stories, and having adventures, I had been able to size up that selfish son when he was on the witness stand. I could read him like a book. I thought that I was stripping the mask from him so I could expose him as a hypocrite; but when I came to the realization that he had made a good impression on the judge and that all of my cross-examination was serving only to irritate the judge, I had that feeling of helplessness and frustration that calls for some sort of emotional release. I cried.

#### **Mimi Benzell, star of opera, concert, and television:**

"Shall I wrap this, ma'am?" asked the clerk.

I looked at the book in the salesman's hands, and then I cried. "No," I said without bothering to fight off my tears, "I'll take it just as it is."

Perhaps the salesman thought my behavior strange, but when I looked down at my purchase, I was reassured. The complete score of Mozart's opera "The Magic Flute" was mine. Paid for with money I had earned. I had a right to cry at such a moment.

The day before I had had no thought of buying an opera score. I had been thinking only of the seemingly endless hours ahead, to be spent in studying



#### **Too much of you to zip in?**

Why not slim down now—before the situation gets worse? Diet Delight low-calorie Foods make it easy to do. They're high in taste-satisfying flavor, yet low in calories. Try all the Diet Delight Fruits, Juices, Vegetables and Salad Dressings. For **FREE** recipes and menus, write Dept. DF, Richmond-Chase Company, San Jose, California.



All Diet Delight Foods are packed without added salt or sugar. Fruits and Juices are sweetened with non-caloric Sucaryl® (calcium cyclamate).

# DIET DELIGHT



and rehearsing. It all seemed so hopeless. In spite of the singing scholarships I had won and the words of praise and encouragement from my teachers, I was nowhere near the goals I had envisioned so many times in my dreams: Singing on the stage at the Metropolitan Opera or giving my own concert at Carnegie Hall.

The phone had rung at an opportune time that day. I needed a break from singing. I didn't think I could look at another note of music. "Mimi," the voice on the other end said, "can you sing before an audience tonight? The pay isn't much, but they're giving a church social." The thoughts of only a few moments before vanished. To be paid to sing!

"What time shall I be there?" I asked excitedly.

It wasn't a large audience, but their warm response so thrilled me that I doubt if I shall ever forget that evening.

When I walked into that music store the next day and proudly handed the clerk the first \$5 I had earned for singing, I felt my professional career had started. It was only \$5, but it was millions to me. Is it any wonder that I cried?

**Jinx Falkenburg McCrary: Motion-picture and television actress:**

It was Thanksgiving Day, 1944, in Chengtu, China. Our USO unit, headed by Pat O'Brien, had put on a show for 900 United States airmen—just before their final briefing on a B-29 mission. We were amazed by the spirit, enthusiasm, and easygoing friendly manner of all these guys about to go into battle.

The boy I remember best was a bombardier. He was wearing his flight suit, and in the trousers pocket below the knee you could see navigation maps, charts, a ruler, and a brand-new box of cream-filled wafers. He told me his mother had sent the wafers—his favorite food—from home. I told him I felt exactly the same way about these wafers; they had always been special.

When I was three, my mother had sent me to the corner store to buy a loaf of bread. I came home and said excitedly, "Look what I could have for the same price! Instead of bread—cookies!"

After the airmen's briefing, we shook hands with the men, and watched them pile into trucks. Pat told jokes . . . they told jokes . . . while we were saying silent prayers for every one of them. As one of the final trucks started, in a flare of dust, I heard a voice yell, "Catch, Jinx!" And I looked up just in time to see the big bombardier throw something my way as he called out, "Good luck!"

Yes, it was the box of wafers. And I cried! ##

FEBRUARY 1958

# You'll know this instant is excitingly different...

the second you open the jar!



No wonder Instant Chase & Sanborn  
gives you a *FLAVOR BREAK*



First! And only with  
Instant Chase & Sanborn . . . the elusive  
natural coffee aroma so important to  
complete coffee enjoyment. Now it's yours,  
the second you open a jar of Instant  
Chase & Sanborn. It rises to greet you . . .  
mouth-watering and tantalizing . . . tells  
you there's so much more flavor in  
every cup. Give yourself a Flavor Break.  
Enjoy the full-bodied coffee today . . .



## Instant Chase & Sanborn

—the full-bodied coffee

ANOTHER FINE PRODUCT OF STANDARD BRANDS INC.



# **NEW** **UN** **THRILLS** for Jacks 'n Jills



Junior Jacks 'n Jills, that is! Yes, toddler menus take on special magic when you serve Gerber Junior Foods. For they have the good-tasting, "grown-up" flavors that are just right for the more educated taste buds of toddlers. Then too, they have a semi-grown-up texture that's more substantial, but evenly minced for easy chewing.

## **VARIETY A-PLENTY**

Appetites stay keen and bright when every meal is something of a surprise. That's why Gerber offers such a wide choice of Junior Foods. 35 varieties to make menus interesting—keep baby's diet well-balanced. Fruits, vegetables, soups, special dinners, meats, desserts and egg yolks and ham make up the happy list.

## **NEWEST MENU THRILLS**

Main dishes to invite delight: Gerber's Junior High Meat dinners are exceptionally flavorful and extra nourishing because they have 3 times as much meat as regular vegetable and meat combinations. Your choice of 3 savory varieties.

for **Jr.**  
**Jacks 'n Jills**  
**Gerber**  
 Junior Foods

## **Not the interfering kind**

From page 33

Robert would say, whenever her mother was gone from the house, "Well, it's nice to have some peace around here for a change."

So Marian had brought up Jean and Jerry in a dedicated way, trying to make them independent. And after Marian had lost Robert and her mother soon afterward, it became even more important. "I must not love them too much," she would tell herself, "because so soon I must let them go." It was not easy, for she was often lonely. She had loved Robert deeply, and she had never met another about whom she felt the same way.

At first she had sold real estate, and, with what Robert had left her, she had managed the important things for Jean and Jerry—including school trips and summer camps. Her letters hadn't mentioned loneliness then—nor did they now. She filled the pages with happenings of her days, the places she went, the things she saw.

Investments she had made turned out well, and now she could plan trips like this one to Hawaii. And the rest of the year there were the committees and drives to which she gladly gave her time. Still, there were moments when the four walls of her apartment were more than she could endure. She would remind herself then of her own mother—sentimental, affectionate, always patting and loving and clinging, with such sad results for them all. And she knew it would be easy for her to feel like that toward Jean and Brad and the twins, because they were the very heart of her.

**S**HE SAW THEM WAVING, and she wanted to run to them. "Jean!" How thin she was! She shouldn't be that thin! "Brad!" What a fine face he had—honest, good!

Jean kissed her warmly. Brad shook hands, but the twins—little boys of two and a half, faces now shy—drew back, uncertain.

Jean said quickly, "It's long past their bedtime, so they're not very communicative. Tomorrow they'll be tornadoes."

It was the same pleasant modern house that Marian remembered, on a street of neatly clipped lawns. Inside, the house was not so tidy as Marian remembered, but the rear bedroom into which Jean led her was charming.

"I do hope you'll be comfortable, Mother," Jean said. "And I've cold chicken if you'd like a snack . . ."

"I had enough on the plane, dear, thank you. The room looks lovely. You've done it over, haven't you?"

"Brad painted it himself."

"I love this aqua tone!" She added

almost shyly, "Are the little boys . . .?"

"Brad's tucking them in. Is there anything I can get you, Mother?"

"Not a thing, dear."

"Then I'd better get to bed. The boys wake up pretty early. I've closed their door. I hope they won't disturb you."

"Of course not, Jean."

"Well, good night, then." Jean moved to the door, and there she turned. The light showed great circles beneath her eyes. "We're awfully glad you're here, Mother."

"You don't know how eager I was to come, dear."

"Well, good night again, Mother."

The door closed behind Jean.

Slowly Marian undressed. Somehow she felt shaky all over, as if she had been subjected to some terrible tension. "Tomorrow," she assured herself. "Jean and I can have a long talk—a real visit. She's too thin, but, of course, the boys are just the age to be exhausting." She thought, "If I could just slip in and see them asleep! I'd love that!"

Yet she did not quite dare. What if the children wakened and cried? What if Jean thought she was presumptuous? But Marian was lonely. Here in this house, where she had so longed to be, she still felt lonely.

**A**ND THE NEXT DAY was no better. She was to have three days before leaving for the islands, but from the start Jean treated her like "company."

"I could get the lunch, Jean, while you bed the boys down for their naps."

"No, Mother, thanks. Everything is ready in the refrigerator. As soon as I dunk the boys, I'll be with you."

"But I . . ." Then, remembering her own mother, Marian drew back. She so longed to play with the children, to hold them and cuddle them, but Jean whisked them out to play, in to meals, to bed for naps, and Marian felt she must do nothing to interfere with the routine.

But she did answer the phone the next afternoon. It rang after Jean, hearing one of the twins fussing, had disappeared into the bedroom and had not come out. Remembering how she used to catch a little rest while her own children napped, Marian lifted the telephone and said hello. She had forgotten that people used to say they couldn't tell her voice from Jean's over the telephone.

"How are you making out, honey?" Brad asked in a worried tender voice. And then, before she could reply, "Oh, sorry, Jean. Someone's here. I'll call you back." The phone clicked.

Marian sat staring at the wall. What was the matter? Was even her short visit putting a strain on the little household?

She went out to the patio and sat



# B R - N - G - N G U P B A B Y.

Hints collected by Mrs. Dan Gerber, mother of five...



## WALK TALK

Many a parent is tempted to hurry baby into walking. (Especially if the little fellow down the block has taken that first step.) But to urge baby when he's not physically or mentally ready may slow up his desire to walk. Good to remember, that when mind, body and spirit are ready baby will strike out for himself and you won't be able to hold that live-wire down.

## BILL OF FARE—"GROWN-UP" FLAIR

No doubt about it! Toddlers need semi-grown-up foods to make the transition from strained to family foods. Gerber Junior Fruits, Soups and Dinners are ideal because they have an evenly minced texture to encourage chewing. The fruits are famous for natural flavor and appealing color. The soups and dinners combine vegetables, meat and cereal for grown-up flavor interest.

## DRESS REVIEW

Taking that toddler to market with you? Try to remember to un-zip that snowsuit or coat while you're in the market. Overheating can lead to quick chilling when baby gets back in the big outdoors.

## BAKED POTATO SPECIAL

Taste surprise for your toddler. Mix any Gerber Junior Meat with mashed, baked potato. Refill shells and bake until brown. Absolutely scrumptious!

P. S. Gerber Meats for Babies are prepared with the exacting care you'd expect from two great specialists, Gerber and Armour. Made from selected Armour cuts, they're specially processed to remove most of the fat and tissue

and to preserve precious food values.



## FEATURE OF THE MONTH

Here's something your toddler will love. A different tasting cereal with a big nutritional bonus. Gerber High Protein Cereal has a toasted, nut-like flavor... and a 35% protein content derived from oats, wheat, soy beans and yeast. Like all Gerber Cereals, it's vitamin-and-mineral enriched and ready to serve with milk or other liquids.



## TACTICS FOR TODDLERS

The moods of a toddler are unpredictable, to say the least. There's a declaration of independence one minute... a heart-felt plea for help the next. As baby's first teacher it's up to you to decide when to guide and when to let baby go it alone. Takes a bit of doing, but with patience you'll soon learn which lead to take to help your child develop confidence... an important factor in learning new skills.

**Toothsome tidbit:** Once baby passes the first year, more and more teeth appear. Now, more than ever baby will appreciate Gerber Teething Biscuits, for soothing comfort and biting exercise.



Babies are our business... our only business!

**Gerber** baby foods  
FREMONT, MICHIGAN

5 CEREALS • OVER 80 STRAINED & JUNIOR FOODS, INCLUDING MEATS



# Stay SWEET!



Vinegar can't do  
what "LYSOL" can!

Vinegar is tart. Sour.  
Every housewife knows that.

How can it help you stay  
sweet and nice inside when you  
use it in your douche?

Use "Lysol" instead. "Lysol"  
is just right for douching.

"Lysol" stops odor. It kills the  
very germs that *cause* the odor  
—kills them on contact.

Yet "Lysol" brand disinfect-  
ant is *mild*. Can't hurt you. Use  
it regularly—you'll *know* you  
can't offend!

Send for free book-  
let on how to douche  
as recommended by  
doctors. (Mailed in a  
plain envelope.) Write  
to "Lysol," Bloomfield,  
N. J., Dept. FC 2-58



**Lysol**

BRAND DISINFECTANT

A Lehn & Fink Product

there, petting the little dachshund Midget, who came nosing up with a wagging tail. Brad and Jean were taking Marian to the Red Coach for dinner. A girl named Agnes was to stay with the twins. Nothing was the way she had hoped it might be.

**M**ARIAN GOT UP to throw the ball for Midget, and so it was that she saw two persons walking slowly on the grass of the adjoining property. The woman came over to Marian. "Maybe you can tell me . . ." She hesitated and smiled briefly.

"Yes?" Marian asked pleasantly. "I've been looking at this place to lease," the woman said, "but someone told me you have two small children in your place and another on the way. I can't stand a din behind me."

"My daughter has twin boys," Marian said evenly. "And they *are* noisy." "That settles it," the woman told the man. "This wouldn't be the place for me." She smiled her frosty smile at Marian. "Thanks for being frank."

Marian went back to her chair. Jean was going to have another child, and she had not told her mother, had not *cared* to tell her! She felt a hurt so deep that for a moment she thought she could not bear it. Why couldn't Jean tell her? She had never once interfered with them, never trespassed on their privacy. Yet strangers knew what she did not know.

**T**HE BOYS WERE AWAKE by the time Marian went indoors, and they were a little fretful. Jean brought them orange juice, saying "I have it right here, Mother" when Marian offered to help. Jean looked so pale it was frightening. But Marian couldn't bring herself to say anything. If they did not want to tell her . . .

The children watched her shyly, edging closer, almost ready to be friends. She thought, "They'll grow up and always be polite and nice to me—and I'll never get to know them at all!" And suddenly she wished it were tomorrow and she could be on her way. She was being entertained, but she was not being included.

Almost as if she read the thought, Jean said, "Mother, there is something I have to do. Could you just keep your eye on Pete and Larry for a little while in the back yard? Just till Brad comes. He's always early on Saturday."

"Of course, dear." She held out her hands to the little boys. "Shall we go play with the doggy?" After a moment's hesitation their warm little hands claimed hers, and the three went into the garden together. They accepted her then. They took jubilant turns at cockhorse on her knee and squealed at the old game of creepmouse as her fingers walked up a chubby arm. "A din" that woman had called it. Their

voices were music to Marian—lovely music.

**H**EARING THE GATE CLICK, she turned to see a pleasant-faced young woman coming in. The twins and Midget ran to her happily. "I'm Agnes," the girl said to Marian. "Mrs. Teller said she had some ironing, so I came early." Her face was concerned. "I hope there's nothing really wrong."

"Wrong?"

"Yes, ma'am. I thought when I saw Dr. Burns just leaving . . ."

Years of facing crises had given Marian poise when she needed it. "I'm sure it's routine," she heard herself saying to Agnes. "Mrs. Teller . . ."

"Yes, I know," Agnes said.

"Everybody knows," Marian thought. "Everybody but me." And it seemed she couldn't bear it. She had reached the point where silence was no longer possible. She said to Agnes, "Will you keep your eye on the little boys for a few minutes? I—"

"Yes, ma'am. And don't you worry too much," Agnes added.

**I**NSIDE THE HOUSE Marian heard the voices of Brad and Jean in the bedroom and went toward them. So it was that she heard the words "No, Brad, I won't ask her. Not in a hundred years. You're not to say a word . . ."

Marian pulled herself together, willing an inner firmness, and walked through the open doorway. Jean had evidence of tears still showing, and Brad's face was tight with worry.

Marian said, "I know the doctor was here. Don't you feel you can tell me about it, Jean?"

Surprisingly the girl lashed out, "Look—why should I bother you with our troubles? You're living your life—the kind of life you want."

"Jeannie!" Brad said.

"Oh, I'm not blaming you, Mother, but you told us long ago that we all had to shoulder our responsibilities and not depend on anyone else. Well, this is Brad's problem and mine, and we'll work it out. I'm sorry your visit is spoiled."

"It's not spoiled," Marian said. "But maybe you don't understand, Jean. I tried to make you strong so you could do without me if you had to. As I had to do without my mother and your father—suddenly." Her eyes were steady on her daughter. "There's another baby on the way, isn't there?"

"It's all right, Mother. We *want* another baby."

"But the doctor came this afternoon," Marian said slowly. "You see, Jean, I, too, had babies. You and Jerry—and the one I lost. There's a chance you may lose this baby unless you stay in bed for a while, isn't there? But you won't ask me to stay with you."



Did you think I wouldn't if you asked me?"

"Of course you'd do it, Mother. But I'm not asking. You have the sort of life you want now—traveling, new friends. Every letter you write is full of it. And you moved to Florida, putting half a continent between yourself and us. That made it plain enough." Tears came to her eyes, and she brushed them angrily aside. "Oh, what's the use of getting in a swivet over this? We're the way we are; you're the way you are."

"How am I?"

Jean sought retreat, and then she said, "You're cold, Mother. You don't let things go deep. You were always that way." She sought her husband's eyes in an appeal for help.

"I never knew you felt this way, Jean," Marian said, her thoughts a pain. "You see, the one thing I told myself was that I must never interfere in your life once you were grown. Your grandmother's interference in my marriage almost separated your father and me. She had no life of her own—only us. And when I had to bring you and Jerry up alone, I didn't dare be soft. You'll not know the time I had to be stern, when I really wanted to put my arms around you and cry with you." She smiled. "I was very proud of you and Jerry. When—when we lost him, I knew I'd have to watch to keep myself from clinging to you. I wanted yours to be a good marriage. I thought if I stayed away, made a new life for myself, I'd get over the loneliness, the missing you. I saw what my mother's loneliness did to us. I resolved to fight mine."

**S**HE SAW BRAD REACH OUT A HAND and take Jean's and hold it. Marian went on: "Ask me to stay, Jean, because I can't unless you ask me—and I want to so much. To feel you may need me—all the other things have been only poor substitutes for that."

"Oh, Mommy!" Jean cried suddenly, her voice breaking, and Marian went over to the bed and took her daughter in her arms. "I've needed you so much, you'll never know."

And Brad said slowly, "We need you, all right, but I guess we didn't figure on your needing us."

Marian smiled at him, her heart too full for speech, and he smiled back. In her mind she saw the empty house with the adjoining garden at the back. If they should need her that much . . . if it should work out that way. If it could work out that way . . . it could, couldn't it?

From outside came a child's lusty yell. Someone had taken a spill. All their attention came to quick focus.

Marian found her voice then. "You stay with Jean, Brad," she said. "I'll go see." ##

FEBRUARY 1958

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## The beautiful destroyer

From page 31

wonderful it was to be alive. "I'm going to the old mill, Mom," he said.

"You sure you're up to it, Jule?" she asked, a bit anxiously.

"Today I am!" he said, laughing, and he went out into the June sunlight.

**H**E CAME OUT OF THE TIMBER at the mill-pond and stood looking at the moss-covered milldam and the ancient stone mill. All this had been built by his great-grandfather Julian Adams, and as far back as Jule could remember, this place had been his favorite part of the farm. Tired by the walk, he sank down on the grass and peeled off his shirt. Again he was thinking of the miracle of being alive, when a voice said softly, "Hello, there!"

Startled, he shifted his head and saw a girl he had never before seen. She wasn't so tall as Vera Mae, this girl who stood smiling down at him, but was she not so delicately lovely that there was really no comparison? But, then, Vera Mae would never leave the house dressed as immodestly as this girl was dressed—skimpy shorts and halter and toeless sandals. Suddenly he had the embarrassed feeling of looking at her too boldly, and he shifted his gaze to the top of her head. The sun flashed gold on her blond hair. He lowered his gaze to her face, which was so astonishingly beautiful that he felt a tightness leap into his throat. But her eyes—they were a clear blue, and yet they seemed filled with darkening shadows of bitterness.

Immediately he guessed who she was—Lydia Barr's niece from the city—and vaguely he recalled he had heard some gossip about her. She had been sent to live with her aunt in the village till some scandal about her died down. But looking at her, he could not believe she had ever done anything shameful or bad.

"Hello," he said, his voice sounding strange.

"I'm Margot Nichols," she said in a friendly voice. She sat down on the grass near him, and he had a whiff of some delicate fragrance that was to haunt him for days.

"I'm Jule Adams," he said.

"I've heard about you, Jule," she said. "You've been sick."

He nodded. "That's why I'm pale—and skinny like this."

Smiling, she moved her gaze over him slowly. "I'm lonesome—and not very happy," she said. "I've been coming here every afternoon. I just walk around to kill time, I guess." Once again her eyes, darkened by those strange shadows, fixed on him.

"From now on I'll be coming here every afternoon, too," he said.

"I'm glad. The afternoons won't seem so long—and lonely."

**A**FTER THIS THEY TALKED of little unimportant things as they groped to learn more about each other. Then she stood up in one quick effortless motion, took a step, winced, and said, "There's something in my sandal."

She put a hand on his shoulder to steady herself and slid her left foot out of the sandal. Her fingers seemed to burn his flesh, and he felt a rush of blood through his body. Her foot was small and slender and delicately made like the rest of her. She slipped it back into the sandal and said, "That's better."

"Do you have to go now?" he asked.

She turned to look at him. "No," she said, "but I think I should. If Aunt Lydia knew I'd come here, dressed like this, and had met you—an Adams—she'd be horrified and furious."

He stood, feeling tall and awkward. "I've never met anyone quite like you!" He was astonished at his words and the intensity of his voice. "Any-one so—perfectly—beautiful—"

"Thanks, Jule." A dryness edged her voice.

"I mean it!" he said, stepping close to her.

She was neither embarrassed nor afraid of his closeness. She stood looking up at him, her eyes shadowy and

After every meal—  
the smooth chewing  
aids digestion, breath, teeth.



#### 1 Delicious Confetti Cake

Pictured at right—tested with BETTY CROCKER Confetti Angel Food Mix. Use any good chocolate sauce.

#### 2 Be gay—Minute guests

step inside the door, have house look gay and exciting. A February party could accomplish this with red and white paper streamers.

#### 3 Flying start—Soon as

wraps are removed, set guests to doing something. Here's a new stunt. Have stacks of old magazines, big sheets of paper, paste, scissors. Guests are to cut out pictures or make paste ups, representing popular songs. You get laughs with guessing contest but party gets hilarious when guests tell own titles and give their own interpretations.

#### 4 Keep party going—with

planned games and stunts.



defiant, and nothing that had ever happened to him or would ever happen seemed so important as her nearness.

"Perhaps you're different, too," she said. Then she turned and ran lightly across the old dam and disappeared among the trees.

He dropped back on the grass; a strange restlessness had come over him. What would it be like to love Margot instead of Vera Mae, he wondered. Frowning, he put on his shirt and started home.

**HIS FATHER WAS WAITING** for him near the front gate. "Are you equal to a ride in the car?" he asked Jule.

"Sure," Jule answered.

"Let's go, then," his father said.

Even before his father made the first turn, Jule guessed they were going to Lookout Hill. In the clearing at the top of the hill his father halted the car, and they sat in silence, looking out on the great checkerboard of farms and timberlands, green and brown and golden.

"Son," his father said, breaking the hush, "I've always planned to give you this west half section when you got married. That's still a few months off, but *today* I give you this land."

Too surprised to speak, Jule could only turn to meet his father's eyes.

"Of course," the man went on, "the east half section will be yours after

I've passed on. In the meantime I want you to make the most of your own land. You'll want to build a good solid house on it—and you're marrying the right girl to make a home of it."

His father, Jule knew, was speaking of Vera Mae Curtis. As far back as he could remember, Vera Mae had been his parents' choice. But suddenly he himself was thinking of Margot, and the beat of his heart held him silent for a moment.

"I hardly know what to say," he murmured at last. "All this—mine . . ."

Chuckling, his father started up the car again. "A bit flabbergasted, eh? Well, I'll bet Vera Mae's going to feel the same way."

But as they drove back to the house, Jule's thinking continued to revolve around the lovely stranger.

**VERA MAE CAME OVER** that same evening. She put her dark head through the doorway and asked, "How's the sick man today?"

"I'm not sick," Jule said crossly.

His mother invited her to eat with them, but Vera Mae shook her head and said she had come only to borrow a dress pattern. When she left, Jule walked with her to the front gate, and they stood there, talking.

"Jule," she said abruptly, "things are different, aren't they?"

"Different?" he asked, startled.

"I mean . . ." She laughed nervously. "It's a feeling—as if something had come between us."

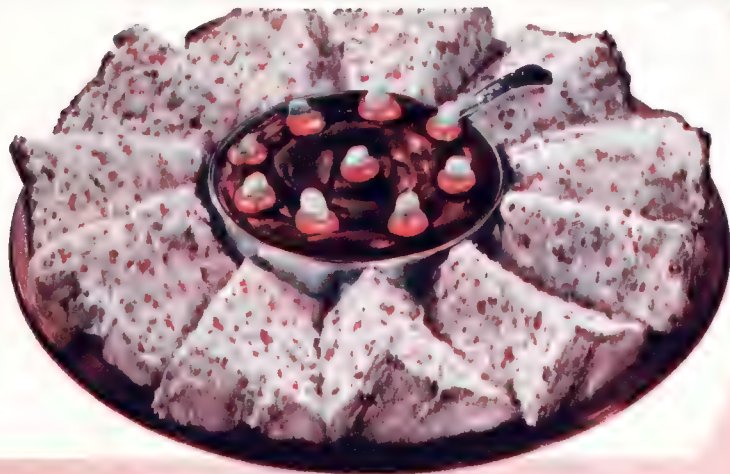
When he made no reply, she began to talk of other things. Then at last she struck out along the road alone, walking fast. She didn't look back, and he stood there, wondering what he had done to make her unhappy.

When he went back to the house, his father said, "Well, son, what did Vera Mae say when you told her you were the owner of a half section of land?"

Jule looked startled. He had forgotten to tell her about the land.

**AFTER HE HAD GONE TO BED**, he lay for a long time, staring up into the darkness, marveling that he had been allowed to meet a girl like Margot. He could not imagine being allowed to love her—or her being allowed to love him. He could not imagine her living in any house he might build. But neither could he imagine living the rest of his life without her.

**IT WAS QUIET AT THE MILLPOND** the next afternoon. Just as he had given up Margot, she stepped from the shadow. Today she was modestly dressed in a blue-and-white skirt and white cotton blouse. She lifted her golden head and smiled, and he felt his throat squeeze shut. "I thought you weren't coming," he said. [To page 80]



## FOR YOUR NEXT PARTY

Four easy success tips that will give folks the time of their lives.

- 1 SERVE DELICIOUS CONFETTI CAKE
- 2 Be gay.
- 3 Get off to flying start.
- 4 Keep party going.



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Her shadowy eyes met his and fell away. "I had some shopping to do in the village," she said.

He leaned against the trunk of an oak, and she, too, leaned against it. Their shoulders touched. Presently she began to hum a tune in a soft sweet voice.

"I like that," he said.

She tilted her face to his, and he saw the blue of her eyes again darkened. He wanted to take her in his arms and drive that darkness away. But he was afraid. Too soon Margot said, "It's time for me to go, Jule."

"I'll walk home with you," he said.

She shook her head. "If we're to see each other at all, Jule, we'll have to meet without anyone's knowing."

"If that's the way you want it . . ."

"That's the way it has to be," she said quietly. "Will I see you tomorrow?"

He looked at her and marveled at the pulse beat in her slender throat. It seemed to match the beat of his own heart. He could think of nothing in the world that could keep him from meeting her tomorrow—or any day she wanted him to come to her.

But after she had gone, he wondered if the scandal he had heard about had something to do with her insistence on meeting him secretly.

**H** E FOUND HIS MOTHER ALONE in the kitchen, making apple pies. "I think I saw Margot Nichols on the other side of the millpond this afternoon," he said. "A blonde. Not tall."

"That was probably she."

"To look at her," he went on, "you wouldn't think she's the kind to get herself talked about."

His mother stopped rolling out the

pie dough to look at him. "She was quite young when her parents separated," she began. "Sometimes, they say, feeling not wanted . . . But that doesn't justify her destroying the happiness of others." His mother rolled out the dough a little angrily. "She's not your kind of girl, Jule," she said severely.

Catching up a handful of apple slices, he went outside, furious with himself for being afraid to admit he was meeting the girl secretly.

**A** LMOST EVERY AFTERNOON he met Margot at the millpond. Sometimes they walked along the stream toward the hills. Other times they simply sat in the warm sunshine. Sometimes they talked of many things; often they were silent, each content to dream his own dreams.

As the days passed, he grew stronger, and the paleness began to leave his face and body. One sunny morning he offered to drive to the village for the groceries.

In town he saw Vera Mae standing in the window of Dr. McKay's office. He had not seen her for a week, but when he waved, she smiled at him.

He ran into a group of his friends and stopped to talk to them. "What's it like to have a good-looking young nurse to take care of you?" Tommy Day teased, and Jule laughed with them. But then someone said kiddingly, "If a man could only have Margot Nichols for a nurse!" And from then on the talk was about Margot.

Jule was suddenly furious. He wanted to start swinging with his fists, but he was powerless to move. So he stood there, listening to their scornful talk, hating them with all his heart.



*"It's just a phase they go through"*



At last he slipped away, climbed into the car, and drove home.

**T**HAT AFTERNOON he could not sit quietly beside the millpond and wait for Margot to come to him. Twice he crossed the dam, but each time he turned back, and at last she came. She ran toward him with arms outstretched, a smile on her red mouth, and he stood waiting for her, trembling.

"Hi, Jule!" she said, her eyes searching his face.

He took her hands in his and drew her down beside him on a fallen log. "Margot," he blurted, "this talk about you and some married man in the city..."

A tightness came about her eyes, but she smiled and shook back her bright hair. "People like to talk, Jule, and stories have a way of growing."

"I don't believe them!" he said. "They were lying when they said you broke up this man and his wife, that you spent week ends..."

She laughed shortly. "Well, since you don't believe it, you shouldn't let it upset you like this." She held his hand against her cheek and laughed again. "Why, you're trembling all over. Stop it, you big idiot!"

How brave she was! How beautiful and desirable and brave!

"Let's talk of something else," she suggested. "Tell me more about the work you do when you're well and strong."

**A**S HE TOLD HER ABOUT HIS WORK and the ribbons his cattle and corn had won, the trembling went out of him. And presently he found himself telling her about his land and the house he wanted to build on it.

"Why, Jule," she said, staring at him in wonder, "I think that's marvelous."

A great happiness filled him now, and all the talk about her was crowded into the remotest corner of his mind. "Perhaps we could climb to Lookout Hill some afternoon," he suggested.

"I'd love to!" she said, to his surprise and joy.

"Perhaps you would help me decide the best place to build a house."

"Jule, do you really mean..."? Her voice sounded hushed and frightened, and her lashes veiled her eyes.

"And tell me the kind of house you would want," he said.

He put a hand under her small chin and lifted her face. Her eyes were filled with blinding tears.

For a moment he could not think clearly. Then he understood why she was crying, and he was no longer afraid to kiss her. But with a little sob she leaped to her feet and fled across the dam. He let her go and sat for a long time on the log, possessed by the

stunning revelation he had seen in her eyes.

**H**E DIDN'T REALLY WANT to visit Vera Mae that evening, but it was something he had to do. They wandered out to the well and sat down on the wooden curb, facing the moon.

"What's wrong, Jule?" she asked in a lost hopeless voice. Then, before he could answer: "It's—it's all over between us, isn't it, Jule?"

She began to cry. It was a terrible soundless crying, but he was aware of it as he was of his own inner weeping. One part of himself still clung to his parents and this girl and all the dreams and hopes they had shared. The other side of him was new and terrifying, something that would surely destroy him if he let it go. He touched her hand, knowing he would never touch her again. "I'm sorry," he said.

And she said, "Don't be sorry, Jule. I've known something like this was going to happen; I'm ready for it."

He turned away from her then and struck out toward home, a great tiredness numbing mind and body.

**B**UT WHEN HE REACHED HIS HOME, he could not stop walking. He cut across the fields to the village and halted in front of Lydia Barr's big old house. A light came through a single upstairs window.

"Margot... Margot!" he called softly and saw the light go out. A minute later the door opened quietly, and Margot stepped outside. Once again he spoke her name, and she came unhesitatingly to where he stood.

"Jule," she whispered, "I never expected to see you again."

He smiled and touched her wet cheeks and was no longer tired. Without a word he took her by the hand and led her away over the fields and across the milldam and along the wooded path to his home. At the door she held back, and he could feel her tremble.

"Wait, Jule," she whispered. "I must tell you that some of the things you heard about me are true."

"I know," he said. "I knew this afternoon when I saw you crying. And I also knew that nothing made any difference to me. Only to you—because you love me and were afraid."

"Jule, I thought the man and his wife were my friends—that they really wanted to share their home with me. I had no idea I was to be made a—victim of their hate. The rest—all the rest is gossip. I swear it!"

He held her close till she had stopped crying and trembling. Then he led her through the open door and into the room where his parents waited.

"This is Margot," he said—a man now, sure of himself and the woman he loved—"and we are to be married very soon." ##



## "I have had lots of troubles"



After years of work, the doorway to literary success finally opened. She managed to get her novel, *Moods*, published.

It promptly flopped.

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**Betty Crocker**  
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REFRIGERATED AND READY-TO-BAKE  
 ... IN YOUR GROCER'S DAIRY CASE 

## Natural immunity

From page 23

under control most of the time . . . how these factors do the job . . . exactly how stress and shock undermine these immunity-producing factors . . . whether there is a way to boost and fortify our immunity factors.

**F**IRST, we should understand that natural immunity, our most basic protection, is different from other defenses we have against disease. Actually, the body has many defenses, and most of them are carried in that wonderworking fluid, our blood:

- When natural immunity breaks down and disease-producing microbes begin to multiply rapidly, the blood sends its *white cells* into combat. These white cells actually devour the disease microbes. Sometimes they succeed in wiping out the beachhead or keeping it so small that the disease never really has a chance to take hold.

- Should the invasion be a massive one, however, the white cells may not be able to do the job by themselves. Here the *antibiotics*, such as penicillin and the others prescribed by our physicians, may come to our help, weakening or destroying the invading microbes by interfering with their normal life functions. Some antibiotics, for example, destroy microbes by making it impossible for them to take nourishment, thus starving them to death.

- Meanwhile, the body is defending itself with another physical weapon which the antibiotics are not. These are the *antibodies*—another miracle of body chemistry. When the body is invaded by any particular microbe, our system takes note of the characteristics peculiar to this microbe and begins manufacturing substances specially designed to destroy this microbe and no other. These substances—antibodies—are highly specialized. An antibody produced to fight off measles will keep measles under control, but will have no effect against chicken pox.

Once the body learns to make antibodies against a particular disease, it never forgets—and the next time the microbes of that disease appear, the antibodies immediately move in and control the microbes. This is why children who have measles once don't catch them again. Such an immunity is *acquired*, rather than natural, since it requires prior exposure to the disease. Besides, this protection is good against only one disease and no other.

- Still another defense are the *vaccines* that produce a mild form of a disease—so mild that it is almost unnoticed but enables the body to make antibodies that will fight off subsequent attacks of that disease. The Salk polio vaccine

and smallpox vaccination are examples of this defense. But each vaccine is specific—it teaches the body to defend itself against only one disease.

- Then there are the *antitoxins*, substances that are injected into the body to neutralize the microbial poisons that cause such diseases as diphtheria and scarlet fever.

**U**NLIKE the antitoxin and the antibody immunities produced by vaccination, injection, or actual exposure to a disease, *natural immunity* is non-specific. This means that it doesn't confine its protection to a single disease; it is good in preventing everything from the infection of a cut finger to, as experiments taking place right now seem to indicate, cancer and even that modern horror—radiation sickness.

### THE HUNT FOR THE MICROBE KILLER

THE hunt for substances in the normal body that can kill microbes has been going on for years. A number have already been found, one of the best known being a substance called

### Thought-starter:

We can't always control what happens to us. But we can control what we think about what happens. . . . And what we are thinking is our "life" at any particular moment.

—NORMAN G. SHIDLE

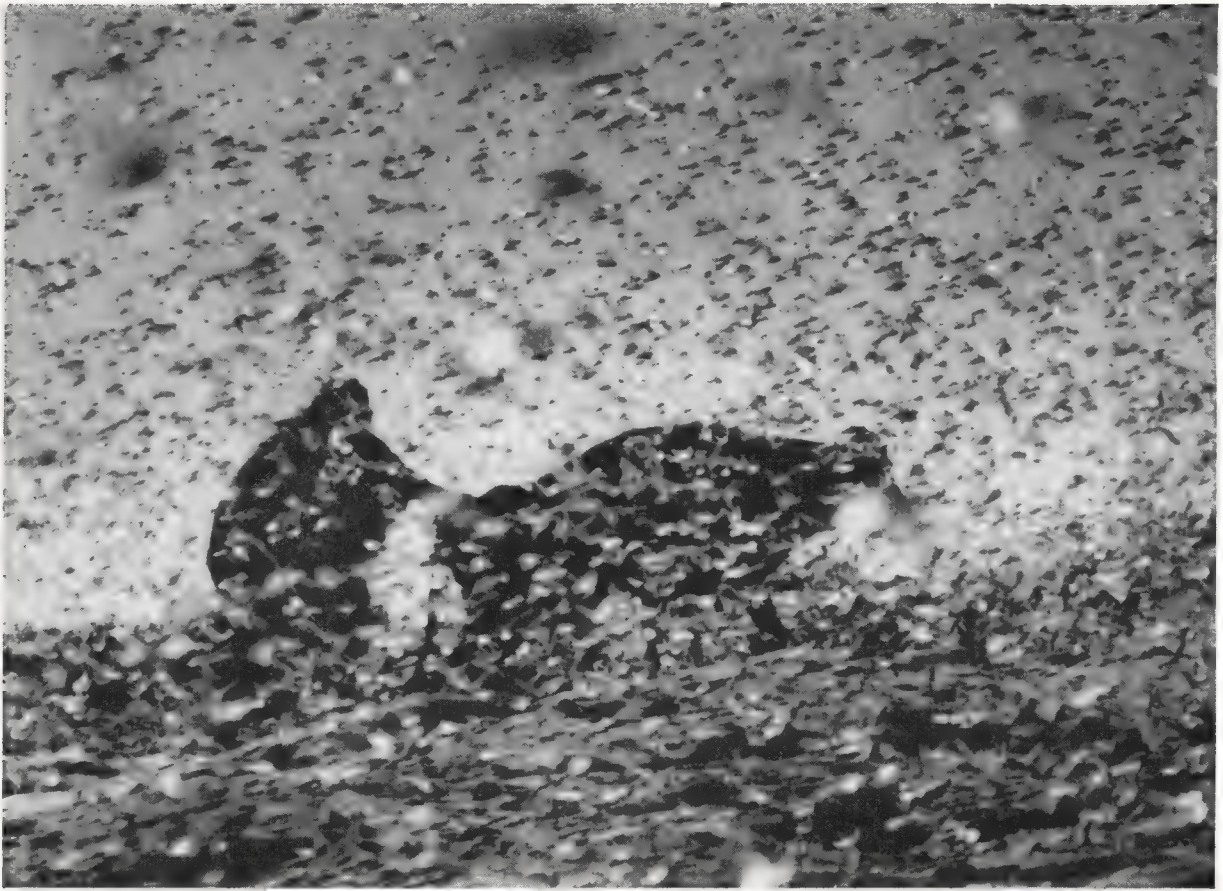
*lysozyme* that was discovered over 30 years ago by the late Sir Alexander Fleming, who also gave us penicillin.

The difficulty was not so much in finding these substances as it was in learning how they worked. Once that could be discovered, science could then apply this knowledge directly to man. This is where the importance of properdin comes in. Not only can it destroy or inactivate a variety of bacteria and viruses, but it also can be used as a research tool to help science understand natural immunity.

### A SCIENTIFIC DETECTIVE STORY

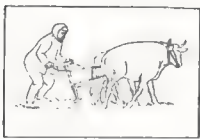
ALMOST the moment it was isolated, properdin showed some remarkable relationships to natural immunity. Dr. Pillemer discovered that the concentration of properdin in the blood was not the same at all times even in the same body. Just as stress, fatigue, faulty nutrition, and loss of blood caused a drop in natural resistance to infection, they caused a similar drop in the properdin level. Most dramatic from a scientific viewpoint was the discovery that after exposure to radiation, properdin disappeared almost completely from the blood within four





Picture of a farmer (hooded for protection) and his oxen plowing a field amid a billion locusts. Locusts are found in many areas of the world including the United States.

## 3000 Years is long enough!



This is how it has been since Biblical times . . . more than 3000 years ago. Locusts swarm across the field . . . devour every living plant in

sight . . . turning thriving farmland into desolate waste, leaving hunger and misery in their wake.

But the picture is changing. The Food and Agriculture Organization, one of several specialized agencies of the United Nations, has launched a systematic drive to exterminate the locust. Working with local governments, FAO teams seek out locust breeding grounds to de-

stroy eggs and young locusts before they have time to develop. Adult locusts on the move are cut down by planes spraying high-potency insecticides from the air. This is one of history's most exciting wars; the front is large and the fight will be long. But the battle is being won. And as we eliminate the locust we eliminate much hunger and misery . . . two of the prime causes of the hatreds that can lead to war. In striking at the locust through its Food and Agriculture Organization, the United Nations is striking a big blow for peace . . . for all of us.



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to six days—exactly the time when exposed subjects became most susceptible to radiation sickness.

But what about normal situations? Some creatures are normally more resistant to disease than others. Do they have more properdin in their blood?

**D**R. PILLEMER checked. The rat was the most resistant mammal tested. Then followed in order the mouse, cow, hog, human, rabbit, sheep, and finally the guinea pig, which has the lowest resistance. Blood samples were taken from each and the amount of properdin checked. The rat had the highest concentration; and the guinea pig, the lowest. In every case the ability to resist disease was matched to the level of properdin in the blood. However, properdin needed help to do the job of maintaining immunity. It had to be supported by other blood substances that together form what is known as the "properdin system."

The next step was to see how human blood containing normal amounts of properdin would act upon bacteria. A blood sample was placed in a test tube, and dysentery bacteria were added. The bacteria were destroyed. Then another sample of the same blood was taken, the properdin removed, and a similar concentration of dysentery bacteria was added. In the absence of properdin the bacteria began to multiply rapidly.

Then came the next link between properdin and immunity—would properdin work with living subjects? Test animals had the properdin removed from their blood and became so susceptible to infection that normally harmless amounts of microbes killed them. Other subjects then had their properdin levels boosted and were given normally lethal doses of microbes. The animals remained healthy. Slowly but surely the properdin-natural-immunity chain was being forged.

### CAN HUMAN IMMUNITY LEVELS BE RAISED?

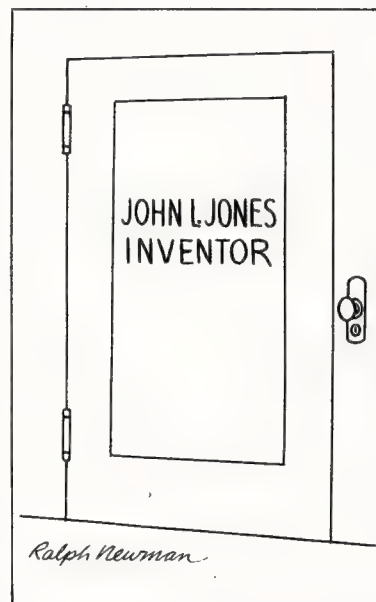
It was while developing a technique for removing properdin from the blood that the Western Reserve scientists made what will probably be regarded as an epoch-making discovery—a means of stimulating the body to produce more than the normal concentration of properdin. It is this discovery that may—by increasing our natural immunity to infection—make microbial diseases obsolete.

Properdin was removed from the blood by injecting a chemical obtained from yeast. This chemical, called *zymosan*, combined with the properdin and could be removed from the blood. But while large amounts of *zymosan* caused a rapid drop in the properdin level, small amounts did the exact opposite. Instead of removing the

properdin, reduced amounts of *zymosan* stimulated the body to produce more than the normal amount of the disease-fighting blood substance. Thus another door to the future was opened.

**W**ITH the work at Western Reserve stimulating a worldwide upsurge of research into natural immunity, the New York Academy of Sciences sponsored an international conference at which the latest findings could be discussed. Another clue to the boosting of properdin in the blood was there reported.

The clue was found in the fact that the surface of bacteria contains small amounts of a chemical that acts like *zymosan*—in large doses removing properdin from the blood, in small



doses stimulating properdin production. This clue also helped explain how the body's immunity system might be triggered into action—and how it could break down under massive bacterial assault.

By injecting small amounts of this chemical from bacteria into mice, Dr. Maurice Landy of the Walter Reed Army Institute of Research had, he reported to the conference, brought about a properdin boost two to three times above the normal level. What is more, this was accompanied by a rapid rise in resistance to certain forms of infection.

Could the same thing be done to boost human properdin levels?

Western Reserve's Dr. Carl F. Hinz Jr. answered that one. He had injected a small amount of the bacterial chemical into a young man. At first nothing happened except that the young man got a fever that flared and subsided. Then, 12 hours after injection,



tion, the properdin level jumped sharply and remained high for 24 hours. By the third day the level returned gradually to normal.

This was big news. Still, would increased properdin give humans the same ability to resist diseases that it gave to other animals?

A dramatic indication of how this question may eventually be answered came last April—and this time cancer itself was involved.

#### A "VACCINE" AGAINST CANCER?

A GROUP of inmates at the Ohio State Penitentiary had volunteered to let scientists of the Sloan-Kettering Institute for Cancer Research plant live cancer cells in their bodies. Fifteen of these inmates were already suffering from cancer, but 65 of the volunteers were perfectly healthy.

The malignant cells were implanted, and something unusual began to happen. While the cancer implants in the men already suffering from the disease took root and had to be removed by surgery, the cancer cells in the healthy volunteers were attacked and destroyed by some unknown defense mechanism in the body.

Obviously something of vital importance was happening, and Dr. Chester M. Southam, who directed the experiment, wanted to know what it was. A series of tests was run off to see which of the immunity factors were involved.

The results showed that the white cells had played no part in the destruction of the cancers, nor had the healthy convicts formed cancer-attacking antibodies. Only one factor seemed to have come into action—and that was properdin. Those volunteers whose bodies had accepted cancer were low in properdin; those who rejected the cancer had normal properdin levels.

Pointing out that there was no direct evidence that properdin had destroyed the malignant cells, Dr. Southam stated that "the possibility certainly deserves consideration."

This possibility soon became so exciting that last August, Dr. Southam once more called for volunteers among the Ohio State Penitentiary convicts. This time it was for a series of experiments designed to study the possibility for vaccination against cancer. Dr. Southam said that further evaluation of the previous experiments suggested that the body's natural defense against cancer might be increased by supplying additional properdin.

#### DEFENSE AGAINST RADIATION?

THE atomic age has ushered in a new scourge—that arising from radiation. Against this hazard, too, properdin may be able to provide a bulwark.

When a mammal is totally exposed to radiation, the immunity mechanisms

collapse and the bacteria normally in the digestive tract suddenly seem to run wild in the system. This is generally known as "radiation sickness" and was one of the major causes of death in Hiroshima.

Knowing this, scientists went to work and discovered that radiation causes a sharp drop in properdin levels. The next step was to boost the properdin levels of animals prior to exposure to radiation and see what happened. The results made doctors raise their eyebrows hopefully. Properdin-boosted animals were better able to resist radiation disease. And animals already suffering from radiation illness, when they received properdin boosts after exposure, were better able to fight off the disease.

#### KEY TO ORGAN TRANSPLANTS?

OF course, many obstacles still remain and much work has to be done before any of us will be able to take a pill or injection that will make us super-immune to disease.

Actually, though, the importance of properdin may be greater than many scientists now estimate. There is a strange fact about immunity. It helps us by warding off disease—but it has other effects.

Man has long dreamed of someday learning how to replace worn-out organs with healthy ones. Researchers have tried it on experimental animals, giving them new kidneys, hearts, or other organs, but it never works because of our immunity systems.

Our immunity defenses attack any foreign proteins that enter our body tissues. This goes for germs, viruses, and bacteria. It also goes for skin grafts and transplanted organs. But as work with properdin promises, science may soon be able to raise or lower our natural immunity. Thus, while opening the door to the elimination of disease by boosting immunity, doctors may learn how to manipulate the immunity factors that prevent organ transplants and so take a long step toward fulfillment of another human dream.

**M**UCH work is already being done on the problems of organ transplants, but the solutions must wait till we have first solved the problem of controlling natural immunity. When that happens, we at last shall have entered the golden age of medical science.

True, there will still be accidents, fractures, organic malfunctions, and metabolic disorders, but virus and other microbial diseases ranging all the way from colds to cholera, from polio to pneumonia and possibly even cancer would languish and finally pass from the scene. ##

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## Protect your child's feet

**The feet of 98 out of every 100 newborn infants are perfect. Here's professional advice to help you keep them that way**

**By E. W. TRICE**  
Doctor of surgical chiropody

**C**ONGRATULATIONS on that new baby! He certainly seems healthy. Just look at that perfect pair of feet! Because he's so brand-new, he has 98 chances out of 100 of having feet with no defects.

But we're sorry to say that by the time Junior is ready to go to his first high-school prom, his chances of having "perfect" feet will be much lower—only 80 out of 100.

That's quite a jump. So let's examine Baby's feet and see what parents can do to cut down this sharp increase in foot trouble.

"But my baby's feet are flat!" you say. You're right, but don't worry. All newborn babies have flat feet. The arch is filled in by a pad of fat much the same as in Baby's cheeks: The fat will be lost a bit later, and the result will be a flexible concave foot that looks somewhat square.

Hold one of Junior's feet in your hand and look at his five little piggies. They're straight, and the big toe stands slightly away from the other four. Junior's toenails often indicate general foot health. Ridges, discoloration, thickening, or alteration in the general shape

of a nail are signs of trouble, and their cause should be looked into. The old admonition to cut toenails straight across still holds true.

If you could see inside Junior's foot, you would find the rudiments of 26 bones that will later form his adult foot. We aren't born with all our bones fully formed; they continue to develop from about the fourth month of fetal life up to 16 to 18 years.

In the early stages of development we find cartilage that will later be replaced by bone. Any injury to this cartilage, unless treated, may lead to abnormal bone development. Tender areas around the heel and in the center of the long arch may indicate trouble ahead.

### WHAT ABOUT SHOES?

**W**HEN Baby is ready for his first real shoes, be sure they are made of porous flexible leather, with a leather extension sole. The sole of the foot contains more sweat glands, proportionately, than any other part of the body. Shoes must allow for air circulation and evaporation. The toe and heel base of the shoe should be broad, the inner border should be straight, and the heel should fit snugly.

As Baby grows older, bear in mind these points about keeping him shod:

1. If you value your child's foot health, don't ever put him in his older brother's hand-me-down shoes. The worn shoe has already conformed to the contour of the older child's foot and will never suit Junior.
2. Have Junior's feet measured each time you buy him new shoes. His feet grow quickly, and he needs to be fitted to his present size.
3. Allow at least three quarters of an inch between the end of the shoe and the longest toe.
4. Check the width by making sure you can pinch up the toe leather across the ball of the foot.
5. Examine the inside of the shoe for protruding nails, raised seams, or ridges that might irritate.
6. Don't buy special or orthopedic shoes unless they're professionally advised. Indiscriminate use of shoes with corrective arches and inserts may do more harm than good.
7. Don't assume that a child will outgrow a foot defect. Examine the wear marks on the soles of Junior's shoes; they tell interesting stories, and the clues they give point to remedies.

- If the forward portion of the sole is worn excessively, it probably means Junior has been wearing short shoes.

- If the inner border of the sole and heel is worn, it probably indicates Junior's foot is weak and rolling in.

- A correct fit will show even wear over the entire sole, from the ball of the foot forward. The heel should have its chief wear area along the outer edge. ##



## Where the heart is

From page 35

to come and live with me. Henry knows all about her and he wants her, too. I'm grateful to you for all you've done for Patty and for me, but now I want to be a real mother to my little girl.

I'm coming out to see you next week, on the third, and if Patty agrees, I'll bring her back with me.

My best to all of you, and tell my Patty I can hardly wait to see her.

Love, LOUISE

After a while Martha folded the letter, inserted it back into its envelope, and hid it under the flour canister. But her mind kept going around in ever-tightening circles of fear, resentment, anger—and more fear. Why did Louise always get away with things?

They were cousins and had grown up in the same town, with the same background, the same opportunities, the same education. Martha, five years older, had been dark, shy, quiet, hard-working. But Louise had only to flash her careless smile, wink, or pout, or tease, and hers were the dates and the love and the attention. Why?

"She's selfish and cruel and conceited!" Martha cried aloud—and looked up, embarrassed.

"That's not true," she whispered to the clock. "If it were true, it would be easier. I could hate her." All the time, while she envied Louise and told herself she wouldn't want to be like her, Martha had done things for her, loved her, wanting only a smile in return.

**W**HEN LOUISE, married only one year, had Patty, Martha had taken them both into her home. "You can't take an infant into that rooming house," she had said. "Nick will have to find an apartment."

"I'm not going to live with Nick any more," Louise had replied. "I only stayed with him till Patty was born."

Three weeks later, Louise was on her way to New York and a career. George and Martha had been delighted, after four years of knowing they couldn't have children of their own, to have the golden-haired baby. Aside from a week-end visit when Patty was three, Louise had not come back.

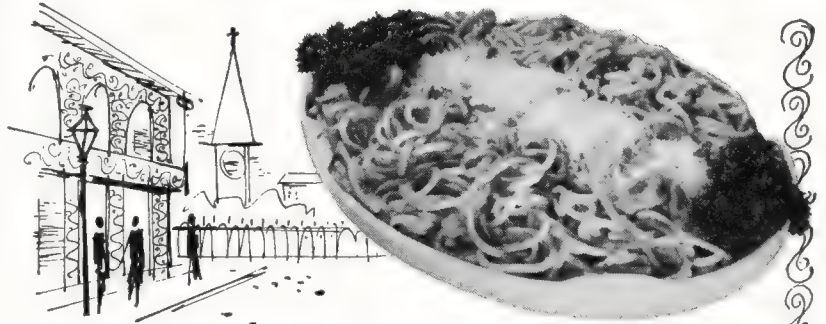
That week end had been nerve-racking for Martha and George. Louise had seemed ill at ease with all of them. As she said good-by, she had suddenly smiled and said, "Martha, I'm so happy that you and George love Patty. I think she's growing up to be very much like you."

After the cab took Louise to the station, Martha had turned to George, crying. "I thought she might take her from us," she had whispered.

"I know," George had said, patting

The old World's Lenten Favorite . . .

## Spaghetti a La New Orleans



### An Extra Dividend of Flavor and Nutrition Made with SKINNER SPAGHETTI

The subtle magic of old world spices and the hearty goodness of Skinner Spaghetti are blended in Spaghetti a la New Orleans. It's a tempting new version of a famous Creole recipe to enrich your Lenten menus. It's better than ever because it is made with Skinner Spaghetti. Skinner Spaghetti, made from the hearts of amber durum wheat, cooks firm and tender, with appetizing color and satisfying flavor. Try Skinner Spaghetti a la New Orleans and you'll insist on Skinner for all your spaghetti dishes.

#### Spaghetti a La New Orleans

- 1 10-oz. pkg. SKINNER SPAGHETTI
- 1/4 cup salad oil
- 1 clove garlic, minced
- 1 cup chopped green peppers
- 1/2 cup chopped onion
- 1 can tomato sauce
- 1 cup tomatoes
- 1/8 tsp. Tabasco Sauce

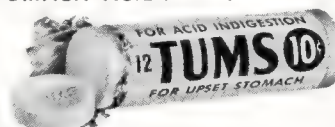
Saute garlic in oil for 3 minutes; add onion and green peppers and saute 5 minutes longer. Add remaining ingredients except spaghetti and simmer about 20 minutes. While sauce is cooking, cook spaghetti according to directions on package. Pour sauce over spaghetti, mix. Sprinkle with grated cheese. Serves 4 or 5.



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her back. "I was afraid, too. But whatever made her come, it wasn't that. Patty's ours. Even Louise is satisfied."

"After that, it never entered my mind again that we might lose her," Martha thought. "And now, this."

**S**HE WAS PUTTING the ironing away when Patty rushed in from school, full of her friends' week-end plans and the gossip around school. Martha only half listened.

"She's so much like Louise in so many ways," she was thinking. "I have noticed only the things she did that were like George and me. But the part of her that's like Louise..." Suddenly her attention was pulled back to what Patty was saying.

"She's leaving as soon as vacation starts. Isn't that something? The whole holiday in New York. Anne says her uncle promised to take her to Radio City and the theatre and, well, just everything! The rest of us are *green*!"

Martha was saved from having to answer by voices outside that pulled Patty out of the house.

She would tell George tonight, Martha decided. He would help her decide what they must do.

**"WELL," GEORGE SAID WITH A SIGH** after reading the letter, "so now she wants Patty."

"George, what can we do?" Martha asked.

"Do? Why, honey, I don't think we can do anything. Patty's nearly 14, and the choice will have to be up to her."

"George, I'm so afraid—what if Patty decides to leave us?"

He stood up, rubbing his chin reflectively. "I don't think she will. We're her family. She doesn't even know Louise. And Louise can't—and never could—give Patty all the things you've given her. You've been her *real* mother."

In the end they agreed they would let Patty read the letter the next evening after dinner, and then the three of them would have a nice family talk about it. Martha could hardly wait for the minute when Patty would hug her and say, "As if I could leave you!"

But, of course, it didn't work out the way they had planned it. When Martha told Patty at lunch the next day that she wanted her home that evening, Patty took one look at Martha's strained face and demanded to know what it was all about. And Martha, not wanting to frighten the girl, showed Patty the letter.

Patty's face was expressionless as she read, but then slowly she looked up, and Martha's heart was torn by the expression in the child's eyes—it was a look of such wonder and pain and love. "She wants me," Patty said ecstatically. "My mother wants me!" Then, still

holding the letter, she walked out of the house and toward the river, where she had always gone till childish happiness became bearable.

**M**ARTHA STARTED TO FOLLOW HER, and then changed her mind and went upstairs. She stood in the doorway of Patty's room, looking around, not knowing what she was looking for. The old familiar room seemed terribly empty. The tennis racket looked dusty and unused; the old rag doll, limper and more neglected-looking than usual. She walked over and took the doll in her arms and sat down with it.

"I must have failed. All those years when I thought I was giving Patty everything a child needed. I really wasn't giving her anything," she thought. How did a person know what was in a child's mind and heart?

She didn't hear Patty come in the kitchen door or up the stairs. Martha looked up suddenly, and there was Patty, looking at her, and Martha couldn't read anything in the look.

"Come on, lazy," Patty said. "If you'll wash, I'll wipe."

**P**ATTY WAS UPSTAIRS when George came home, and Martha quickly told him that Patty knew—that she had seen the letter this afternoon.

At dinner Patty behaved as usual. Then the three of them cleared the table and washed the dishes, the way they used to every night when Patty was little. There was something so soothing about this scene that Martha felt the pressure inside her ease. How could anything so deeply established as this and a dozen other—a hundred other—shared tasks and joys be changed?

Afterward, they all walked into the living room together and sat where they'd always sat for their serious family talks.

"Well, Patty," George said, "it's a big thing for you—for all of us—having your mother come here after all these years."

"I—Uncle George, what do you think about what she said? About my living with her, I mean?"

George sat thinking for a minute and then he said, "Well, Patty girl, I'm kind of mixed up about it. Your Aunt Martha and I love you more than anything in the world and we certainly would like you always to be with us. But Louise is your mother. I just want you to know that anything you decide is right as far as we're concerned. Isn't that so, Martha?"

"Yes, of course," Martha murmured.

Patty sat looking down at her hands. "I guess you're telling me that I have to make up my mind for myself," she said finally.

George leaned over and took her

hands, holding them between his. "Sweetie," he said, "you don't have to decide now. Maybe it would be better if you waited till Louise got here. And if you think the decision is too hard to make by yourself, why, we'll try to help you—all three of us."

"Yes," Patty said. "I'll wait until she—my mother gets here. After all, I don't even know her." She suddenly smiled, relief written all over her face. "Aunt Martha, she'll be here in just four days. We have to get the guest room ready."

**T**HE NEXT FEW DAYS rushed by in a flurry of preparation. Martha found for the first time in her life that a terrible battle raged in her. But when Louise arrived, Martha's first reaction was one of love and pity, not of jealousy. Louise was still beautiful and still young, but her eyes looked tired and older than her face.

She brought them all expensive gifts, and Patty was overwhelmed by the cashmere sweater and the French scarf and the Italian straw bag. She turned to Louise, her eyes wide with wonder, and exclaimed, "I—I just don't know how to thank you."

"I'll settle for a kiss," Louise said, but Martha saw her hand tremble.

At lunch, Patty was less shy with Louise, and they both seemed eager to please. Louise, who had always been able to make a trip to the corner grocery sound exciting, entertained them with stories about her friends, the New York apartment, and glamorous dinner parties. Martha, seeing Patty's rapt attention, thought, "Louise is playing to her most important audience tonight."

After lunch, Louise asked Patty if she would help her mother rediscover her old home town. "Let's just wander and look and I'll tell you about the fun we used to have here when I was your age."

Patty looked at Martha questioningly.

"Go ahead," Martha said, surprised to find that her encouraging smile was real. "Just be sure you're back in time for dinner."

**I**T WAS A LONG AFTERNOON for Martha.

She was too restless to stay at any task, so she picked up the half socks she was knitting for Patty. "I want to have them finished so I can give them to Patty before—if she leaves." The thought made her realize that a part of her had days ago accepted the idea that Patty would leave.

It had been the day Patty read the letter. Martha had never understood before that nothing could have eased the hurt the child must have felt all her life—the pain of thinking that her own mother didn't want her, had



never loved her enough to keep her. "All right," Martha told herself briskly, "you've faced it. Now you know what you have to do."

Patty wouldn't want to hurt Martha and George—so they must make her see that they understood—even approved.

**GEORGE GOT HOME** before Patty and Louise returned, and Martha told him what she had been thinking. But before he could reply, Patty burst into the dining room carrying a huge dress box and wearing a happy grin. Louise followed. Martha needed only one look at their faces to know they had talked—and had decided.

"Martha, can dinner wait a little while?" Louise asked. "Patty and I would like to tell you something."

They all went into the living room and sat down. Even at a time like this Louise had to be dramatic.

"I guess I was going to make a speech," she began, "but that's silly. I tried to convince Patty that she would be happier living with me in New York, but I find she's much more your daughter, Martha, than mine. She knows at 14 what I didn't find out till I was almost 40—what it takes to be happy. She's turned down the glamorous life to stay here. I'm disappointed, but I think she's right."

Martha looked at Louise uncomprehendingly. The cold knot in her throat slowly came loose. Her heart filled with a swelling joy and her eyes with hot tears. She looked at George, who was silently hugging Patty. Martha crossed the room and kissed Louise. "I'm sorry, Louise—but I'm terribly happy, too," she said finally.

Louise smiled at her. "Would you mind if Patty spent some of her vacations with me?" she asked. "She said she'd like to."

"I think that's a wonderful idea," George said. "And why don't you and Henry come here for Christmas?"

They all suddenly began talking at once, laughing a little unsteadily. "Well," Martha said, "now I think it's time we had something to eat."

**IN THE KITCHEN** Martha busied herself with the food, glad to have something to do with her hands.

"Aunt Martha." She turned and found Patty standing behind her. "Aunt Martha, you knew I wouldn't want to leave, didn't you?"

Martha found she couldn't answer.

"That day I saw you in my room, I knew you were thinking about the things I was thinking," Patty said. "All my life when I felt sick or scared or unhappy, you'd come into the bedroom and sit with me. I like Mother—she's lots of fun. But you and Uncle George—you're my family." ##

## How would your home rate?

**I**N the March FAMILY CIRCLE eight authorities in the field of design will complete this thought: "If I could tell a woman one thing about furnishing a home..."

In this exciting seven-page feature, each contributor will describe what he believes to be the most important single element in creating a beautiful and satisfying home. Our illustrious guests will be furniture-designer Paul McCobb, architect and furniture-designer Charles Eames, color and design consultant and decorator Everett Brown, architect Eero Saarinen, designer and home-furnishings consultant Freda Diamond, industrial-designer Raymond Loewy, scenic-artist Jo Mielziner, and writer-editor Russell Lynes, author of the essay "Highbrow, Lowbrow, Middlebrow" and many books, including "The Tastemakers."

Seven rooms, chosen by the contributors will illustrate their points.

### Can you affect the TV you see?—

How much weight do viewers' letters carry in changing television programs or policies? To find the answer, FAMILY CIRCLE sent reporter James C. G.



Eve Arden (star of CBS-TV's "Our Miss Brooks") — When a new format, with new characters, was tried out on her show, letters from viewers demanded: "Bring back the old cast!" They were brought back pronto

Conniff into the TV jungle, where, far from being eaten alive, he found himself freely admitted to the facts, good and bad. In his report next month he reveals how viewers' reactions are handled, and gives many examples that show the effects of criticism and commendation on shows, emcees, stars, sponsors, and networks.

### The truth about the menopause—

Doctors say that a woman's best defense against menopause distress is knowledge of the facts; and the facts should be recognized and accepted from the age of puberty. In the March FAMILY CIRCLE, medical-writers Ruth and Edward Brecher reveal how fears and misunderstandings, not physical change, create the greatest bugaboos of this normal phase of womanhood. They also discuss what doctors can do to help, use of hormones, and "somatopsychic" and other problems.

### Do you cultivate your family tree?

—Resurgence of interest in genealogy is well on its way to making family-tree culture a popular hobby. In next month's "Ancestor-chasing—an All-



family Game," you'll discover how much enjoyment and satisfaction can be yours when you begin the research that fills in your family tree; and how history can come alive for you and your youngsters when you view it as a story in which your own ancestors played a part.

### It could happen to your child—

"Lost Child!", in the March issue, is written by a mother whose five-year-old son was lost—temporarily—in three square miles of forest. Only after her child wandered away from their camp did the mother realize that she had never instructed him what to do in such an emergency. Because so many children get lost at least once—during camping or shopping trips, or at play—the author has consulted forest rangers, department-store managers, and police on procedures for parents and the lost youngster to follow.

### New ways with souffles—

Are you looking for Lenten-meal ideas? If so, you'll find in next month's "Puff-perfect Souffles" the recipes and techniques for making five different main-dish souffles with unusual taste appeal, plus three dessert souffles-with-a-flair.

### Everybody's invited —

Whether or not you're Yankee-born, New England offers you a special vacation welcome this summer, for 1958 has been designated Yankee Homecoming Year. In our travel feature next month you'll find a panorama of varied vacation delights your family can enjoy—adventurous, historic, scenic, restful.

Plus many other features and entertaining fiction—yours to read in the March issue of FAMILY CIRCLE. ##



## FOR THAT ZESTY FLAVOR!

Zip up your cooking the quick and easy way with high-protein, low-calorie Herb-Ox Instant! Try the recipe below for a casserole dish with a truly different Spanish accent.



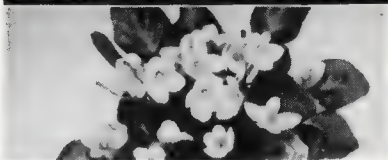
**EMPANADA (Meat Pie)**—Sauté 1 onion, 1 green pepper, chopped, and 1 lb. chopped beef; add 2 hard-boiled eggs,  $\frac{1}{2}$  cup raisins that have been soaked in water 1 hour;  $\frac{1}{2}$  cup stuffed green olives, sliced; add  $1\frac{1}{2}$  cups water with 2 tps. Herb-Ox Instant Bouillon, thickened with 2 tbs. flour. Pour into casserole, top with crust. Bake in moderate oven until crust is brown. 25-35 mins.

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### Easy elegant eggs

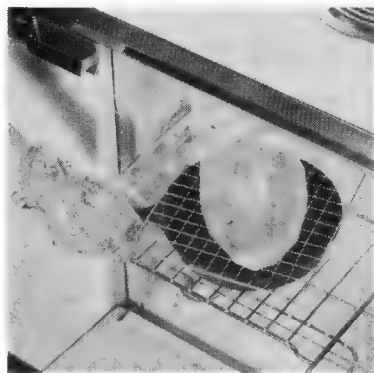
Hard-cook 6 eggs and peel while still hot; mash very fine with fork or wire potato masher; blend in 1 tablespoon butter or margarine and salt and pepper to taste. Add 1 cup hot milk or cream and stir in well. Serve on crisp hot toast for either Sunday breakfast or children's school-day lunch. Makes 4 servings.—*Mrs. M. G. CLELAND, San Francisco, California.*

### Tangy relish for meat

Combine 1 cup apple butter with 1 package lemon-flavor gelatin dessert dissolved in 1 cup hot water; stir until well blended. Pour into square pan, 8x8x2, and chill until firm. Cut into cubes to serve as a flavorful accompaniment for either hot or cold meats. This relish is especially good with pork, chicken, and turkey.—*Mrs. Florence Gates, Akron, Ohio.*

### Simple dessert treat

Spoon 1 can (about 1 pound) apple-sauce into baking dish; cover with marshmallows (either the regular-size or tiny ones) and bake in moderate (325°) oven until marshmallows are lightly browned. This is sure to please the youngsters.—*Mrs. Janet Harper, Franklin, West Virginia.*



### Ice-cream storage

If you own a home freezer and buy ice cream in the economical half-gallon or gallon packs, cut ice cream into individual servings, then wrap in either waxed paper or foil before storing in the freezer. No more hard "digging"—ice cream's ready to serve when needed.—*Mrs. G. H. MULHALL, Jacksonville, Florida.*



### Pineapple coring made easy

Here's a neat fast way to core fresh pineapple. Place pineapple slice on cutting board; press the removable center circle of a doughnut-biscuit cutter (that can be bought at the housewares counter of your supermarket or variety store) around the core. Lift out cutter and release core by pressing tip of knife through the holes in top of the cutter.—*Veronica Pearce, Palmdale, California.* # #

### New use for cake rack

When you're broiling a small piece of meat—like ham for breakfast—there's no need to use your large broiler and have the chore of cleaning it. Broil the ham on a small wire cake rack placed over a frying pan with a heat-proof handle. Then, too, eggs may be fried or scrambled in the drippings in the same pan on top of your range.—*Mrs. Walter A. Quinn, Vallejo, California.*

### \$2 for Kitchen-aid ideas

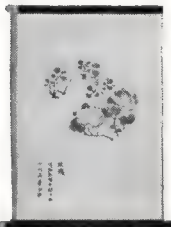
Here's your chance to earn pin money, for Family Circle will pay \$2 for each suggestion printed. There's no limit to the number you may send in, but no entries can be returned. Share your favorite kitchen-aiding ideas with other Family Circle readers. Mail yours to Home-making Editor, Family Circle, 25 W. 45th St., New York 36, New York.



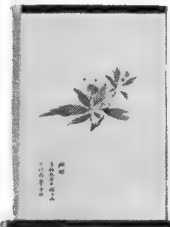
# They're a help!

Here are items to give pleasure, ideas, and information on subjects of interest to homemakers. To order one or more, circle each selection on the coupon below. (Discounts to teachers and organizations for orders of 10 or more of any one item ordered at the same time and sent to the same address.)

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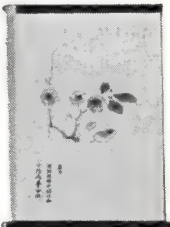
303



304



305



306

**303. ROSES.** The design on this scroll (and the other three shown above) is an adaptation of authentic 18th-century Chinese woodcuts—offered for the first time by **FAMILY CIRCLE**. Increasing popularity of Oriental themes in home decoration led us to select these exquisite time-tested woodcuts from the archives of the Metropolitan Museum of Art. Each scroll is of parchment, 10"x16", with black wood rod at top and bottom. Lower rod is metal-capped; upper rod has cord for hanging. Subjects are reproduced by the silk-screen process. \$1.

**304. P'I P'IA.** This scroll is named after the Oriental fruit it depicts. \$1.

**305. HAND OF BUDDHA.** This scroll, like item No. 304, takes its name from the Oriental fruit that is its subject. \$1.

**306. CHESTNUTS.** The original of this and of the three companion scrolls shown above are the work of famed printmaker Shih-Chu-Chai (1736-1795). \$1.

**218. AS YOUR CHILD GROWS.** A Child Study Association of America booklet to help parents understand and care for a child from birth to 18 months. 25c.



fume. \$1 per set of Perfume Typer and Guide (\$4 value for \$1), or six sets for \$5.

**294. HOW TO MAKE PERSONALITY DOLLS.** Instructions and diagrams for creating inexpensive easy-to-make dolls, each with an expression and personality all her own. Five completed dolls are pictured. Only simple materials are needed for making any one of them: An ankle sock, cotton batting, yarn, and bits of felt. This eight-page booklet shows you how to use the sock contours ingeniously in creating a plump natural doll body, how to make features, affix yarn hair, and style a coiffure. These charming custom-made dolls are popular as gifts for little girls, as a sewing-club project, or as sale items at a bazaar. 25c.

**291. KITCHEN PRAYER,** by Klara Munkres. This three-stanza prayer poem, a favorite of Mrs. Billy Graham, appeared in The Personal Touch in our August, 1957, issue. So many readers have expressed a desire to have a framed version of the prayer that we are making it available in a 6"x8" narrow gold-color frame with hanging bracket. The verses are printed on a white background with floral decoration, covered with a clear plastic for easy cleaning. An attractive addition to any kitchen, and an inspiration to homemakers of all faiths. \$1.

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**274. ANIMAL MASKS FOR PARTY FUN.** Six ready-to-assemble Paper Sculpture animal masks—a dog, cat, rabbit, fox, raccoon, and lamb—that can be the life of a party for youngsters. These masks are so convincingly three-dimensional that children are entranced by their realism—true-to-life colors of fur and markings and distinctive expressions. A hingelike device on each mask enables the wearer to tilt the face back when refreshments are served. Mask pieces are printed on durable paper, and each set includes assembling instructions. All six masks, \$1.

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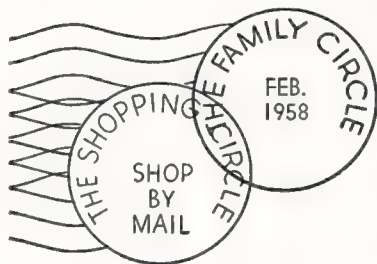
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# THE SHOPPING CIRCLE



By EVELYN KENT

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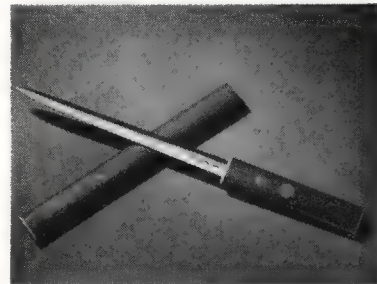
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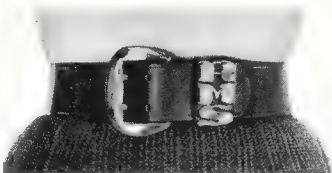
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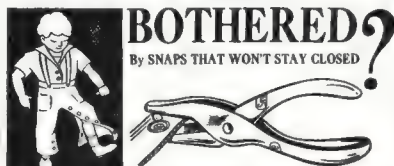
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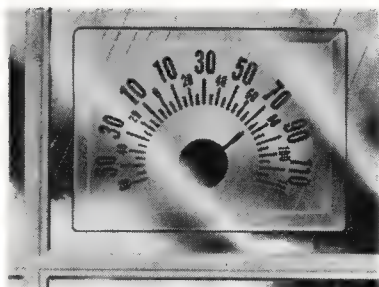
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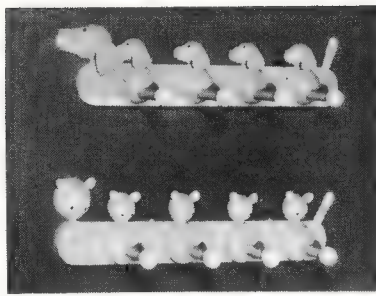
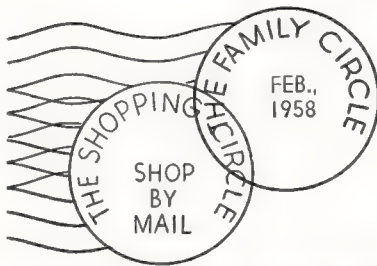
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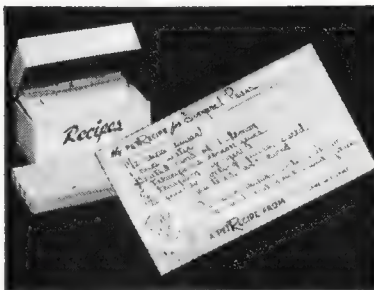
# THE SHOPPING CIRCLE



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**THE CLASSIC** engraved baby cups, once meant for the carriage trade only, can now be ordered at a penny-pinching price. Pink or blue aluminum cups are engraved with Baby's first name and birth date. Tarnishproof. \$1.95 ea., ppd. Gift Engravers, Dept. FC-2, 6349 N. Fairfield Ave., Chicago 45, Ill.



**THE NEXT TIME** your friends ask "May I have the recipe?," hand them one of these personalized recipe cards. Just fill in the magic formula for the dish that made a hit on a card that says "A pet recipe from .....". White and blue 3"x5" cards. 50 for \$1.00 ppd. Miles Kimball, 203 Bond, Oshkosh, Wis.



**CUPID'S ARROWS** earrings will go straight to your heart for Valentine Day. Cleverly designed earrings look as if they are piercing the ear; actually, they are screw-back type. Sterling silver or gold plate, \$2.00; copper, \$1.00. Tax, post, incl. Ruth Brawer, Box 4035, Dept. FC, Tucson, Ariz.



**HERE'S A BOOK** of exercises with detailed instructions to help too-thin legs become more attractive. It gives easy-to-follow details of exercises designed especially for adding curves to hips, thighs, calves, ankles. \$1.98 ppd. for book. Modern Methods, Dept. FC-2, 296 Broadway, New York 7, N. Y.

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See the sensational Red Robin Living Fence (*Gloire Des Rosomanes*) that's sweeping the country! Surround your property with beauty and protection for as little as 12¢ per foot. Plant early; this summer have a vigorous living fence bursting with fragrant red roses. Grows to 6 feet if desired. Keeps out intruders, noise. Not available elsewhere. Send for free full-color book today!

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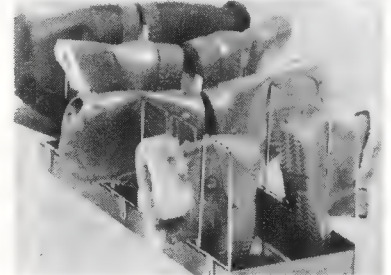
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**PARK HERE.** New overshoe rack holds drippy footwear, keeps it organized, and will prevent soiled floors. Metal rack accommodates 5 or 6 pairs of rubbers, galoshes, or boots. Aids in fast drying, since they are off the floor. 8"x24"x8". \$3.98 ppd. Hobi, Dept. FC-1, Flushing 52, New York.

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### Ordering a Personalized Item?

A clearly written order is your best assurance of receiving just what you ordered. Print all names and monograms to be personalized, also quantity desired and colors you have selected. If the item is to be sent as a gift, print the name and address of the recipient, as well as your own.

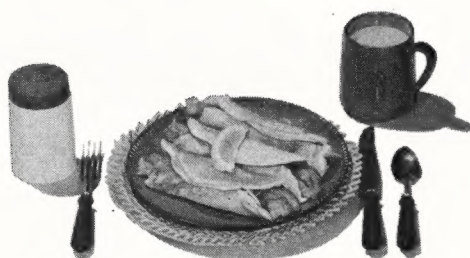




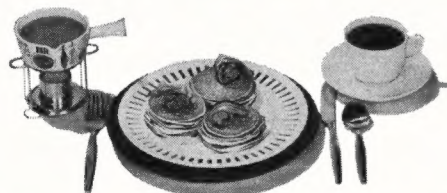




Let the man of the house take over holiday mornings to flip his favorite flapjacks. Batter can be the pancake recipe on the box, to which he may add his favorite chef's touch—a few raisins, crisp bacon bits, whole-kernel corn, or cooked chicken livers. For topping—molasses, cinnamon-sugar, sour cream



Bake them jumbo size—each in an eight-inch pan; roll with crisp bacon strips for filling; dust with sugar, add a squeeze of fresh lemon



Make them no thicker or bigger than a silver dollar (one tablespoon thin batter for each); stack and serve with hot buttery pancake syrup

## Calling for orders for pancakes . . .

With a few stirs of a spoon, batter is ready to bake into just-thick-enough golden cakes for the breakfast crowd (recipe on box gives the easy directions). For paper-thin cakes: Melt 2 tablespoons butter or margarine; stir into 2 eggs beaten with  $1\frac{1}{2}$  cups milk in medium-size bowl, then beat in 1 cup pancake mix *just* until smooth. Don't overbeat!

**. . . for breakfast, supper,  
and dessert . . . ideas aplenty  
starring speedy pancake mixes**

**By JULIA LEE WRIGHT**



Feature pancakes in fancy dress for this supper main dish. Bake big thin pancakes (recipe's above); layer in casserole with creamed minced ham; top with spiced peach slices; heat quickly

Give dessert a gourmet twist with these apple-glaze rolls: Fill thin cakes with spicy lemon-applesauce; roll up; dust with confectioners' (powdered) sugar; serve with dairy sour cream

see **b**uyer's  
guide

FAMILY CIRCLE



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